

Miraloma Life

www.miralomapark.org

Miraloma Elementary welcomes a new principal: Noah Ingber

Justin Ryckebusch, MPIC Board Member and Miraloma Elementary Parent



As we make our way through the beginning of the 2016/2017 school year here at Miraloma Elementary, we're very excited to have Noah Ingber onboard as our new school principal.

Principal Ingber comes to us from Alvarado Elementary in Noe Valley where he served as Assistant Principal for two years. At the beginning of the school year, Principal Ingber informed all Miraloma families that he had met with Miraloma Elementary staff over the summer, and that he was immediately impressed with our teachers' deep commitment to providing our students with the skills and resources they need to succeed both academically and socially. Simi-

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Miraloma Elementary School: Community Beginnings

Kathy Rawlins, MPIC Board Member



As early as September 1930, the MPIC began to discuss

construction of an elementary school in Miraloma Park for the families living here. An MPIC Education Committee was created to start the process of working with the Board of Education to have a school built in the neighborhood.

The Committee conducted a census of the neighborhood and reported that there were 143 children in 140 total homes. Eighty-eight of the children were of school age. On October 9, 1930 the committee met with a member of the SF Board of Education to

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President's Corner

Bill Kan, MPIC President

The last three months have been eye opening. Since becoming President of the MPIC, I now have a much better understanding of the many little and big things that make it special to live in Miraloma Park. We didn't think too much about it when we moved here three years ago, but my wife and I found it very easy to meet new neighbors at community events. While house hunting, several reasons that attracted us to Miraloma Park was the continuity in the look and feel of the neighborhood.

Building community is one of the hallmarks of the Club's efforts to maintain high quality of life. Miraloma Park is fortunate to be one of the few neighborhood associations with a Clubhouse that we can use for community events and is available for rent for private events. Residents interested hosting a community wide event should touch base with a Board member or introduce the idea at the monthly Board meeting, which is open to everyone. With Board approval, the Club

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Events in October

MPIC Board of Directors Meeting
October 6, 2016,
7:00PM*

Karaoke Night
October 22, 2016

Guided Walks
Mt. Davidson
History
October 2, 2016

Westside Whimsy
October 9, 2016

NERT City-wide Drill
October 15, 2016

Annual California
Native Plant Society
Plant Sale
October 15, 2016

Laguna Honda
Hospital Community
Open House
October 15, 2016

For details, see
Announcements on
page 10.

* Members wishing to address the Board of Directors should call 415-281-0892 to request placement on the agenda.

Miraloma Elementary's New Principal

(Continued from page 1)

lar to previous years, he plans to place equity and inclusive practices at the center of school activities and in his work with students and families. In his introductory letter to families he said, "I am heartened to learn how devoted the Miraloma community is to providing our students most in need with the support they deserve."

Already, Principal Ingber has shown a strong commitment to fostering a healthy and safe school environment by meeting with neighboring families and the MPIC to collaborate on parking and traffic safety issues. As a Miraloma Elementary parent and member of the neighborhood community, I've greatly appreciated Principal Ingber's accessibility and his highly communicative approach amidst what is undoubtedly an incredibly busy period as he adjusts to his new role, not to mention the steep learning curve faced by any administrator entering Miraloma Elementary. As he also noted in his introductory letter to families, "the key to a successful year is having open channels of communication."

I recently asked Principal Ingber for his vision for Miraloma Elementary and he told me the following:

"At Miraloma we are all ethnicities, religions, orientations, abilities and backgrounds. No matter where we come from, we are one inclusive community and we celebrate our differences. We help children to be included and to feel safe and empowered. We teach children to actively include others in work and play. To teach by example, staff and parents model kindness, respect, empathy and cooperation with students and each other."

Like his predecessors, our new principal will begin the school day with Morning Circle on the upper yard at 7:50 am. Morning Circle is where students, families, faculty, and staff gather to hear the principal's announcements and share information like upcoming school events, PTA updates, and birthdays. This year, Principal Ingber has added a few twists to Morning Circle by introducing foreign languages (i.e., "Guten morgen!") and a Morning Circle theme for each weekday:

1. Monday Funday
2. Tuesday Topics
3. Workout Wednesday
4. Thoughtful Thursday

5. Flexible Friday

Finally, Noah Ingber grew up in Minneapolis, MN, but has since migrated to warmer climates. After moving to the East Coast for college, he then spent two years in Peru as a Peace Corps volunteer where he discovered his love of teaching. He lived in a small farming village in the Andes at 10,000 feet and traveled between three nearby schools on a horse. He returned to New York City to continue his focus on education, where he completed a two-year fellowship for Returned Peace Corps Volunteers at Columbia University. While teaching first grade during the day in Queens and earning his master's degree at night, Noah somehow found time for a social life and eventually met his wife, Tamar. After a few years, they moved to the Bay Area for Tamar to attend business school. Meanwhile, Noah taught third grade in East Palo

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500 Myra	3/2	\$995,000
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153 Molimo	4/2	\$1,095,000
245 Fowler	3/3	\$1,149,000

PENDING SALES, Continued

10 Stanford Hts	3/3	\$1,198,000
466 Marietta	3/2	\$1,295,000
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121 Juanita	3/1	\$1,499,000
234 Juanita	4/2.5	\$1,750,000
955 Rockdale	4/2.5	\$1,999,000
SOLD		
48 Coventry	4/2	\$1,150,000
958 Teresita	3/2	\$1,300,000
421 Los Palms	3/2	\$1,325,000



Miraloma Elementary's New Principal

(Continued from page 2)

Alto. After Tamar's graduation, they moved up to SF, and since then, Noah has taught fourth grade at Sanchez, was the Instructional Reform Facilitator at Fairmount, and most recently, the Assistant Principal at Alvarado.

When he isn't working, Noah loves spending time with his 7-month-old daughter, Aviv, playing and listening to music, riding his bike, cooking, playing basketball, and traveling.

Welcome, Noah! We're thrilled to have you.

Community Beginnings

(Continued from page 1)

discuss building a school in the neighborhood. The Committee asked that temporary bungalows be built until a permanent school building could be constructed.

In February, 1931 a petition was circulated requesting an elementary school in Miraloma Park, but by mid-year only 35 children ages 2-12 were living in the neighborhood. Sadly, many families affected by the Great Depression had lost their homes and moved away. In September of that year, the State had established a fund of \$5 million for school construction. However, with so few school-age children in Miraloma Park, funding the school was not approved.

Residents were discouraged but not defeated. Denied a school, the MPIC was set on at least creating a playground for the children. A site at Evelyn, Juanita, and Fowler was provided by the Meyer Brothers Construction company, builders of the neighborhood. In the Winter of 1932 over 100 men worked on the site clearing debris and weeds in preparation for constructing the playground. The area turned magical when snow fell that December. Sandboxes were installed in January 1933 but unfortunately due to lack of funds no formal playground was established.

At last, in 1934 a site was proposed for the school with construction to proceed when the roads were built. A deal was worked out with the Meyer Brothers to give a plot of land in Miraloma Park for the school to the Board of Education in exchange for land elsewhere in the City which they could use for houses.

In 1935 the Glen Park Elementary school opened. Many children in Miraloma Park were sent there, to West Portal Elementary, or to St. Brendan's. In 1936 MPIC initiated more petitions and surveys to advocate with the Board of Education for a neighborhood school, but no progress was made mainly due to the still low count of school-age children in Miraloma Park. School Board officials met with MPIC members and explained that such a small number of children in a school would not afford the socialization needed for children to develop healthy social skills. Then, the late 1930s saw the nation gearing up for possible involvement in the European war and resources were focused on national security. The MPIC also put its focus on more national interests over local ones.

In the post WWII years, construction of homes in Miraloma Park accelerated. Roads up the mountain led to the new home sites. The construction of streets and the installation of utilities brought closer the possibility of a new school on the Mountain. Finally, in the 1950s, with the baby boom hitting Miraloma Park, plans for the Miraloma Elementary school were completed in Sacramento. In January 1951, there was a ground-breaking ceremony at the site, and everyone was very optimistic at this progress. In May 1952 the Miraloma School playground began supervised playground sessions which were staffed 11:00 AM to 5:40 PM during weekdays.

In June 1952 furniture began to arrive to fill the classrooms. Unfortunately, just as school was set to open in September, vandals broke into the school and damaged much of the furniture and fixtures. The PTA held fundraisers to replace and repair damaged furniture. So the school finally did open its doors to the first classes.

In February 1953, Dr. Long of the Board of Education spoke to the MPIC about how funding for schools had been reallocated to the Korean War effort, which was consuming supplies and construction materials. Due to profiteering, the costs of construction had risen 15-20%.

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Community Beginnings

(Continued from page 3)

Nonetheless, the long struggle for a Miraloma Park Elementary School, in which the MPIC played a major role, had finally succeeded, and the school carried on. What was actual impact of war on school?

Having a functioning school in Miraloma Park helped the neighborhood in many ways. One was that the Muni now was mandated to run a bus line up to within 75 feet of the school. The MPIC petitioned for and got “Stop for Children” signs placed along Teresita and other streets. The Recreation and Parks Department removed the remaining temporary buildings and began building soft ball, tennis and basketball courts and an area for small children. This last work was completed with City Bonds which were approved in November of 1953.

President's Corner

(Continued from page 1)

can help raise awareness using Miraloma Life and contacting MPIC members.

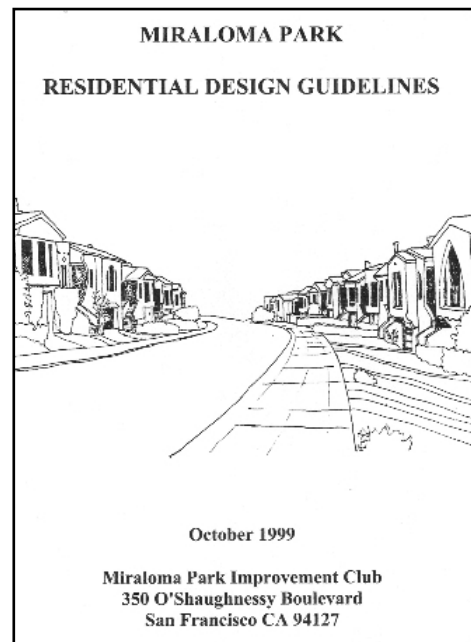
Events can take on many different possibilities. Hopefully, they will bring together people with shared or newly discovered interests. Karaoke Night! on October 22nd is one example. In this case, a Board member came up with the idea, enlisted a friend skilled and equipped to serve as the Karoke master, got Board approval, and the event is off and running. A workshop of bike traffic skills last February brought together many Miraloman cyclists and those interested in bike safety. This event came out of a conversation between two neighbors. It turned out that one of them was Burt Hill, an instructor with the SF Bicycle Coalition. Sometimes events come from dialog on social media that was brought to our attention that coincided with speakers that were interested in a neighborhood event. We had earlier this year a very informative and well-attended crime safety presentation followed by Q&A with SFPD Captain Joseph McFadden and several of his officers.

One of the first meetings I attended as President was at Miraloma Elementary. I, along with fellow Board members Robert Gee and Karen Wood, met with Principal Noah Ingber, Erica Maybaum from Supervisor's Yee's office, and Tina Bell, an SFUSD representative on traf-

fic safety and flow around the school during morning drop-off hours. Even with the MPIC time-tested traffic and parking congestion mitigation plan, we needed to work with Principal Ingber to communicate the plan to parents, coordinate with the Supervisor's office to gain support from City agencies, and get the SFUSD to direct its school bus drivers along the proposed route. There are a lot of details involved to get it everything to work seamlessly.

Construction activity in Miraloma Park seems much greater now than we moved here three years ago. One of my projects has been to use technology to help the MPIC Zoning and Planning Committee track the many projects in our neighborhood. The Committee works with the City's Departments of Planning and Building Inspection to see that projects' permits are in order and approved

by the City and that work is done according to Code. Anyone considering a project should be aware of the City's permitting requirements and the Miraloma Park Residential Design Guidelines (part of the mandated Planning Department design review process. It is often best to apply a good neighbor



policy, which can ease obstacles and smooth relations. Recently, the MPIC partnered with neighbors near several projects to enlist the help of the Departments of Planning and Building Inspection. In one instance, work was halted due to concerns about potential dangers from excavation into the hillside and other issues. In another situation, construction was delayed because the community raised issues about potential zoning issues and non-permitted work.

There are many reasons for which I find the Miraloma Park community special. But ultimately, it is about the people and their passion for Miraloma Park. Please share your ideas, interests and concerns with the Miraloma Park Improvement Club so we can work together continue to strengthen our community.

NEED HELP/OK

By Guido van Rijn, Miraloma Park Block Captain
What is the **NEED HELP/OK** insert all about?

In less than sixty years four major earthquakes have occurred in our immediate Bay Area. That is an average of about fifteen years between major earthquakes. As individuals, neighbors, the community of Miraloma Park and the City of San Francisco we must be prepared.

- On August 24th, 2014 a major earthquake in Napa County registered 6.0 on the Richter scale. The earthquake killed one person and injured 200. Damage was assessed at close to a billion dollars.
- On October 17th 1989, a major earthquake registering 6.9 on the Richter scale hit San Francisco and much of the Bay Area. Significant damage occurred in Santa Cruz, the Marina Greens of San Francisco, the East side of the Bay Bridge as well as those double decker freeway entrances to the Bay Bridge on both the San Francisco and Oakland side. Sixty-seven people were killed and many more displaced from their homes. Since then, houses have been rebuilt or upgraded, freeway entrances to the Bay Bridge have been either demolished entirely or rebuilt and we have a new Oakland side of the Bay Bridge.
- On October 2nd, 1969 two major earthquakes registering 5.6 and 5.7 struck Santa Rosa killing one person and causing extensive damage.
- On March 22nd, 1957 the Daly City earthquake registered at 5.7 on the Richter scale. Damage was mostly confined to homes in Daly City. Damage assessments were in the neighborhood of one million in 1957 dollars.

A number of articles have been written in previous *Miraloma Life* issue concerning Resilient Miraloma, the SFFD's Neighborhood Emergency Response Team (NERT), and the Block Captain Program (SFPD & SFFD). All are geared to building a community where neighbors come together in small gatherings or larger block parties to celebrate friendship. All of these also help us as individuals and as a community to become better prepared for that inevitable major disaster that will one day arrive. Expect many more articles in future *Miraloma Life* issues on how to best be prepared.

Back to the **NEED HELP/OK** sign. Each individual household needs to be prepared for the next big earthquake or other disaster. This means plenty of extra water, non-perishable foods, flashlights, a portable radio, as well as a "Go-Bag" of things to take should you need to evacuate. On the Internet search the FEMA Earthquake

Safety Checklist for some great preparation tips. Keep the **NEED HELP/OK** sign along with **two band-aids** in a safe place where you can find it. One possible place is to put the poster under your bed, along with sturdy shoes, a flashlight, and leather gloves; or keep it near a street-facing window. Should a major earthquake occur, use the band-aids to tape the **NEED HELP/OK** sign to a window that is clearly visible from the outside. **NEED HELP** means "ASSISTANCE REQUIRED" due to injury, serious structural damage, gas or water leak or other condition that requires immediate assistance. A NERT team or other first responder will assist you as soon as possible. OK means "ALL IS CLEAR"; no assistance is needed. First responders such as a NERT team or SFFD personnel can bypass your home and attend to households where assistance is needed.

Now we need your help! To test our Miraloma Park community's readiness to respond to a major earthquake or other disaster. **Please place the enclosed OK sign on a street side window for one week following your receiving this month's issue of *Miraloma Life*. Encourage your neighbors to do the same. The Miraloma Park NERT Team and MPIC Board members will survey the neighborhood to count window signs and determine the effectiveness of our sign project.** Remember, this is only a test. Thank you for participating!

Thanks to MPIC, Resilient Miraloma and NERT for making the distribution of the **NEED HELP/OK** sign possible. As a neighborhood, we have taken one more small step toward earthquake safety and preparedness.

Cornerstone Trinity Baptist Church Celebrates Thanksgiving

The Cornerstone Trinity Baptist Church Board of Elders
Cornerstone Trinity Baptist Church would like to extend a sincere sign of gratitude to the Miraloma Park Com-

(continued on page 6)

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Cornerstone Trinity's Thanksgiving

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munity. You have graciously welcomed us into your neighborhood for the past five years. Throughout this time, we have had the privilege of meeting many of you through casual conversations or interactions. Some of you have even entered through our doors and are now regular attendees of our church! Our goal of coming to the Miraloma community was always to be a welcoming place for all walks of life and we hope that we have been accomplishing that goal.


With that being said, for our church's Thanksgiving Celebration, we would like to show our appreciation to the community by offering our services to help beautify the neighborhood. A couple of years ago, our church had the privilege of going out into the community and providing assistance to improve the appearance of several neighbors' homes as well as many public places around the Miraloma Park area. Based on the positive feedback and success and goodwill from the event, we would like to continue the tradition of doing our part for the community in this way. We will be hosting our third Miraloma Community Beautification Event on Saturday November 19th from 11-4 pm. Members of the community are also

invited to assist us in helping make the neighborhood a cleaner and more beautiful place. We have previously cleaned Teresita Blvd, Sunnyside playground, Miraloma Elementary School, as well as numerous neighbors' houses. We would like to offer the following clean-up services for your homes: sweeping the exterior of your house, pulling weeds, and/or mowing the front lawn. Unfortunately, we are not able to extend any services for the backyard or the interior of your home. There is no cost for the service; however, we ask that you provide garbage bags and the equipment for lawn services, and compost any garbage and yard waste.

Also, we would like to invite the neighborhood to breakfast that day as our way of saying "Thanks" for allowing us to be a part of the community. Breakfast will begin at 10am and will also be free of charge. Throughout breakfast, Walgreens Pharmacy has graciously volunteered to sponsor free flu shots for those who are interested as well.

If you want to participate in just the clean-up event, please arrive at our church at 480 Teresita Blvd. at 11:00 am to volunteer for one of our neighborhood projects. For those who are unable to help with the cleanup activities but would still like to have your house as one of our clean-up locations and if you are interested in participating in this event, you may contact us via email at info@cornerstonetrinity.org or through signup genius. Please include your name, address, and a list of the cleanup services requested. You may also reach out to us at (415) 566-5756 if you have any further questions. We will try our best to accommodate your requests. If it rains, we will attempt to make future arrangements to fulfill these requests. We encourage you to sign up soon as we currently only have 20 service spots available. A confirmation will be by telephone or email message given 3-5 days prior to the event. Finally, we invite you to join us for Worship on Sundays at 11am at 480 Teresita Blvd. Please visit our church website, www.cornerstonetrinity.org for more information.

MPIC gratefully thanks Cornerstone Trinity Baptist Church for its Thanksgiving generosity, as well as for partnering with MPIC in our important disaster resiliency projects, Resilient Miraloma Park and the SFFD Neighborhood Emergency Response Team (NERT).



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How Lupus Influenced My Life Choices, Part I

Pamela Chan, Miraloma Park Resident

I was diagnosed with lupus at the end of my first year in college, 8 years after the first symptoms occurred. Lupus is a chronic disease in which my own immune system attacks my joints, tissues and organs and it can occur anywhere on my body. Lupus is not contagious or a result of something that I did. Living with a chronic illness definitely influenced my future life choices. Lupus shattered some of my old hopes and dreams. It did also help me develop a new understanding of who I am and clarity of what I want.

I'm not new to life challenges. My parents have always taught me through their own life experiences that you tackle challenges head on. Challenges started right from my birth. It was the time China started to introduce their family planning policies. My parents already had two children. When the government officials discovered my mom was pregnant for the third time, they "asked" her to seek an abortion. When she refused, they assigned her to perform hard labor until she had a miscarriage. After several additional attempts at having a third child, the doctor who was a close family friend advised her another miscarriage would be detrimental to her health. He hid the fact that she was pregnant and told the government she had a heart condition which required bed rest for several months until I was born. Because of this doctor, I am here today and it had sparked my strong interest in becoming a doctor very early on.

Since I was only seven when we immigrated to US, my parents had very high expectations of me. Unlike my sisters who were teenagers, I should have no language barrier. I saw what my parents had to sacrifice to give me and my sisters a better life and opportunities. My family came to the US with only what we can carry. Without knowledge of English, my mom went from being a chemical engineer to being a seamstress. My father was laid off shortly after we arrived. My parents opened a small grocery store in Hayes Valley to support the family. This is before the area was gentrified and hip. In the beginning, my parents didn't know the name of the products they were selling. At age 9, I helped in the store after school and on weekends I helped translate for them and saw first hand how tough it was for my parents. There were repeated attempts to burglarize the store. One time, they succeeded in emptying our entire storage room. The store was open seven days a week. The only time my mom had a break was on Saturdays, which she devoted to preparing a nice meal for the family. Despite

the challenges, my parents hung in there and made the business successful. Their strong work ethic and the determination taught me to never give up. I graduated in the top of ten of my high school class and was on my way to pursue my dreams of becoming a doctor.

A lupus diagnosis was not part of my plans.


To be continued: read Part II in the November *Miraloma Life*. For more information about lupus and the October 23rd Walk to End Lupus Now in Golden Gate Park," visit lupus.org/california/events/entry/walk-to-end-lupus-now-san-francisco

The Woods of Mount Davidson

Norm Honbo, Miraloma Park Resident

The pale-grey fog is lifting, yet the moist mists of morning linger in the tall canopy of trees as captured water

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The Woods of Mt. Davidson

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that rains on the understory below. The service road into this mountain-top jewel is wet underfoot as if the late dry summer doesn't exist. All around the Bay Area, grass covered hillsides have

long ago turned brown and yellow. It will be deep winter before the rains can turn those slopes fresh and green, but on this mountain, it's as if spring is always here. The crisp, cool air within these woods is a refreshing tonic from the hard winds that blow through the City's streets. The City's concrete and asphalt contrast with the tall stately trees that quietly reside on this mountain.

Flowers still bloom and new leaves sprout in the thick undergrowth beneath the trees. I listen for the piercing cries of the red-tailed hawks that populate the forest. A robin is pecking at food on the damp path, while juncos quickly hop from ground to bush to ground again as if playing games. Walls of blackberry bushes line the mountain and strawberry plants thrive along the woodland floor. Sword ferns thrive in the moistness of this forest. Blades of grass, filling spaces left untouched by the larger plants, are bejeweled with water droplets from the morning fog. A new mushroom pushes its smooth white cap up through the detritus of Eucalyptus and Monterey Cypress leaves that pile along the side of this well-worn path. It is amazing how the soft walled, seemingly fragile mushroom stays intact as it quickly rises to its full glory to spread its spores. Near the entrance, lichen scatter over

the rock wall that edges the upper side of the trail. In the middle of this forest, patches of moss take over and the rocks seem to swell with bunches, then carpets of Nature's soft, moist fur. They are all demonstrations of the life that is nurtured under the grand canopy of Cypress and Eucalyptus.

The vivid greenery closest to the path gives way deeper in the forest to an ethereal grey with shadowed outlines of tall trunks and leafy branches of trees as the lifting fog delays its withdrawal as if hesitating to leave the solace and the beauty of this oasis on top of the mountain. The mists and the trees dampen the sounds of the City and wrap me in a soothing quiet. My body calms as I slow from the fast pace I exerted in my walk from my home. I want to absorb the tranquility of the woods. Everywhere, I see life, hear the wind through the trees, smell the musty richness of new mulch as a falling leaf adds another ingredient to nature's mix. For now I am cloistered from my life outside. I absorb what surrounds me. It is a small forest—more a wood, really—but it feels large and deep and alive.

As I near the mountaintop, the road ends at an open plateau that overlooks the City. At the edge of the woods, the eastern slope is covered with grass and scrub. I can look down on my street several blocks below and see my rooftop. I trace the streets that define my Miraloma Park neighborhood. Looking beyond in the waters of the Bay are ships waiting to load or unload. With no trees on this side of the Park, the view to the distant hills in the East Bay is uninhibited, with Mount Diablo rising behind, defiantly commanding as the dominant mountain. It is comforting to see my City and the Bay that I love, but the open grassland points my view and mind outward, away from the quiet and solitude that the forest nurtures.

I turn my gaze back toward the trees. An opening in the woods draws me into the forest and into a long, wide hallway of giant Eucalyptus and Cypress sentinels on ei-

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The Woods of Mt. Davidson

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ther side that leads the eye to a huge Cross. They appear as tall as The Cross. Easter services are held here every year and the trees are perfect walls for this cathedral on the tallest mountain in San Francisco.

I turn onto a narrow trail that leads into the trees. Again, I look inward as I immerse myself in the woods around me. Just as the forest floor is tangled with thick bushes and angled branches and logs, the trails are worn and kept clear by the feet of thousands of visitors and lovers of this mountain who come to breath in and absorb what this wood offers: a place of quiet beauty and solace, a place to refresh one's soul.

Conversation with a Neighbor

Serdar Yeralan, MPIC Board Member

I have been excited about writing my first article in the Miraloma Park newsletter for weeks. It means so much to me because it is a connection between friends, neighbors, and loved ones. I have been searching for a neighbor with whom I not only have a close connection but also someone who is willing to share a bit of life with me and the community. Once I had a chance to reflect on the situation, the answer was right there in front of me staring in the face: my beloved longtime resident neighbor Mable.

I met with Mable for about an hour and discussed life with her. Knowing that Mable is an extremely private person, I made every effort to make sure I gauged myself to be proper during the interview.

Mable moved to San Francisco with her family as a three-year-old in the late 1920s after her father lost the ranch in Turlock where Mable was born during the Great Depression. Yes, she is a rare find: America's Greatest Generation as Tom Brokaw puts it. She and her husband John moved to Miraloma Park as first-time home buyers in 1968. When I asked Mabel how that felt, her reply was "scary;" she and her husband now had home ownership responsibilities. I suppose that feeling of pride, responsibility, and seemingly endless mortgage payments make us all feel the same no matter what era we live in. She and her husband had two kids and they were both working. In a way, that reminds me of all the younger neigh-

bors I have around me today. The difference is that according to Mable, back then our neighborhood was filled with people who worked in San Francisco and there was not such a thing as commuting to Silicon Valley. They never ever thought of moving out of the neighborhood. They loved living here from the first day.

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Conversation with a Neighbor

(Continued from page 9)

According to Mable, back in 1968 as is the case now, you had to go through many open houses until you found what you were looking for in San Francisco. She and her husband were looking for a place where it felt safe, quiet, and well-suited for growing a family. They loved the fact that there were many schools here and transportation was readily available. I find those very same wonderful quali-

ties to be exact reasons which drove me into buying my home years later. Mable and her family quickly became familiar with the neighborhood and never stopped being a part of it. She and friends like her make me come home and look forward to the weekends. It is the charm that comes with living in Miraloma Park.

When I asked Mable what her secret to a long and happy life is, she pointed her finger at me and said "it is the people like you" with a big smile. I was a bit surprised and absolutely flattered. When we got into it a bit, it

(continued on page 11)

OCTOBER 2016 ANNOUNCEMENTS

Karaoke Night! October 22, 6:30 PM

Our last Karaoke Night at the Clubhouse was a big hit, so we're bringing you another evening of free fun, refreshments, and a chance to meet other Miraloma Park neighbors. Halloween advisory: come in costume if you wish, but with or without a costume, bring along your singing voice and enthusiasm.

Karaoke Master: Frank Bianchi. MPIC thanks Frank for his generous contribution to the evening. Please join us at the Miraloma Park Improvement Club House, 350 O'Shaughnessy at Del Vale.

Local History and Architecture City Guide Walks - Oct. 2 & 9

Join Miraloma Park resident and historian, Jacquie Proctor, on two San Francisco City Guide walking tours in October:

Mt. Davidson History Stroll, Sun. Oct. 2 at 1PM

Which came first - the trees, the cross, or the park? Learn about the inspired history of our City park, forest, and monument atop San Francisco's highest hill on this 1.5 hr history tour. Trails can be muddy and windy. Meet at the 36-bus turnaround at the intersection of Myra and Dalewood Ways.

No reservations required. Tours are free, but donations to San Francisco City Guides are appreciated.

Local History and Architecture City Guide Walks: West Side Whimsy, Sun. Oct. 9 at 1PM

Discover the unique atmosphere and whimsical architecture of our City Beautiful movement-inspired neighborhoods built west of Twin Peaks in this walk through Balboa Terrace, St. Francis Wood, and Lakeside. From Art Deco landmarks, West Indies colonials, and storybook cottages to Mediterranean villas, learn about the Period-Revival style of architecture found in Miraloma Park and beyond in this two-hour tour. Meet at the staircase entrance to Balboa Terrace at 141 Junipero Serra Blvd.

Join Miraloma Park resident and historian, Jacquie Proctor, on this October San Francisco City Guide walking tour. No reservations required. Tours are free, but donations to San Francisco City Guides are appreciated.

California Native Plant Society Annual Plant Sale

MPIC Clubhouse, 350 O'Shaughnessy Blvd. at Del Vale

Saturday, October 15, 2016; 1:00 – 5:00 PM

Co-Sponsored by MPIC

Expert guidance on native plant selection and care

www.cnps-yerbabuena.org/calendar.html

NERT City-wide Drill

Marina Middle School

October 15, 2016; 9:00 AM – 3:00 PM; 8:30 AM registration.

Laguna Honda Community Open House

October 15, 2016; Noon - 3:00 PM

Conversation with a Neighbor

(Continued from page 10)

made all the sense in the world. She is a very social person and loves to surround herself with friends and family. She makes an effort to attend any social event we have, spending an hour having a glass of wine. I think that throughout our lives, the innate desire to be socially connected and spending our time with loved ones gives us the strength to face the challenges.

As I was wrapping up my visit with Mable and saying thank you while making plans to get together again, she did what she always does: She brought a nicely packed bunch of cookies to take back to my wife. What a wonderful and kind gesture! I should have known this would happen, because Mabel is always this kind and thoughtful.

After visiting with Mable and learning a bit more about her life I am pretty convinced that Tom Brokaw may have a point; I was speaking to a person from a great generation of values and ethics that are rare. I look forward to my next visit with her and other wonderful neighbors that surround me.

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Miraloma Park Improvement Club Membership Application

Please complete and mail with your dues to the Club address below. Make check payable to Miraloma Park Improvement Club, 350 O'Shaughnessy Blvd., San Francisco, CA 94127. (No cash, please). Thank you!

☐ New Member ☐ Renewing Member Date: _____

Name: _____

Address: _____

Phone: _____ Email: _____

☐ Please send me an email reminder to renew my membership.

Enclosed are my dues for the next twelve months (check one):

- | | |
|---|---|
| <input type="checkbox"/> \$12 Senior Member(s) | <input type="checkbox"/> \$15 Single Member |
| <input type="checkbox"/> \$25 Family Membership | <input type="checkbox"/> \$35 Supporting Member |
| <input type="checkbox"/> \$50 Contributing Member | <input type="checkbox"/> \$_____ Other |

No MPIC membership information is shared with other parties or organizations.

Important Phone Numbers

EMERGENCY	Land Line 9-1-1 or Cell Phone 415-533-8090
All City Services	3-1-1 or www.mysf311.org
Online Police Reports	http://sanfranciscopolice.org/reports
Call Before You Dig (PG&E)	8-1-1
Poison Control Center	1-800-222-1222
Non-emergency Police Dispatch	415-553-0123
Suicide Prevention Hotline	415-781-0500
Ingleside Police Community Room	415-404-4000
Parking Complaints	415-553-1200
Abandoned Cars	415-553-9817
Security Survey/Nbd. Watch	415-673-SAFE
Office of Citizen's Complaints Against SFPD	415-241-7711
Narcotics Tips (anonymous)	1-800-CRACKIT
SFPD Tip Line	415-587-8984
Domestic/Family Violence (24hrs)	415-864-4722
Stray, Abused, or Dangerous Animals	415-554-6364
Dumped Item Pickup – DPW	3-1-1
Vital Records	3-1-1
Code Enforcement Hotline	415-554-3977
Graffiti Cleanup – DPW	3-1-1
Police New Graffiti Hotline	415-278-9454
MUNI Shelter Damage/Graffiti	1-510-835-5900
Ingleside SFPD Hearing-Impaired line	415-404-4009
School of the Arts	415-695-5700
Norman Yee, Supervisor Dist. 7	415-554-6516
(norman.yee@sfgov.org)	

Miraloma Park Residential Design Guidelines:

Adopted in 1999 by the SF Planning Commission to promote preservation of neighborhood character by encouraging residential design compatible with neighborhood setting, these Guidelines facilitate the complex process of permit application and design review and can prevent costly, time-consuming Discretionary Review proceedings.

The Guidelines are at www.miralomapark.org.

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Article Submission Policy

The deadline for article submissions for the November 2016 issue is October 18.

E-mail copies of your article to miralomapark@gmail.com, with "Miraloma Life" in the Subject line. Articles must consist of no more than 800 words. Anonymously sent submissions will not be considered for publication.

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