



Miraloma Life

www.miralomapark.org

MPIC Election Night Event - June 21, 2018 at the MPIC Clubhouse

On June 21, 2018 at 7:00 pm at the MPIC's Annual Election Night event, come meet and hear our guest speakers on crime and safety related issues:

- SFPD Captain Jack Hart, Commanding Officer of Ingleside Station;
 - Lieutenant Marcus Santiago, Park Patrol; Recreation and Park Department;
 - Margaret Buitrago, Assistant District Attorney, Ingleside District liaison;
 - Victoria Weatherford, Deputy City Attorney, Ingleside District liaison.
- Miraloma Park residents are invited to attend.

Come and meet our law enforcement representatives, ask questions, and be updated on current safety issues in our community.

2018 MPIC Election of Officers and Directors: June 21, 7:00 PM MPIC Clubhouse, 350 O'Shaughnessy Boulevard

June 21 is the night of the MPIC annual election of officers and directors. Voting will take place from 7:00 – 8:00 or at the door. According to the MPIC Bylaws, to be eligible to vote, you must have been a member of MPIC as of 30 days prior to the election, May 23, 2018.

2017 - 2018 Slate of Officers and Directors—Miraloma Park Improvement Club

Officers

President: Joanie van Rijn
Vice President: Jean Perata
Recording Secretary: Reza Vagefi
Treasurer: Robert Gee

Directors

Robert Gee Jean Perata
Darlene Ramlose Joanie van Rijn

MPIC's Mobile Emergency Response Unit and Avoca Alley Lighting Awarded Grants: Democracy in Action!

Joanie van Rijn

In May Supervisor Norman Yee notified the MPIC that its grant application for a Mobile Emergency-Response Unit had won! The Club had submitted a grant application to the Supervisor's Participatory Budgeting program, seeking \$25,000 for an emergency-response mobile unit and supplies. Also, Miraloma Park resident Kathy Rawlins had submitted a grant proposal, asking for \$21,500 to light Avoca Alley between Bella Vista Way and Myra Way. The MPIC supported her proposal. That proposal also won!

Both grants were approved because Supervisorial District 7 residents voted to fund these projects through participatory budgeting. Participatory Budgeting is a process of democratic deliberation and decision-making, in which district residents decide how to allocate part of a municipal budget. This was the fifth year in which Supervisor Yee implemented Participatory Budgeting.

(continued on page 2)

UPCOMING EVENTS

MPIC Election of Officers and Directors
June 21, 2018
7:00PM
MPIC Clubhouse

MPIC Board Mtg.
August 2, 2018
7:00 PM
MPIC Clubhouse

Community Connectors
Tues. & Thurs.
10:30 AM
Cornerstone Trinity Baptist Church

* Members wishing to address the Board of Directors should call 415-281-0892 to request placement on the agenda.

Avoca Alley Lighting Awarded Grants

(Continued from page 1)

This year Supervisor Yee allocated \$550,000 for District 7 Participatory Budgeting. Organizations and individuals submitted grant requests and many were approved for the next step: the voting process. Voting was limited to District 7 residents. This year the voting broke records! Nearly 2,200 District 7 residents cast more than 24,000 votes, as voters were allowed to cast ballots for more than one project. The MPIC's Emergency-Response Unit received 734 votes. The Avoca Alley project garnered 824 votes.

Thanks to all who voted!

Next, the City's Controller's Office will move the funds for each project to an appropriate City Department. That Department will identify a project manager, who will work with contact persons for the Mobile Emergency-Response Unit and Avoca Alley Lighting grants and expedite completion of the projects.

President's Update

Bill Kan, MPIC President

Time flies. I wrote my first President's Update about two years ago; my term will conclude with the election on June 21st. Thank you, MPIC, for the opportunity to serve our community. The amount of activity by the all-volunteer MPIC Board to support a high quality of life in Miraloma Park is mind boggling. Getting involved is one of the ways to appreciate all that is being done and to give back. There is something for everyone.

The MPIC continues to evolve. If you have not been to a monthly MPIC meeting or event recently, stop by and say Hi to the fresh faces on the MPIC Board. The MPIC's transition to a 501(c) (3) non-profit organization is still a work in progress. Until it becomes official, we continue to be a 501(c) (4) as we have been since our founding over 80 years ago. Lastly, check out the new look of our website at www.miralomapark.org. We think you will be pleasantly surprised by our move to 21st century technology.

I am very excited by what is to come with the new MPIC Board members and officers. The nominees include Joanie Van Rijn for President and Jean Perata for Vice President. With your vote of support at the June 21st election, Joanie and Jean will bring tremendous energy

to the MPIC leadership. I have had many opportunities to work with Joanie and Jean. Joanie wrote the proposal that won our first Participatory Budget grant to support Miraloma Park's efforts for resiliency. She was on the leadership team that brought us the 2017 Neighborfest, and is the force behind the revitalization of the Miraloma Park NERT team. Jean was also on Neighborfest leadership team, and wrote the proposal that garnered 734 votes that won \$25,000 in the 2018 Participatory Budget for the Mobile Emergency Response Unit. Joanie is also the founder and coordinator of the Miraloma NERT Communications Team, 12 NERT members equipped with and trained in the use in the field of GMRS handsets. (The General Mobile Radio Service (GMRS) is a land-mobile FM UHF radio service designed for short-distance two-way communication.)

Some of the most gratifying moments for me as a MPIC Board member and President have been seeing our community come together to support Miraloma Park in the Participatory Budget Process.

In addition to the Mobile Emergency Response Unit this year, we were awarded \$21,500 to light Avoca Alley. The MPIC plays a key role in the proposal writing process, informing the community about the projects and helping to get people to vote. (See Joanie's article in these pages.)

During the last four years, Miraloma Park has been granted over \$100,000 from Participatory Budgeting for safety and disaster recovery proposals submitted or supported by the MPIC. This funding has helped our neighborhood become one of the most resilient and best prepared for natural disasters in San Francisco. Our success with Participatory Budgeting help fund equipment for the Miraloma NERT team, which is one of the most active in the City. PB also helped fund the Community Connectors exercise and socialization program for seniors and the fledgling Block Champion program make our community stronger.

The steady increase in membership reflects the strengthening of the Miraloma Park community. Membership is approaching 400 members. The growth comes from new families moving into Miraloma Park and many long-time residents that are renewing their membership after letting it lapse for several years. It will be easier to renew your membership going forward using the auto-renewal feature at www.miralomapark.org.

(continued on page 3)

President's Update

(Continued from page 2)

The MPIC has been working hard to strengthen itself as an organization. As one of the few neighborhood organizations in San Francisco with its own Clubhouse, the MPIC takes very seriously its role as steward of community resources. Care of an 80 year-old building is not easy, but the rewards to the community are huge. The MPIC hopes the community will be more active in making use and preserving the Miraloma Park Clubhouse. Its potential to strengthen community is limitless, but like anything, the Clubhouse needs TLC to thrive.

The MPIC applies discipline and judiciously reviews its spending decisions in accordance with its annual budget. Recently, we formalized a policy to review the fiscal impact of all spending proposals. The MPIC Audit Committee recently completed an internal audit and found the finances of the MPIC to be in satisfactory order.

Over the last 18 months, we have identified and implemented some cost cutting measures. They include shifting to a new printer for our Miraloma Life newsletter, and curtailing newsletter delivery outside of Miraloma Park boundaries. We also changed the management of the maintenance and rentals of the MPIC Clubhouse. For simplicity and cost savings, the MPIC Board consolidated the roles of Rental Agent and Clubhouse Manager, ending the commission-based system for the Rental Agent in favor of a fixed-fee Manager position held by a current Miraloma Park resident.

As a volunteer organization dedicated to serving our community, please help me to show support to Joanie, Jean, and the MPIC Board by getting more engaged and involved with our Miraloma Park community.

Outsmarting Disaster: Do You know Your Neighbor?

Joanie van Rijn

Miraloma Park has an active resilience program, *Resilient Miraloma*. The goal of this program is to bring neighbors together to build cohesion so that we can each help each other, if and when, there is a disaster. Our program includes the Neighborhood Emergency Response Team (NERT), the new Block Champion Program, and Community Connectors for seniors. *Resilient Miraloma* team has just received an additional \$25,000 grant from

Supervisor Yee through Participatory Budgeting to continue to equip our NERT Team.

Resilient Miraloma is one of eight (8) neighborhoods in San Francisco that has created programs for their residents. These neighborhoods belong to the *Neighborhood Empowerment Network* (NEN). On May 16, 2018 Guido van Rijn, Robert Gee, Joanie van Rijn, and Bill Jeong, members of the Miraloma Park Improvement Club/*Resilient Miraloma* attended the 2018 Bay Area Regional Community Resilience Summit. The conference was held at City Hall and our own Daniel Homsey, MPIC Board member, is the Director of the NEN and acted as the moderator.

The focus of the Summit was to advance equity in our pursuit of resilience. Speakers highlighted the importance of inclusion making sure that all segments of our population are considered in both the planning stages and during the response phase. Daniel P. Aldrich, Ph.D. Professor of Political Science and Public Policy, Northeastern University gave the keynote; he discussed the importance of social cohesion in creating a resilient community. Dr. Aldrich gave as an example our NeighborFest. He explained studies show that communities whose residents feel connected will recover faster and not experience "flight" by their neighbors. After major disasters many residents do not want to return to their homes but choose to move away. Dr. Aldrich cited major disasters, Katrina in New Orleans, and Japan's tsunami; these communities were able to retain their "heart and soul" for their residents and they recovered and were resilient because they had strong communities.

Dale Cox, Project Manager of the United States Geological Survey (USGS) also spoke and shared new data from a four-year study done by the USGS on the Hayward fault. The study, "the HayWired Earthquake Scenario" examined the likely effects of a large earthquake (7.0). The name HayWired speaks to the threats and the vulnerabilities posed by the interconnectedness of the bay regions' people, utilities, roads and the economy – including digital economy.

The Hayward fault is along the east-bay side of San Francisco Bay and is among the most active and dangerous in the U.S., because it runs through a densely urbanized and interconnected region with a population of more than 7 million people. The report makes suggestions to residents and policy makers on how to help mitigate the severe damage and reduce the deaths.

(continued on page 4)

Outsmarting Disaster

(Continued from page 3)

The HayWired Scenario was published in April 2017 and the reports are available at <https://outsmartdisaster.com>. For more information contact 1-888-ASK-USGS.

The Miraloma Park Improvement Club continues to educate and inform our residents about the importance of knowing your neighbors and finding out who may need extra help after the earthquake. **Do you know your neighbor?** Our NERT Team meets and trains to keep up to date with their skills; the new Block Champion Program will help bring emergency response, care and comfort to the block level. Community Connectors is a program for seniors to meet, share stories and participate in the Always Active exercise program. Neighborfest, last fall, was our community wide block party that demonstrated

the many ways in which families can become resilient: it's up to us to outsmart disaster!

Visit Our New Website!

www.miralomapark.org

Saving Pets in a Disaster

Joanie van Rijn, Miraloma Park NERT Coordinator



The focus of this month's NERT Team meeting was preparing to protect our pets to survive a major disaster. Approximately 24 attendees at the MPIC Clubhouse heard featured speaker Jamie Ross, a certified Animal disaster/rescue worker, discuss her disaster recovery experience, notably in Napa,

Sonoma, and Butte counties. According to Jamie, **40% of pet owners do not find their pets that are lost in disasters.** In some areas, animals found post-event are allowed only 60 days shelter before they are destroyed. Red Cross shelters do not accept pets.

What can we do to prevent pets from suffering in a disaster and its aftermath?

Some of Jamie's recommendations:

1. Microchip your animal and make sure that the chip is registered and that data on it is current. If your pet was already microchipped when you adopted, be sure to re-register the chip under your name. Also, be aware that a

June 2018 Miraloma Life Page 4

microchip can migrate within an animal's body, so ask your veterinarian to check the chip's location.

2. Keep on hand photos of your pet/s, including photos of any distinguishing features and eye color. These will greatly help in identifying and claiming pets from emergency shelters.

3. Prepare a go-bag for your pet containing necessary supplies: extra leash, food, toys, and a piece of clothing that smells like you.

4. Store a 7-day emergency supply of food, water, and medication for your pet.

5. Create a pet rescue plan with neighbors to arrange shelter and care for displaced animals, as well as a plan for a neighbor to check on, feed, and water your pet if you are away from home when disaster strikes.

6. Create a neighborhood-wide pet disaster resilience plan.

Miraloma Park NERT, in partnership with MPIC, is currently forming a committee to create a disaster plan to protect pets. Seven Miraloma Park residents volunteered to serve on the committee, which Jean Perata, MPIC Board member and NERT volunteer, will chair. Miraloma Park NERT and MPIC thank Jean for volunteering to lead this important effort, and we thank our pro-active residents for their participation!

The Miraloma Park NERT Team will be on a summer break. We will resume our monthly meetings on September 13, 2018 at the Miraloma Park Improvement Club Clubhouse.

NERTS: remember that you must re-certify every two years. Recertification requires completing only Classes and 6.

June 2018 NERT Trainings

Potrero Hill

Saint Teresa's Church

1490 19th Street @ Connecticut

Monday evenings, 6:30 – 10:00 PM

June 4: Class 1; June 11: Class 2; June 18: Class 3; June 25: Class 4; July 2: Class 5; July 9: Class 6.

Miraloma Park Community Connectors

Darlene Ramlose,

Miraloma Community Connectors Coordinator

Miraloma Community Connectors is changing our community—changing strangers into neighbors and neighbors into friends. The program offers exercise, connections, enrichment programs, and a variety of other activi-

Spring Is for the Birds!

Jean Perata

Spring is the time of new life and many bird species choose to nest in San Francisco! They're easy to observe at Alcatraz Island and at Stow Lake in Golden Gate Park. Bring binoculars and your camera!

Visit Alcatraz Island. We all know it as a former Federal prison and Army fort, but do you know that it is a prime nesting site for thousands of birds? Western Gulls, Brandt's Cormorants, Snowy Egrets, Black-crowned Night-herons, Pigeon Guillemots and other birds travel to Alcatraz in the Spring to nest. Western Gulls nest all over the Island. Brandt's Cormorants nest on the sea walls and cliffs that surround the west side of the Island, as well as below the Barker Beach Overlook. Snowy Egrets nest in bushes, brambles and low trees along West Side Road.

You'll get up-close views of all these species. Volunteer water bird docents are often stationed along West Side Road, eager to show you the birds and their nests and explain their life cycles. Brandt's Cormorant chicks have already hatched and they'll continue to hatch into July; fledglings should be present to September. Snowy Egret chicks began appearing in April and hatching will continue through June; fledglings should be present through August. And when you're at the Snowy Egret colony, listen carefully to hear the amazing noises that the birds make only during the breeding season.

Western Gull chicks usually begin hatching in June and hatching will continue into July and August; fledglings should be present through September. You won't be able to see the Pigeon Guillemot nests or young, because at Alcatraz Pigeon Guillemots nest in rock crevices from earlier construction and in broken pipes. But, you'll have the opportunity to see Pigeon Guillemot adults in the water surrounding the Island. Pigeon Guillemots are black sea birds with white wing patches and bright red feet. For more information on the birds of Alcatraz visit: <https://www.nps.gov/alca/learn/nature/seabirds.htm>.

And if you enjoy gardens, the Alcatraz gardens won't disappoint! You'll see beautiful gardens as you walk around Alcatraz. Garden tours are offered on Friday and Sunday mornings at 9:45am, starting at the Alcatraz dock. The tours lead you through all the restored gardens, including those that are off-limits to most visitors—Officers' Row and the Rose Terrace. Visitors also have access to the Officers' Row gardens every Wednes-

(continued on page 6)

Miraloma Park Community Connectors

(Continued from page 4)

ties for our senior community.

From some of our connectors about MCC:

Dian: *"A convenient location within walking distance from my home; perfect senior hour for me; so nice to be with neighbors your own age. MCC is a great resource for seniors—informative classes are designed for our senior population. Community Connectors is a very good thing, all positive!"*

Carlos: *"My balance and coordination has greatly improved with exercise."*

Anne: *"Great instructor, MCC is a great community builder."*

Marie Jean: *"I can now stand up without help when I'm sitting on the floor."*

We meet for exercise every Tuesday and Thursday from 10:30 AM to 11:30 AM. On designated Thursday's we have enrichment classes. (See photos from previous classes).



Zero Waster and Composting Presentation



Exercise Class

We invite you to join us for exercise, enrichment, and making new friends. For more information contact Darlene Ramlose your Community Connector at

darlene@sfccommunityliving.org or by phone at 714 423-8844.

Spring Is for the Birds!

(Continued from page 5)

day from 11:00am to 2:00pm, when a docent is present to answer questions. Here's a link to garden tour information: <https://alcatrazgardens.org/visit.php>.

Can't get a ticket to escape to Alcatraz? Visit Stow Lake at Golden Gate Park. Great Blue Herons nest there. San Francisco Nature Education offers a free program on Saturday mornings so that everyone can see and enjoy the Great Blue Herons and their chicks. On June 2, 9, and 16 interns and volunteers, using spotting scopes, will show you the herons and explain their behavior. The Stow Lake observation deck is open from 10:00am to 1:00pm. For more details on this program (including naturalist-led walks at Stow Lake) visit: http://sfnature.org/programs/heron_watch.html.



Snowy Egret at Alcatraz



Snowy Egret on a nest



Western Gull in Alcatraz Garden



Western Gull overlooking the Brandt Cormorant Colony

Update from the MPIC Safety Committee

Ingleside Station Community Police Advisory Board

Our MPIC representative, Debra Estrin, attended her first CPAB meeting on May 14, 2018. The meeting was led by Capt. Hart and attended by representatives from neighborhoods served by the Ingleside Police Station, Victoria Weatherford from the City Attorney's Office and a representative from SF SAFE. Capt. Hart discussed the difficulties policing with only 103 officers assigned to the Ingleside District which has over 130,000 residents. He also stated that some of the police cars at the station are from the 1990s.

One of the community outreach strategies Captain Hart was implementing is having members from the Miraloma Park community do a ride-along in a patrol car. A ride-along is a great opportunity for residents to experience

(continued on page 7)

Update from the MPIC Safety Committee

(Continued from page 6)

firsthand how our officers serve and protect our community. You can learn a lot through practical exposure of riding in a police car and observing the calls, conditions, stress, and scrutiny everyday officers face. Capt. Hart wanted to have community members do these ride-alongs in June which also happens to be "Law Enforcement Memorial Month," when we remember and honor those who have paid the ultimate price in the line of duty safeguarding the community.

The MPIC recently confirmed three volunteers to participate in ride-alongs. We did receive more volunteers than there were spots available. Thank you to everyone who responded.

In May, Capt. Hart went to Balboa High School for a Youth Summit, where he taught a class on "Street Law 101." It was a big success and it will be brought to other high schools in the Ingleside District.

Save the Date: The big event of the year that the CPAB is working on is the annual National Night Out on August 7th which is tentatively scheduled to be at the Police Academy in Diamond Heights.

Updates on Select Cases

An arrest was made in the Coventry Court burglary of March 19, 2018. According to the 911 caller, there were 4 "approximately 16-year-old suspects wearing hoodies" who had fled on foot on Coventry Court. One of the suspects was carrying a gym bag. We subsequently learned that the District Attorney's office discharged the case pending further investigation to develop a stronger case.

In our May newsletter, we posted the SFPD news release announcing the arrests of 10 suspects involved in home burglaries. Some of those defendants are being charged for burglaries in the Taravel District. We contacted ADA Maggie Buitrago and learned that none of the defendants are being charged with any crimes involving Miraloma Park burglaries.

People v. James George Paras. This is the September 2017 DUI/multiple hit and run case on Bella Vista Way and Teresita Blvd. It has been 9 months since this incident and the defendant has continued to request a continuance in the case. The MPIC has submitted a community impact letter to the court urging expeditious resolution of this case. The letter will be attached to a motion submitted by the Asst. District Attorney to oppose defendant's

request for continuation.

People v. Phouthalom Phasavath. This is the December 2017 vehicle break in at the 200 block of Evelyn Way at which the suspect was arrested. The MPIC recently submitted a community letter of support to the Asst. District Attorney. The defendant failed to appear for his last court date, so a bench warrant was issued and the defendant was arrested soon thereafter. The next scheduled court date: May 25, 2018.

(continued on page 8)



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790 Teresita	2/1	\$1,095,000	54 Marietta	2/1	\$1,190,000
27 Gaviota	3/3	\$1,895,000	656 Teresita	3/2	\$1,299,000
PENDING			430 Marietta	4/2	\$1,499,000
430 Melrose	2/1	\$899,000	493 Molimo	4/3	\$1,625,000
763 Myra	2/1	\$949,000	SOLD		
43 Molimo	2/2	\$968,000	833 Rockdale	2/1	\$1,602,550
189 Marietta	3/2	\$995,000			

Update from the MPIC Safety Committee

(Continued from page 7)

Update on the Four Proposed Teresita Blvd Speed Cushions

SFMTA is still completing their design and review process. Once the process is completed in late June or July, SFMTA will send ballots to all houses on Teresita Blvd.

Miraloma Park Crime Statistics, April 14 – May 21, 2018

Date	Time	Type	Location
4/20/2018	10:15AM	Burglary	300 block Cresta Vista Dr.
4/23/2018	2:31PM	Assault	Unit block Dalewood Way/Mt Davidson
4/26/2018	7:11AM	Auto Break-in	700 block Rockdale Dr.
4/27/2018	5:45AM	Burglary	Unit block Melrose Ave.
4/27/2018	8:34AM	Auto Theft	Unit block Melrose Ave
4/28/2018	10:44PM	Burglary	700 block Foerster St.
5/2/2018	1:36PM	Auto Break-in	700 block Portola Dr.
5/2/2018	10:09AM	Auto Break-in	700 block Portola Dr.
5/2/2018	10:09AM	Auto Break-in	700 Block Teresita Blvd.
5/3/2018	2:05PM	Auto Break-in	300 block Teresita Blvd.
5/14/2018	7:22PM	Person with knife	500 block Rockdale Dr.

What Bin Do I Put this in?

Catherine Homsey



Instead of tossing it on the ground, which bin should you put this in?

You may have heard that Recology will be delivering larger recycling bins and smaller landfill bins to all San Francisco customers. In fact, you may have received yours already. The new black bins hold 16 gallons maximum and the new recycling bins hold 64 gallons. The compost bin remains the same.

Why? Recology is working to meet San Francisco's goal of zero waste. They are trying to make it easier to recycle so we can put less in landfills. There has been a measurable reduction in landfill waste in the neighborhoods with the new bins, so it's working.

The new bins come with stickers on the lids to help you determine what goes in each bin. Even so, it can be confusing to figure out what goes where.

First, use the stickers on your new bins as a guideline. They will give you an idea of what goes in each bin. There are, however, some items that are made of mixed materials or aren't pictured. A friend and neighbor has helped me come up with a list of things that may be difficult to categorize – we hope it helps you!

Recycling (Blue Bin)

The good news is that more stuff can go in the recycling (blue) bin! As always, **paper, cardboard, glass, metal and rigid plastics can go into the recycling bin.** In addition, here are some items that can now go in the blue recycling bin but may not be on the sticker or are hard to find on the Recology website.

- **Plastic bags and plastic film:** clean, dry plastic bags and film be put into a clear plastic bag about the size of a basketball. This includes plastic wrap and the film that covers food containers.
- **Linens/textiles/clothing:** must be put into a clear bag.
- **CDs, DVDs, etc.**
- **Juice, milk & soup boxes:** sometimes called "Tetra-paks," mixed materials boxes made of cardboard and plastic.
- **Plastic: toys, dishes & utensils, food containers, molded packaging, corks**
- **Dry latex or acrylic paint cans and empty aerosol paint cans**
- **NO** Styrofoam, electronics, batteries, coat hangers, food soiled paper, waxed cardboard or mixed plastic/fabric/rubber items, drinking glasses or ceramics. These go in other bins.

Compost (Green Bin)

- **Food and Food Scraps**
- **Food Soiled Paper,** such as tea bags, pizza boxes, paper plates, coffee filters, paper food containers (metal handle is ok).
- **Green Waste/Yard Trimmings:** weeds; leaves; tree, shrub, grass and flower trimmings.
- **Other organic waste:** cheese wax, cotton balls & swabs (paper stick), utensils and dishes labeled "compostable," hair, fur, natural feathers, waxed cardboard, natural cork, small pieces of clean wood (no stained, painted, plywood, pressboard or treated wood)
- **NO** cat litter or pet feces, linens/textiles, cooking oil, plastic not labeled "compostable," diapers, plastic, foil, beverage cartons.

Landfill (Black)

- **Cat litter and animal feces (bagged)**
- **Ceramic dishes and glassware**

(continued on page 9)

What Bin Do I Put this in?

(Continued from page 8)

- **Cigarette butts** (run under water first.)
- **Glass mirrors and windows** (double bag in paper and seal.)
- **Mylar:** shiny plastic/metal bags or balloons, chip bags, candy and granola bar wrappers.
- **Squeeze food pouches:** the plastic cap can go in recycling, though.
- **Styrofoam**
- **Light bulbs (NO fluorescents or HID)**
- **“Biodegradable” plastic**
- **Stickers & produce stickers**
- **Sponges, twist ties, mesh produce bags, rubber bands, baby wipes, pens & pencils, treated or stained/painted wood, six pack rings (cut them first so there are no enclosed spaces)**
- **Plastic mixed with fabric, metal or rubber**
- **Empty hazardous waste containers**
- **Batteries** (in a sealed bag on top of the bin)

There are some things that you’ll come across that don’t go in any of these bins. What do you do then?

Appliances, furniture, coat hangers, electronics, tools, toys with electronics, etc. can be removed by scheduling a “Bulky Item Pickup” with Recology. They accept up to 10 items at a time and will do two pick ups per address per year.

Paint, household chemicals, fluorescent bulbs, motor oil & filters, paint, medication, needles, syringes, construction debris and other hazardous waste must be dropped off at designated disposal sites throughout the city or at the Recology Hazardous Waste Facility. Please check sfenvironment.org/safe-disposal for more information.

Hopefully this information will help you reduce the amount that goes in your black bin (or as my friend calls it, “the guilty bin.”) Of course, you should first try to reduce the amount of waste you produce by refusing to buy anything that will end up in the black bin or is made of plastic, which recycles poorly.

Also, due to China’s new restrictions on importing recycling, we need to reduce even our recyclable waste.

Thanks to the City and to Recology for helping us to reduce the amount of landfill waste we produce. And thank you for your efforts to help. You are the first line of defense against waste!

For more tips, check out my website at joyofzerowaste.com.

Piano Adventures in Miraloma Park

by Josephine Morada Ortiz

It started at Miraloma Elementary School, September 1963 in the cafeteria after school. Several cafeteria tables were occupied by anxious second graders—at least, I was an anxious 2nd grader.

In front of each of us, a cardboard keyboard, flat one dimensional gateways to 88 notes and combinations of notes waited to be played. Our teacher, Mrs. Coyne instructed us from the real piano that stood by the corner of the cafeteria.

(continued on page 11)



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Some Quality of Life Issues

Piano Adventures in Miraloma Park

(Continued from page 9)

My parents eventually got me a Fischer upright piano after hours of my playing on cardboard keys. Present day, I am happy to have three children from our Mt. Davidson neighborhood taking lessons from me. They attend Miraloma School and we all live on the same block. I feel like this part of life is coming full circle, as I witness another generation of young families in our neighborhood experiencing what my family had experienced in the 60s. Parents are encouraging and supporting their children's artistic endeavors. Their children are motivated and determined, have a love of music and a desire to learn piano and make music, while the demands of everyday life, school, and work are factored into piano lessons and practice time. Challenging, yet, possible!

On April 22, 2018, our first recital was held at Cypress at Golden Gate, the former Shriner's Hospital, for May Cheng, longtime MP resident now living at Cypress, and the Cypress senior community.

Devin Adhikari, Zoe McCulloch, and Aisha McCulloch each presented a short program including finger exercise demonstrations and popular music.

It was a wonderful afternoon as our neighborhood kids and their parents shared Springtime joy and energy with May, the seniors, and my mom, Lolita, who attended our recital.



It was quite an event for her, too, to see our neighborhood kids playing piano for her dear friend from the block, to see the proud wonderful parents enjoying their kids' performances and involvement with the elder community, and to remember how her daughter started her own musical journey on a cardboard keyboard in the Miraloma Elementary cafeteria with Mrs. Coyne in the Fall of 1963!

June 2018 Miraloma Life Page 10

Here, in response to residents' questions, are excerpts from the Public Works Code and SFMTA.com.

Public Works Code, ARTICLE 5.1: SEC. 170. GARBAGE RECEPTACLES.

(a) **Garbage Receptacles Prohibited on Sidewalk, Street, or Any Public Right-of-Way.** Except as otherwise provided in Sections 170.1 and 173, Chapter X, Part II, San Francisco Municipal Code (Public Works Code), no person, firm or corporation occupying or having charge or control of any premises shall place or cause to be placed, or suffer to remain, upon the sidewalk, street or any other dedicated public right-of-way, any can, container or receptacle used for the collection of garbage, refuse, ashes, cinder, sludge, offal, broken glass, crockery, tins, boxes, animal or vegetable matter, rubbish or other like matter, recycling, or green waste, except on the day the contents of said receptacle are to be collected by the licensed collector thereof or after the hour of 6:00 p.m. of the day immediately prior to the day of said collection.

(1) Any person, firm, or corporation occupying or having charge of any commercial premises shall remove any such receptacle from the sidewalk, street, or other dedicated public right-of-way immediately after the contents of said receptacle have been collected or immediately upon opening said premises for business on the day of said collection.

(2) Any person, firm, or corporation occupying or having charge of any residential premises shall remove any such receptacles from the sidewalk, street, or other dedicated public right-of-way within twenty-four (24) hours after placing said receptacles out for collection and after the contents of the said receptacle have been collected.

(3) Said receptacles shall be returned to an enclosed area or other area that blocks views of the receptacles from the public right-of-way. Under no circumstances are said receptacles to be stored in plain sight of the public when viewed from any public right-of-way unless said receptacles have been placed out for collection.

Available at www.sfgov.org/services/sf-municipal-codes.

DRIVEWAYS, SIDEWALKS & HILLS—From www.sfmta.com

- Do not block driveways or crosswalks. A driveway begins at the "curb cut," where the curb begins to slope downward toward street level. Residents can park in front of their own driveways if the building the driveway serves has 1-2 units and the vehicle's license plate is registered to the building's address (a permit is not

required). However, it is illegal to park in any marked or unmarked crosswalks. Never block disabled curb ramps located inside or adjacent to crosswalks.

- Do not park on sidewalks. A sidewalk citation can be given even if the pedestrian travel path is partly clear or if the vehicle is parked across a driveway. This includes motorcycles and bicycles that impede pedestrian paths.
- Curb wheels when parking on a hill of any perceptible grade. When parking facing uphill, turn the steering wheel toward the street. When parking facing downhill street, turn steering wheel toward the sidewalk. We also recommend parking letting your vehicle wheels rest against the curb to keep it from rolling.

Give Driveway Owners Space to Get In and Out

A driveway begins at the top of the sloped edges, or the “curb cut.” Some driveways may have red tips—red curb coloring on the curb cuts and space adjacent to it. Parking in the red tip or within the cut curbs may result in your vehicle being cited and/or towed. You can help neighbors and visitors avoid citations and being towed. Feel free to print and share this flyer: https://www.sfmta.com/sites/default/files/reports-and-documents/2017/12/thank_you_for_supporting_safe_driving_0.pdf

Park in Your Own Driveway

- You may park in your own driveway as long as no portion of your vehicle extends over the sidewalk or into the required setback.
- **So please do not park on the sidewalk or within the required setback.** San Francisco’s Planning Department provides more information, including a list of common planning code violations. <http://www.sf-planning.org/index.aspx?page=2202#common-violations>

- You can confirm the width of your sidewalk by going to the San Francisco Public Works (DPW) Street Grade Map. <http://bsm.sfdpw.org/subdivision/keymap/Default.aspx>
- Residents may block their own driveway by parking parallel to the curb or street, only if the vehicle’s license plate is registered to the building’s address, and if the building has two or fewer units.
- Help neighbors/visitors avoid citations and towing: print & share *Thanks for keeping our sidewalks safe.*

Izabella's Beauty Salon

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Miraloma Park Improvement Club Membership Application

Please complete and mail with your dues to the Club address below. Make check payable to **Miraloma Park Improvement Club, 350 O’Shaughnessy Blvd., San Francisco, CA 94127.** (No cash, please). Thank you!

New Member Renewing Member Date: _____

Name: _____

Address: _____

Phone: _____ Email: _____

Please send me an email reminder to renew my membership.

Enclosed are my dues for the next twelve months (check one):

- | | |
|---|---|
| <p><input type="checkbox"/> \$12 Senior Member(s)</p> <p><input type="checkbox"/> \$25 Family Membership</p> <p><input type="checkbox"/> \$50 Contributing Member</p> | <p><input type="checkbox"/> \$15 Single Member</p> <p><input type="checkbox"/> \$35 Supporting Member</p> <p><input type="checkbox"/> \$_____ Other</p> |
|---|---|

No MPIC membership information is shared with other parties or organizations.

Important Phone Numbers

EMERGENCY	Land Line 9-1-1 or Cell Phone 415-533-8090
All City Services	3-1-1 or www.mysf311.org
Online Police Reports	sanfranciscopolice.org/reports
Call Before You Dig (PG&E)	8-1-1
Poison Control Center	1-800-222-1222
Non-emergency Police Dispatch	415-553-0123
Suicide Prevention Hotline	415-781-0500
Ingleside Police Community Room	415-404-4000
Parking Complaints	415-553-1200
Abandoned Cars	415-553-9817
Security Survey/Nbd.Watch	415-673-SAFE
Office of Citizen's Complaints Against SFPD	415-241-7711
Narcotics Tips (anonymous)	1-800-CRACKIT
SFPD Tip Line	415-587-8984
Domestic/Family Violence (24hrs)	415-864-4722
Report Animal Cruelty, Injury, Distress	415-554-9400
Dumped Item Pickup – DPW	3-1-1
Vital Records	3-1-1
Code Enforcement Hotline	415-554-3977
Graffiti Cleanup – DPW	3-1-1
Police New Graffiti Hotline	415-278-9454
MUNI Shelter Damage/Graffiti	1-510-835-5900
Ingleside SFPD Hearing-Impaired line	415-404-4009
School of the Arts	415-695-5700
Norman Yee, Supervisor Dist. 7	415-554-6516
(norman.yee@sfgov.org)	

Miraloma Park Residential Design Guidelines:

Adopted in 1999 by the SF Planning Commission to promote preservation of neighborhood character by encouraging residential design compatible with neighborhood setting, our neighborhood-specific *Guidelines* facilitate the process of permit application and Code-mandated design review and can prevent costly, time-consuming Discretionary Review proceedings. Learn more about them at www.miralomapark.org

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Contact us for rates and availability:

415-281-0892

miralomapark@gmail.com

Directory

General Inquiries for MPIC.....	415-281-0892
Clubhouse Manager.....	415-281-0892
Clubhouse Rental Agent.....	415-281-0892
Website: www.miralomapark.org	
Webmaster: Ron Proctor.....	415-281-0892
Mayor's Office of Neighborhood Services.....	415-554-7111
Miraloma Elementary School.....	415-469-4734
Miraloma CoOp Nursery School.....	415-585-6789
Miraloma Playground.....	415-337-4704

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Article Submission Policy

Miraloma Life will return in September 2018. The deadline for submissions is August 18th.

Email submissions to miralomapark@gmail.com with Miraloma Life in the Subject line. Articles submitted must be 800 words or less in length. Anonymous submissions will not be considered for publication.