

MIRALOMA LIFE

December 2018 - Issue 4

Upcoming Events

6 DECEMBER

MPIC Board Meeting*

7:00 pm - MPIC Clubhouse

9 DECEMBER

MPIC Holiday Party!

5:00 pm - 8:00 pm

MPIC Clubhouse

More details inside...

6 JANUARY

MPIC Board Meeting*

7:00 pm - MPIC Clubhouse

TUES + THURS

MP Community Connectors Seniors

10:30 am

Cornerstone Trinity Baptist Church

*Members wishing to address the the Board should call (415) 281-0892 to request placement on the agenda



President's Message:

Joanie van Rijn

At this time of year, we focus on holidays. It can be a very busy time for families with events, gifts to buy, and visiting relatives. Last month the message was about thanking neighbors. This month I want to share some of the many gifts that our neighbors are offering all of us.

The MPIC Board is made up of 11 members who have agreed to serve for at least two years. They also participate on a committee and accomplish many tasks. Board members chair the Resilient Miraloma Park team who work to help us be resilient in case of a disaster. They have applied and won funding to supply our neighborhood with emergency disaster equipment. A Board member chairs and coordinates the popular Senior Community Connector program. Another board member chairs the NERT program. A board member chairs the Safety committee that maintains a working relationship with the Captain of the Ingleside Police Station. Ingleside Police Station, report on criminal activity in the neighborhood, and promote crime prevention through education. The Zoning and Planning committee keeps an eye open for development projects and helps neighbors understand our Design Guidelines. Two Board members have stepped forward to chair the Holiday Party. A neighbor will be the "chef du jour" for the tasty Jambalaya/mac 'n cheese bar. This year a neighbor has offered to refresh our newsletter. It brings a new modern feel with easier readability. Last year a neighbor offered to redesign our website. We appreciate their gifts and expertise to design both the newsletter and the website. MPIC is looking GOOD!

[continued on page 3]

Who asked you? Not California Legislators: Up-Zoning SF

MPIC Zoning & Planning Committee

Would Miraloma Park look like this if the next version of SB827 should pass?



Numerous bills transferring authority for land use planning from local governments to Sacramento are making their way through the State Legislature. On learning about the zoning-busting legislation, a friend asked why the voters weren't being consulted about them—legislation that will drastically change life throughout California. Good question. Evidently, legislators Wiener, Wieckowski, Chiu, Ting, and their colleagues would rather avoid the mess and inconvenience of allowing California voters a say on matters that will dramatically affect them.

SB827 (Wiener) failed in Committee but will return, Senator Wiener promises, with some amendments and a new number. (Watch for this.) SB 827 will increase housing development capacity in areas that meet minimum levels of transit service with State-imposed minimum zoning standards...According to Planning staff, in San Francisco, this would be virtually the entire city, as almost 96% of the city's parcels are within ½-mile of a major transit stop (e.g. Glen Park BART) or ¼-mile of a transit corridor meeting the bill's definition (e.g., Teresita/Portola). The bill will eliminate cities' ability to enforce their respective planning code standards or other adopted design standards that are, as stated by SF City Planning, the backbone of livability, walkability and urban design quality. SB 827 would remove residential density and floor area ratio (FAR) limits, minimum parking requirements, and impose minimum height limits (45 feet) statewide for residential projects within defined proximity to transit stations and corridors. *It prohibits enforcement of any "design standard that restricts the applicant's ability to construct the maximum number of units consistent with any applicable building code."*

San Francisco's General Plan shares key objectives with SB 827—providing more transit accessible housing statewide to meet sustainability and transportation needs, while moderating housing prices by increasing zoned housing

capacity. However, the General Plan also emphasizes the importance of planning for land use change *in consultation with communities and in consideration of a variety of relevant factors in the context of each area.*

[Cf. February 5, 2018 SF Planning Department Memo to the Planning Commission: <http://commissions.sfplanning.org/cpcpackets/SB%20827.pdf>.] The full text of CA SB 827 is at leginfo.ca.gov.

SB 831 & AB 2890: Sacramento has given birth to twins! Can you tell them apart?

SB 831 introduced by Senator Wieckowski, co-authored by Senators Atkins, Skinner, and Wiener and AB 2890 Introduced by Assembly Member Ting (authored by Senator Skinner) propose to nullify controls of building density throughout San Francisco's residential neighborhoods. Residential front and rear-yard open space and design review currently required under the SF Planning Code will cease to exist: "...a local agency may not implement standards for minimum lot size requirements for accessory dwelling units and shall allow for the construction of an accessory dwelling unit that complies with this section on any lot zoned for residential use, unless the local agency makes specific findings that the construction of the accessory dwelling unit would adversely impact public health and safety, including fire safety." There is to be no appeal.

[https://leginfo.legislature.ca.gov/faces/billCompareClient.xhtml?bill_id=201720180SB831.]

Like its twin, AB 2890 "would prohibit the imposition of lot coverage standards or requirements on minimum lot size, lot coverage, or floor area ratio, and would prohibit an ordinance from establishing size requirements for accessory dwelling units *that do not permit at least an 800 square foot unit of at least 16 feet in height to be constructed.*" The bill would provide that, if a local agency

[continued on page 3]

[continued from page 2]

Who asked you? ...

imposes an owner-occupancy restriction, the frequency of monitoring owner occupancy shall not be monitored more frequently than annually, shall be based on specified published documents, and would further define "owner-occupant" for purposes of that requirement."

https://leginfo.ca.gov/faces/billTextClient.xhtml?bill_id=201720180AB2890

New Law: New Zoning Authority for BART

Introduced by Assembly Member David Chiu and now law, **AB 2923** requires the BART Board to adopt by ordinance new transit-oriented development (TOD) zoning standards for each station that establish minimum local zoning requirements for height, density, parking, and floor area ratio only, that apply to an eligible TOD project, as defined. The bill would require... affected local jurisdictions to adopt a local zoning ordinance that conforms to the TOD zoning where local zoning remains inconsistent with the TOD zoning standards after July 1, 2022...[2923 would] require the TOD zoning standards to become the local zoning for any BART-owned parcels that are at least 75% within 1/2 mile of any existing or planned BART station entrance within the BART district...

[\[https://leginfo.ca.gov/faces/billTextClient.xhtml?bill_id=201720180AB2923\]](https://leginfo.ca.gov/faces/billTextClient.xhtml?bill_id=201720180AB2923)



[continued from page 1]

President's Message

Once a month 10 neighbors get together and practice with our emergency two-way radios. It is the emergency communications team. These radios were purchased with a grant from District 7 Participatory Budgeting, that was voted on by YOU. Radios will be very important in a disaster when our normal communication lines are down. Some neighbors are block captains and keep their block up to date on issues and hold social events that keeps neighbors connected.

Keeping the club fiscally afloat is not an easy job. We are fortunate to have a treasurer who looks after our resources and an eye on the budget. MPIC is moving toward becoming a non-profit 501.c3 organization. We currently are a non-profit, 501.c4, but cannot offer tax right-offs to our contributors. Once we receive the 501.C3 designation we hope to encourage neighbors to donate to our club and help us grow and maintain our active programs for the neighborhood.

Miraloma Park is one of the few neighborhoods in the city that has a designated club house. Ours is almost 80 years old. It needs constant maintenance and this is expensive. The club house committee has many challenges with keeping the building in good working condition.

One of our new Board members brings expertise in the building trades and we welcome him as we plan club house projects. Another board member has helped us with legal matters and another is an architect and helps us understand codes and building plans.

MPIC is also a member of three local organizations. West of Twin Peaks (WOTPCC) meets to help neighborhoods understand and represent our interests to the city. San Francisco Land Use Committee is a new group that seeks to protect single family neighborhoods and possible zoning changes that would threaten this. CSFN is the Coalition of San Francisco Neighborhoods. It has, through member participation and lobbying, supported its members on issues affecting the broad community and continues to watch various City departments to ensure fair treatment of all city residents. A board member attends these meetings and represents Miraloma Park and our interests.

*Come join our
vibrant, creative
team and
share your gifts
with MPIC.*

MPIC would like to grow our membership. We currently have an opening for a Chair of the Membership Committee. This position is very flexible and can be done when convenient. If you are interested or would like more information please contact me at mpicpresident@gmail.com.

Come join our vibrant, creative team and share your gifts with MPIC. As you can see there are many facets to our neighborhood club. It is made up of many neighbors who want to help other neighbors. These gifts are shared and given for the benefit of all. I, as President of MPIC want each of you to know your gift is truly appreciated. Thank you for sharing.

Miraloma Park Improvement Club wishes you and your family very happy Holidays and we hope to see you at the Holiday Party at the MPIC Club House on December 9th at 5:00 pm. Free admission with a dessert that serves 6. \$10 for guests not bringing a dessert.





Save the Dates: Miraloma Park NERTS

January 17

Triage and
Triage Game

March 14

Incident Command
System (ICS) to
get us ready for the
citywide drill in April.

April TBA

Citywide Drill

May 9

"Stop the Bleed" -
learn how to use
Israeli military
bandages to
save lives.

There are no NERT
meetings in June,
July or August

Learn More:

[miralomapark.
org/what-we-do/
nert](http://miralomapark.org/what-we-do/nert)

Miraloma Park NERT Team Invites Neighboring NERT Teams for Joint Training

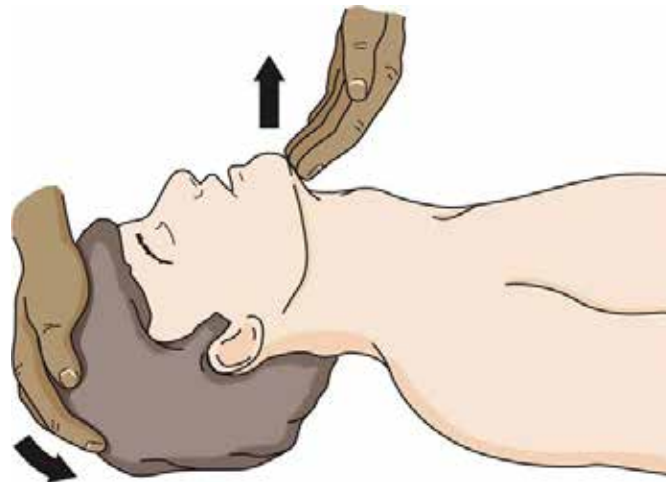
Joanie van Rijn, NERT Coordinator

Miraloma Park hosted three other NERT (Neighborhood Emergency Response Team) teams at our November 8th meeting: the new West Portal NERT team, Sunnyside, and Glen Park. There was a total of 20 NERTS. The topic was first aid training.

The Miraloma Park NERT team welcomed Elizabeth Firer our newest team member, Welcome Elizabeth!

We are so lucky to have qualified NERTS on our team who can teach us important topics. I want to thank Darlene Ramlose for her excellent presentation on "bystander" first aid. She gave us information about the three killers - shock, bleeding, and a blocked airway.

A person with a blocked airway is minutes away from death, when approaching a victim place your hand on their forehead and tilt the head back and gently lift the chin. This action will force the blocked airway to be released. Bleeding out is equally dangerous. Three main methods for controlling bleeding: apply direct pressure, elevate the area, use pressure points to stop arterial and vascular bleeding. Shock is also a killer. The body cannot profuse blood into the organs and tissues. The main signs of shock are rapid and shallow breathing, capillary refill of greater than 2 seconds (push on your fingernail it should return to normal color within 2 seconds), and failure to follow a simple command, such as "squeeze my hand". Symptoms of shock are easily missed pay attention to your victim.



Head Tilt Chin Lift (left) Pressure Stop Bleeding (right)

Darlene went through a set of slides and showed us what is important to remember about fractures, burns, bleeding, airways, and many other frightening medical situations.

NERTS will be given a big challenge if and when we need to mobilize after a big disaster. We train, we forget, we train and we try to remember what we learned. Our US military knows this and that is why they continuously train....it needs to be in memory.

Darlene will finish her presentation at the January 17 NERT Meeting with Triage. The group will then play the triage game to test their skills. West Portal, Sunnyside and Glen Park are invited to attend this and the following meetings.

Hope you and your family have a very happy holiday, I know I am very thankful to live in Miraloma Park and to have a qualified NERT Team here that is ready to help our neighbors.



Patti Moran, Winner of the Ugly Weed Contest

Los Palmos Community Garden Clean-up Day

Joanie Van Rijn

Miraloma Park is fortunate to have great residents who have devoted their time and efforts in creating a beautiful community garden. The Los Palmos Garden (LPG), located on Los Palmos Drive near Foerster, was created in 1995. Residents cleaned up abandoned city property; it is the unpaved part of Verna Street. Now it is a thriving oasis in Miraloma park.

On Saturday, October 27 the LPG participated in District's 7's "community clean team" program. Sky Charlesworth and Margaret Lemus met with a Supervisor from the Department of Public Works to create a work plan for the day. Public Works designates a city district to work each month. The "clean team" comes in to beautify an area in the District. The LPG was invited to participate and this year was our third year. Neighbors were invited to come help and on Saturday morning, city staff from Public Works, a truck, tools and volunteers from United Playaz arrived to transform our garden into a magical destination in our city.

Patti Moran, a Los Palmos Drive neighbor won the "ugly weed" contest by plucking out a fine specimen. Our volunteers learned how to "deadhead" plants and identify other ugly weeds. By noon the garden was spruced up and new bark was put down.

Please stop by and visit the garden, on Los Palmos at Foerster, take a walk on the wild side!

SUE KIRKHAM REALTOR

CA License #00898385

www.suekirkham.com



GLOBAL
LUXURY

**For Miraloma Park
Home Sellers Seeking:**

Highest Sale Prices
Seller Only Representation
State-of-the-Art Marketing Plan + Tools
Expert Preparation + Negotiation Skills
Honesty, Integrity and Good Judgement
Attention to Detail
Full Time Realtor in SF, Since 1985
Neighborhood Knowledge + More!

PUTTING YOUR INTERESTS FIRST

(415) 706-2668 cell | (415) 333-9840 home office

info@suekirkham.com

www.SueKirkham.com for selling guide, resources + more
CALL OR EMAIL FOR A FREE EVALUATION OF YOUR HOME

MIRALOMA HOME REPORT

ACTIVE			PENDING CON'T		
193 Marietta	3/4	\$1.295 M	44 Molimo	3/2.5	\$1.595 M
647 Teresita	4/2	\$1.396 M	10 El Sereno	3/3	\$1.695
571 Myra	3/4.5	\$1.5 M			
25 Chavez	5/3	\$1.65 M	SOLD		
867 Foerster	5/3.5	\$1.88 M	347 Los Palmos	2/1	\$1.05 M
863 Foerster	4/2.5	\$1.95 M	415 Myra	2/2	\$1.4 M
			926 Teresita	3/1	\$1.515 M
			207 Juanita	4/2	\$1.597 M
PENDING			953 Teresita	4/3	\$1.625 M
82 Los Palmos	3/1.5	\$1.095 M	310 Cresta Vista	4/2	\$1.8 M
626 Teresita	3/2	\$1.199 M	491 Marietta	3/2	\$1.85M
37 Miraloma	3/1.5	\$1.25 M			
610 Teresita	3/2	\$1.575 M			



Public Works staff and volunteers from United Playaz

Miraloma Community Connectors Upcoming Events

Darlene Ramlose

Along with our popular weekly exercise classes held every Tuesday and Thursday at 10:30 am, we have some very exciting and impactful events in for our senior community.

December 6, 11:45 AM- Holiday Art Project

Make a holiday ornament. A time for getting together with others.

December 13, Noon - Christmas Potluck Party

Bring your favorite dish to share. Fun and games for all. A great opportunity to socialize!

January 10, 2019, 11:45 AM Friendships and Relationships Workshop

Although we cherish our old friends, making new friends is good for you! There are many health benefits to friendships, just as a good diet and adequate exercise. Learn how to strengthen and nurture your friendships and relationships.

All exercise classes and other events are held at Cornerstone Trinity Baptist Church, located at 480 Teresita Blvd.



MIRALOMA PARK COMMUNITY CONNECTORS SENIOR PROGRAM

We're changing strangers into neighbors and neighbors into friends. All Miraloma neighbors over 60 are invited to join us for strength, flexibility and balance exercises.

Exercise every Tuesday and Thursday

10:30 am to 11:30 am

**Cornerstone Trinity Baptist Church
480 Teresita Blvd.**

For more information contact:

Darlene Ramlose, Miraloma Community Connector

darlene@scommunityliving.org or

714-423-8844.

Visit us on our Facebook page:

Miraloma Park Community Connectors.



CARLOS CARPET, LINOLEUM & HARDWOOD SERVICE

Residential • Commercial • Sales • Repairs

FREE ESTIMATES

National Brand Names

Karastan, Wool, Armstrong
Shaw, Mohawk, Coronet
Many colors in stock

Carlos Rios

**415-533-3697
600 Rockdale Dr.
San Francisco, CA 94127**



Kuhnline.com
IT Support

Phone 415-244-0701
helpdesk@kuhnline.com

www.kuhnline.com

Complete computer support for your home or business

**Based in Miraloma Park
Available for Housecalls
Over 15 Years Experience
Free Estimates**

virus cleanup | backups | data
recovery | WiFi networks |
new computer advice / setup |
email | mobile devices | desk-
tops | laptops | Windows | Mac

NEW EVENTS COMING IN 2019

January 10 - 11: 45 am

Friendship + Relationships Workshop

Learn how to strengthen and nurture your current and new friendships and relationships.

ALL MIRALOMA PARK RESIDENTS ARE INVITED!

Miraloma Park Improvement Club's
Twenty-Sixth Annual

*Holiday
Party
and
Dessert Bake-off*

LIVE MUSIC BY LAURA LEE BROWN & CO • BOSWICK THE CLOWN
MAKE -YOUR-OWN GINGERBREAD HOUSE STATION
JAMBALAYA/MAC-N-CHEESE BAR • ADULT/CHILD BEVERAGE STATIONS

9 DEC
2018

5:00 PM - 8:00 PM

MPIC CLUBHOUSE

350 O'SHAUGHNESSY BLVD @ DEL VALE

Free admission with a dessert that serves 6. \$10 for guests not bringing a dessert.
Free admission for children 7 and under.

Financial Planning

Investment Advisory



*Independent Financial Advice from CFA Charterholder
with Over 20 Years Experience, Based in Miraloma Park.*

Education Saving

Retirement Income

(415) 742-1681

bill.kan@candentcap.com

Cassandra Mettling-Davis, Architect
415 664 3400

Kitchens, Bathrooms, Complete Remodels and Additions
CMDarchitecture.com 801 Portola Dr Suite 104 SF CA 94127

CMD Architecture | San Francisco



MPIC Safety Committee Report

Stop Crime SF Town Hall with State Assemblymember David Chiu at the MPIC Clubhouse on October 24, 2018



Joel Engardio and David Chiu

There were about 35 attendees at this event co-sponsored by the MPIC and Stop Crime SF. Joel Engardio, VP of Stop Crime SF and guest columnist for the SF Examiner conducted an interview of Assemblymember David Chiu. Joel opened the meeting by explaining the mission of Stop Crime SF. He stated that property crime throughout the city is down 12 percent this year but started off really high. San Francisco

has two times the property crimes than San Jose which has 200,000 more people. Stop Crime SF's goals are to hold the various government agencies accountable through advocacy, legislation and its Court Watch program.

He stated that property crime throughout the city is down 12 percent this year but started off really high.

Joel asked Assemblymember Chiu about different crime related state legislation including those that didn't pass, what was pending, what Chiu was sponsoring, what he supported and didn't support and why. Other topics included (1) the impact of Proposition 47, (2) the role of the Governor in legislation that passes or dies in the Appropriations Committee (3) sexual assault victims and the processing of DNA collections, (4) zero tolerance for crimes involving guns, (5) making sure there are enough resources for the courts and law enforcement, (6) drug dealing and safe injection and (7) his opposition to Proposition C (the additional tax against large corporations

for homeless services which passed). Assemblymember Chiu also stated that homeless counts have remained around 7000 for the last 15 years but the city has quadrupled the amount of money spent on homeless over that period of time. The city currently spends \$382 million on homeless programs or \$51,000 for each homeless person. About 65 new homeless come to SF each week, but nearly the same amount get off the homeless rolls. Assemblymember Chiu talked about conservatorship legislation that was passed to address the most severe mental health cases on the street, car break-ins and that Stop Crime SF's Court Watch is a great program to hold judges accountable. He talked about the city's \$11 billion dollar budget and about the different legislative proposals to address the housing shortages. Assemblymember Chiu answered questions from the audience and then stayed after to answer more questions.

Follow up on 9/6/2018 Arrest Made at 200 Block of Teresita at Marietta

The Ingleside Newsletter reported that on September 6, 2018 "Ingleside Officers Casey, Carew, Archilla, Sgt. Tam and Lustenberger were assigned to check on the well-being of an elderly occupant of a home on Teresita Boulevard. The officers entered the home and found the occupant was okay, but other occupants posed a potential danger to her. A son, who was on probation with a search condition, was living in a room that had narcotics, ammunition, and parts of a rifle. In another room the officers found a semiautomatic pistol and two boxes of ammunition. An additional room in the home had more ammunition, a laser sight, a digital scale, a significant amount of cash, and a large quantity of narcotics packaged for sale. The son was arrested for probation violations as well as possession of illegal weapons and other charges."

Capt. Jack Hart had personally notified the MPIC while the search of this residence was ongoing because of the size of the police presence. He stated police had received information about a possible firearm in the residence in the possession of a prohibited person. Police seized an assault rifle and handgun. The weapons were not illegal but they were illegally possessed.

We continue to monitor this case and have been in contact with the assigned Asst. District Attorney, Kara Lacy. The matter was scheduled for a prehearing conference on 10/25/2018 in Department 9 of the San Francisco Superior Court but it was continued until 12/11/2018. Typically, a prehearing conference is a brief court date. The attorneys attempt to negotiate settlement options in front of the judge. ADA Lacy stated that the defendant is still in custody. ADA Lacy conveyed an offer to the defendant that includes custody time and supervised probation.

SFPD Incident Reports: October 13, 2018 – November 13, 2018

DATE	TIME	ADDRESS	DESCRIPTION
10-15-18	14:28	Sydney\Fowler\Portola	Shoplifting
10-16-18	13:30	Sydney\Fowler\Portola	Shoplifting
10-19-18	13:00	Rockdale Dr\ Chaves	Theft from Building
10-21-18	16:26	Melrose Ave\Congo St	Domestic Violence
10-22-18	15:00	ARroyo Way\Marietta Dr	Fraud Personation
10-25-18	11:00	Woodside\O'Shaughnessy\ Portola	Burglary, Apartment House, Forcible Entry
11-2-18	18:10	Teresita Blvd\Portola	Shoplifting
11-3-18	20:00	Melrose\Stanford Heights	Domestic Violence, Violation of Restraining Order, Threats
11-7-18	7:00	Teresita Blvd\Gaviota Way	Burglary of Residence
11-7-18	12:40	Sydney\Fowler\Portola	Robbery of Chain Store
11-12-18	0:00	Molimo Dr\Dorcas Way	Theft from Locked Vehicle
11-13-18	16:20	Coventry\Hillcrest\Myra	Battery, Theft, Vandalism

How Video Cameras, Nextdoor and Glen Park Neighbors Nabbed a Package Thief

We wanted to share with you the following article from Capt. Hart and the Ingleside Station Newsletter that recently identified Glen Park Residents: Minji, John and Jeremy as the Ingleside community members of the month. The story below is a great example of the effectiveness of video cameras, the use of the Nextdoor social network and the perseverance of neighbors.

On October 22nd, 2018, a package thief with an extensive theft-related criminal history decided to visit the 2600-block of Diamond and the unit-block of Natick. Unbeknownst to the suspect, there were high-resolution cameras facing these two doorways and captured the face, clothing, and description of the suspect. Two neighbors, separated by 3 blocks (which is like a lifetime away in most neighborhoods) connected on Nextdoor and began to put the pieces together; they realized that the same suspect committed both crimes. They shared this information on Nextdoor with neighbors, and the collaboration began.

Minji activated the power of her connected neighborhood's email group, described the situation, and asked for the neighborhood to check their cameras. Jeremy, around the corner from Natick, located video footage of a suspicious vehicle seen on the block at the exact time that the crime occurred. He submitted this information to Minji who added it to the Nextdoor post. The resolution of the camera was so clear, that we were able to obtain the license plate number. John and Minji, at the urging of other neighbors, made sure that Captain Hart was "in the know," by emailing him the details from next-door and links to the camera footage.

Captain Hart then ran a computer check, which led the police to the suspect's address in the Bayview/Hunter's Point. Ingleside officers from the Ingleside Property Crimes Unit responded, located the suspect's vehicle depicted in the video, observed Minji's stolen Pokemon Pikachu Halloween costume in plain view on the back seat of the car, and arrested the driver (and suspect from the videos). During the search, Minji's additional stolen property was later located in the car. Based upon the foregoing, Captain Hart and his team obtained a search warrant. During a search of the suspect's residence, we located John's stolen property (with the Nordstrom Rack tags still attached) and the clothes that the suspect wore during the commission of these crimes.

These members of the Glen Park neighborhood represent the best of what San Francisco has to offer: collaborative, connected, empowered, and resilient neighbors who look out for each other, care deeply about their neighborhood, and then are willing to do what they can to help each other out during times of stress.

I want to take a moment and commend Minji, John and Jeremy for being amazing neighbors. You all served your families, your neighbors, your community, and your city very well.



MELINDA ATTAR

Cleaning Service
Serving the Community Since 1986

Local References Available

(415) 640-2839



Pop's Sandwich Shop

Premium Toasted Sandwiches in YOUR Neighborhood

737 PORTOLA DRIVE, SF, CA 94127



Maria Kakos Spiegel

Mont Blanc Pizzarias, Inc.

737 Portola Drive, SF, CA 94127

415-681-9501 loukoume@aol.com

Zero Waste Holiday Gift Ideas

Catherine Homsey

There's been so much going on in the world and in our lives that the holidays really snuck up on me this year. Do you feel the same?

If so, you may think you don't have time to come up with creative gift ideas. Well, don't despair, because I've done the work for you! Below is a list of zero waste and eco-friendly gifts and stocking stuffers to suit any budget or recipient.

Experiences

Experiences are the ultimate zero waste gift. You may think of sky diving or vacations when you think of giving an experience, but they don't have to be expensive! Below is a list of experience gifts ranging from low budget to extravagant.

\$

Go out for coffee, ice cream or a drink.

A hike or picnic.

Ice skating or roller skating.

Go to the movies or bowling.

Lectures – look at the calendars of your favorite organizations.

Night life events at the Exploratorium, California Academy of Sciences, DeYoung, etc.

Arcade & pizza.

Trampoline park like House of Air.

Tours – play tourist and get tickets for a double decker bus tour or a themed walking tour of SF neighborhoods.

Batting cages or driving range.

Comedy show for two.

\$\$

Classes – the possibilities are endless: gardening, dancing, martial arts, cooking, mixology, baking, foraging, music, pottery, art, welding...

Mini golf, laser tag, ziplining.

Museum visit for two.

Rock climbing.

Camping weekend.

Yoga or workout class passes.

Wine tasting.

Theater tickets for two.

Escape room tickets for two.

\$\$\$

Massage or facial.

Dinner for two.

Skydiving, sailing tour.

Opera or symphony tickets for two.

Sporting event tickets, minor league or budget seats.

Amusement park passes.

\$\$\$\$

Tickets to a major sporting event.

Concert tickets.

Hot air balloon ride.

Vacation – a week or weekend away.

Photo shoot.

Cycling tour for two.

Chef's Tasting Menu for two.



Ice skating in the Park

Homemade / Consumable / Eco-Friendly and Low Waste

These are always a hit – who doesn't love an indulgent treat? Just pay attention to packaging. Whether you make it or buy it, strive to choose sustainable and reusable packaging like glass, paper etc.

Homemade is awesome, but if you're out of time or it's just not your thing, visit a store with a good bulk bin selection and use mason jars to pack them as gifts for giving.

- Chocolate or candy, homemade or bought in bulk or paper.

[continued on page 12]

[continued from page 1-]

Zero Waste Holiday Gift Ideas

- Cookies or other baked goods.
- Spice or herb mixes.
- Loose leaf tea or coffee beans.
- Brownie mix, hot cocoa mix, cookie mix, soup mix, make it or buy it in bulk, then pack it in jars with instructions and tie with ribbon or string.
- Homemade vinegar, mustard, vanilla, jam, preserved lemons, hot sauce, caramel sauce... the possibilities are endless!
- Homemade bath salts, sugar or salt scrub, lip balm, dry shampoo, face mask mix only take minutes to make but are so luxurious.
- Bulk bin or homemade snacks like popcorn, nut mixes, roasted chickpeas, wasabi peas, salty snack mixes.
- Soy or beeswax candles.
- Stainless steel safety razor and refills.
- Handmade soap.
- Wine, beer or liquor.
- Vintage or second hand gifts in excellent condition.
- Upcycled or original art.
- Essential oils.
- Gifts made of natural materials like wood, metal, paper, leather, wool and with minimal or no packaging.

Stocking Stuffers

Here are some cute zero and low waste ideas for stocking stuffers our family enjoys.

- Phone case from Pela Case (pelacase.com), beautiful, durable, sustainable and 100% compostable. They also give to organizations that keep plastic out of the oceans.
- Oranges, mandarins, pomegranates, or another seasonal goodie.
- Pecans or walnuts.
- Silk floss is renewable and compostable. Dental Lace (dentallace.com) makes a zero waste version that comes in beautiful, refillable glass tubes.
- Bamboo toothbrushes are renewable and compostable. The ones from Brush with Bamboo come in kids and adult sizes.
- Bamboo utensil set.
- Rechargeable batteries.
- Organic cotton or bamboo socks.
- Plastic free hair ties like the natural cotton and rubber ones from Kooshoo.
- Seed packets.
- Stainless steel tea strainer, loose leaf tea.
- Chocolate.
- Wooden toys like a Jacob's ladder, carved animals.

I hope this list helps you and your loved ones find gifts you feel good about giving and receiving. Have fun, be creative and enjoy a wonderful holiday!

For more ideas, follow me on Instagram [@joyofzerowaste](https://www.instagram.com/joyofzerowaste) or visit my website at joyofzerowaste.com

BECOME AN MPIC MEMBER OR RENEW YOUR MEMBERSHIP!

ONLINE AT:

<https://miralomapark.org/join>

OR BY MAIL:

Complete this form and mail with your dues, check payable to:

MIRALOMA PARK IMPROVEMENT CLUB, 350 O'SHAUGHNESSY BLVD, SF, CA 94127. No cash, please.

MPIC does not share membership information with other parties or organizations.

☐ NEW MEMBER ☐ RENEWING MEMBER Date: _____

Name: _____

Address: _____

Phone: _____ Email: _____

Enclosed are my dues for the next 12 months (check one):

- | | | |
|---|---|--|
| <input type="checkbox"/> \$12 Senior Member | <input type="checkbox"/> \$15 Single Member | <input type="checkbox"/> \$25 Family Membership |
| <input type="checkbox"/> \$35 Supporting Member | <input type="checkbox"/> \$50 Contributing Member | <input type="checkbox"/> \$100 Sustaining Member |
| | | <input type="checkbox"/> \$ _____ Other |

☐ PLEASE SEND ME AN EMAIL REMINDER TO RENEW MY MEMBERSHIP!



GOOD TO KNOW: MIRALOMA PARK RESIDENTIAL GUIDELINES



Adopted in 1999 by the SF Planning Commission to promote preservation of our neighborhoods character by encouraging residential design that elevates and is compatible with our neighborhood setting. The Guidelines facilitate the process of permit application and code-mandated design review and could prevent costly, time-consuming Discretionary Review proceedings.

Learn more: www.miralomapark.org/neighborhood/design-guidelines

Important Numbers

EMERGENCY LAND LINE	911
EMERGENCY MOBILE PHONE	(415) 553-8090
Suicide Prevention Hotline	(415) 781-0500
Poison Control Center	(800) 222-1222
Non-Emergency Police Dispatch	(415) 553-0123
Ingleside Police Community Room	(415) 404-4000
Anonymous Tip Line - Ingleside Police	(415) 587-8984
Anonymous Narcotics Tip Line	(800) CRACKIT
Domestic Family Violence (24hrs)	(800) 799-SAFE
Animal Cruelty, Distress, Injury	(415) 554-9400
Office of Citizen Complaints Against SFPD	(415) 241-7711 https://policecomplaints.sfgov.org/
San Francisco City Services (abandoned vehicles to graffiti clean-up to Muni issues + more)	311 https://sf311.org/
PG+E Call Before You Dig	811
SF Building Dept Code Enforcement Hotline	(415) 575-6863 Planning.CodeEnforcement@sfgov.org
Norman Yee, District 7 Supervisor	(415) 554-6516 norman.yee@sfgov.org
Mayor's Office of Neighborhood Services	(415) 554-7111



MPIC Board of Directors

President	Joanie van Rijn
Vice President	Jean Perata
Recording Secretary	Reza Vagefi
Corresponding Secretary	Vacant
Treasurer	Robert Gee
Sergeant-at-arms	Vacant
Karen Breslin	Debra Estrin
Bryan Forman	Robert Gee
Daniel Homsey	Thomas O'Brien
Jean Perata	Darlene Ramlose
Todd Siemers	Reza Vagefi
Joanie van Rijn	

MPIC Directory

www.miralomapark.org

General Inquires for MPIC	(415) 281-0892
Clubhouse Manager + Rentals	(415) 281-0892
Webmaster: Ron Proctor	(415) 281-0892
Miraloma Elementary School	(415) 469-4734
Miraloma Co-op Nursery School	(415) 585-6789
Miraloma Playground	(415) 337-4704

Miraloma Life Staff

Contact: miralomapark@gmail.com
(415) 281-0892

Editor	Robert Gee
Advertising	Daniel Homsey
Graphics/Layout	Sarah Mergy

Article Submission Policy:

Email submissions to: miralomapark@gmail.com with **Miraloma Life** in the subject line. Articles submitted must be 800 words or less in length and should not be selling or promoting a product or service. Anonymous submissions will not be considered for publication.

Deadline for submissions is December 15, 2018

Submitted articles become the property of MPIC.