

MIRALOMA LIFE

September 2019 - Issue 1

Upcoming Events

5 SEPTEMBER

MPIC Board Meeting*
7:00 pm - MPIC Clubhouse

26 OCTOBER

MPIC Family Movie Event: Night at the Museum
Afternoon TBD - MPIC Clubhouse

TUES, WED, THURS

MP Community Connectors Seniors
10:30 am and other events
see page 6 for details.

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Thank you and photos

President's Message - Accomplishments Part I

Meet your new Block Captains!

Watch the Hawk Migration in Miraloma Park or Marin!

What the PSPS?

Burglary at 400 Block Marietta - Arrests Made



Up On The Roof

MPIC

Up on the Roof! was a great success. The Paul Clanon and Todd Siemers Quartet's music was terrific; the food delicious and drinks enjoyable. About 50 people attended the June 21 event, visiting with one another and meeting new neighbors. What a relaxing way to spend a Friday evening!

Up on the Roof! was a fund raiser for the MPIC Clubhouse Building Fund. Canyon Market in Glen Park was an event Sponsor and several neighbors generously made donations to the Building Fund. Ticket sales more than covered the event's expenses. Profit from the fund raiser totaled \$2,308.82 and was deposited in the MPIC Clubhouse Building Fund.



UP ON THE ROOF!

FUNDRAISER FOR THE MPIC CLUBHOUSE

**MIRALOMA PARK
IMPROVEMENT CLUB**

**THANK YOU
SPONSOR!**

**THE ARROYO (\$250)
CANYON MARKET
GLEN PARK**

*MPIC also thanks our neighbors
who attended Up on the Roof! and
made generous donations to the
MPIC Clubhouse Building Fund.*



President's Message: Accomplishments Part 1

Joan van Rijn

Each year we hear the President of the United States give the State of the Union. The Governor gives the State of the State. I think it appropriate for me to give the State of Miraloma Park Improvement Club (MPIC). I took office in June of 2018 along with 7 new Board members. Our previous President, Bill Kan left me with some sobering advice. MPIC must be sustainable. This advice has been at the forefront of my mission. Here are a few of the highlights of the past year:

Financial

We submitted our application to the IRS for 501(c)(3) status. By the time this issue is printed we may have received our approval from the IRS. Robert Gee, MPIC Board member and Treasurer has worked assiduously to get this done. A 501(c)(3) allows us to apply for grants, and receive donations, as a tax write off, from our generous neighbors. Miralomapark.org has a new financial page. Go there to see more details about our revenues and expenses.

MPIC hosted its first fund-raiser in many years, "Up on the Roof". Jean Perata, MPIC Vice-President and Todd Siemers, Board Member shepherded this from concept to fun party. The evening was a great success and we were able to raise \$2,308.82. This was deposited into our Capital Improvement Fund. We also received many generous donations from neighbors who answered our call for help. Advertising in the Miraloma Life newsletter, with a circulation of over 2,200 copies, helps defray our printing costs. Advertising revenue has increased 276% this year, from \$1000 in January to \$4000 in June. The clubhouse is being rented more frequently with the leadership of Mia Waller our clubhouse manager. Grace Community Church is our newest long-term renter. We welcome them and their community.

Neighborhood Programs

Miraloma Park continues to have an active **NERT program**. Joanie van Rijn, our NERT Coordinator won the best NERT Award from the Neighborhood Empowerment Network. We also have applied for and, with your votes, have won two grants of \$25,000 each to purchase our earthquake emergency supplies.

Photos from Up on the Roof!: (images on the left, from the top) MPIC President Joan van Rijn and SF Supervisor Norman Yee; Neighbors enjoying the party and dancing the night away.

Community Connectors is actively growing and has 100 Seniors participating. Darlene Ramlose, a MPIC Board member and CC Coordinator, along with Barbara Wheeler is there Tuesdays, Wednesdays, and Thursdays with at least 30 MP Seniors exercising and enjoying interesting programs.

Miraloma Park is the first neighborhood in the city to have a Block Champion Program. Daniel Homsey, Board Member, and the Director of the Neighborhood Empowerment Network of SF, along with Robert Gee and Guido van Rijn have created a model program to help support neighbors in times of emergency. They applied for and won, with your votes, a \$18,000 grant through Participatory Budgeting to purchase the needed emergency equipment to staff 32 block support centers. There are 32 trained Block Champions in Miraloma Park. I hope you have one on your block.

On **October 26th MPIC will host its first family movie event** at the clubhouse. Details will be in the October Miraloma Life. Hope to see many families and their children at this fun Halloween event.

Membership

One source of MPIC's revenue is membership dues. A club is made up of members and **our club has increased its membership by 49%** in the past 5 months. We currently have 624 members. Thank you if you have renewed or joined. This is a big project and Thomas O'Brien is at the helm of this committee. MPIC is actively engaging families to join. They will be our future!

To join go to miralomapark.org and click on JOIN.

In the October newsletter, I'll talk about Safety, Zoning and Planning and Clubhouse highlights of the past year.

The MPIC Board continues to work hard to find ways to improve the quality of life in the neighborhood. I am especially proud of all the projects and improvements that have been made this year. Our Miraloma Life has had a make-over with Sarah Mergy's creative eye and excellent designs. Our website miralomapark.org is being used by neighbors to join the club and the site keeps everyone informed. Ron Proctor, our volunteer webmaster updates our site and keeps it fresh. As you can see it takes many volunteers to accomplish all of this work. I am extremely grateful and happy to report that the State of the Club is actively thriving while meeting our goal of sustainability.



Jean Perata

Fall brings more raptors to Miraloma Park and the Bay Area. We see Red-tailed Hawks, Red-shouldered Hawks, Cooper's Hawks, Sharp-shinned Hawks and other raptors in our neighborhood. One great place to observe the hawk migration is on Hawk Hill. Hawk Hill is in the Marin Headlands of the Golden Gate National Recreation Area, just north of the Golden Gate Bridge.

Want to learn more about the raptors' migration? Attend the Golden Gate Raptor Observatory's Hawk Talk and Raptor Release. The event takes place on Hawk Hill every Saturday and Sunday during September and October; heavy fog or rain cancels. (There are no programs during the Blue Angels' air show.) The Hawk Talk begins at noon, when a GGRO volunteer speaks about hawk migration and identification, and the GGRO does. Conditions permitting, a banding volunteer will bring up a newly-banded hawk, talk about the banding program, and release the hawk in front of the crowd. It's a great way to learn about hawks and see one up close!

The Hawk Talk and Raptor Release is free! It's open to the public and no advance reservation is needed. Look for the big banner just west of the main Hawkwatch platform on the very top of Hawk Hill. It's good to arrive by 11:30am, watch hawks in the sky, stay for the talk and longer if you'd like. Parking is limited and fills fast! You can bike to Hawk Hill or take SF Muni 76X to the Marin Headlands.



*This Red-tailed Hawk visited the Miraloma Park sports field in October 2018. Note the color band on its left leg and silver band on its right. Photo by Ruth Cox. If you photograph a bird with a band on its leg, send the photograph to the U.S. Bird Banding Lab at **www.reportband.gov** and report how, when, and where the bird was seen.*

To learn more visit: <https://www.parksconservancy.org/events/hawk-hill-marin-headlands/ggro-hawk-talk-raptor-release>.

Can't make it to Hawk Hill on a weekend? You can visit Hawk Hill at any time. From mid-August until late November and every day of the week, GGRO volunteers are at Hawk Hill, counting hawks flying over the Headlands. Peak hawk activity usually occurs from mid-September to early October.

ONLINE AT:

<https://miralomapark.org/join>

OR BY MAIL:

Complete this form and mail with your dues, check payable to:

MIRALOMA PARK IMPROVEMENT CLUB, 350 O'SHAUGHNESSY BLVD, SF, CA 94127. No cash, please.
MPIC does not share membership information with other parties or organizations.

☐ NEW MEMBER ☐ RENEWING MEMBER Date: _____

Name: _____

Address:

Phone: _____ **Email:** _____

Enclosed are my dues for the next 12 months (check one):

[illegible]

☐ PLEASE SEND ME AN EMAIL REMINDER TO RENEW MY MEMBERSHIP!



Your New Miraloma Park Block Champions

MPIC

The MPIC is proud to announce that our community now has 32 new Block Champions who have recently completed all of their training. Our Block Champions will now be introducing themselves to their immediate neighbors in the near future- so please welcome them.

We are proud that our community is the first in the City to launch a Block Champion program- thanks to funding from Supervisor Yee's Participatory Budget program.

Our Block Champions are located:

Agua Way -1	Detroit St -1
Bella Vista Way -1	El Sereno Court -1
Coventry Court -2	Encline Court -2
Del Vale -2	Foerster St -4
Gaviota Way -1	Los Palomos Drive -2
Marietta Drive -2	Melrose Ave -1
Molimo Drive -1	Myra Way -1
Portola Drive -1	Rockdale Drive -1
Sequoia Way -1	Teresita Blvd -8

What's next for our Block Champions?

The Block Champions will utilize their tools, resources and trainings to assemble a team that is charged with preparing the residents on their block for a disaster as well as the capacity to activate and support their neighbors' health and well-being needs, especially the vulnerable, during times of stress. In preparation for any stressful event, Block Champions will be:

- Creating ways for neighbors to meet each other and build connections. Whether it be a block party or a simple open house, creating ways for neighbors to come together to strengthen existing relationships, or create new ones, is an essential step for increasing the overall resilience.
- Inventorying who and what is on their block. Every day, our Block Champions have the opportunity to

collect valuable information about what resources are on their block and who are their neighbors. This data could be invaluable during times of stress and increase the likelihood of meeting the needs of all their neighbors when they'll need the help of Block Champions the most.

- Designing their Block Support Center and secure the supplies they will need to run it. The Block Support Center is an essential component to support the needs of the folks on their block.

After a stressful event, our Block Champions may be charged with a variety of tasks, including:

- Checking on the status of their neighbors. Regardless of a heat wave, power outage or earthquake- someone on the block may need help. The Block Champions and their teams have the opportunity to monitor neighbors' condition so they can protect their health or get the help they need to restore it.
- Assemble their team and activate the Block Support Center.
- Create a plan on how the team will help those in need.
- Set up aid stations to meet their neighbors' needs. This could include Care and Shelter, First Aid, Feeding and Comfort. During a serious event, especially if utilities are off, people may need help with the basics.

K

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MIRALOMA PARK COMMUNITY CONNECTORS SENIOR PROGRAM

We're changing strangers into neighbors and neighbors into friends.
All Miraloma neighbors over 60 are invited to join us for strength, flexibility and balance exercises.

**Always Active Exercise Every Tuesday,
Wednesday and Thursday**

10:30 am to 11:30 am

**Tue & Thur at Cornerstone Church
Wed at MPIC Clubhouse**

For more information contact:
Darlene Ramlose, Miraloma Community Connector
darlene@sfcommunityliving.org or
714-423-8844.

Visit us on our Facebook page:
Miraloma Park Community Connectors.

**WE ARE CHANGING
STRANGERS INTO NEIGHBORS
& NEIGHBORS INTO FRIENDS**

Miraloma Community Connectors Upcoming Events

Darlene Ramlose

These programs are offered in addition to the Always Active Exercise Classes. All events will be held at Cornerstone Trinity Baptist Church located at 480 Teresita Boulevard. Come join us as these wonderful events!

September 5 & 12: 11:30am - 1:00pm

Aging in Style

A fashion workshop to explore your personal style:
Session 1 - Concept and Self Awareness
Session 2 - Colors, Pattern, Resources

September 19: 11:30am - 2:00pm

Refresher - Senior Preparedness

This class is a refresher course for our Seniors- Preparedness, Fire Safety, CPR, First Aid.

September 26: 11:30am - 1:00pm

Social Security Administration

So you have questions about your SSA benefits? Get your answers here. Learn about the programs Social Security administrators, online services, iSSNRC, financial planning tools, and the benefits of creating a My Social Security account and SCAMS.

October 3: 11:40am at 36 Teresita bus shelter, Mt. Davidson- at the end of Myra Way

Mt. Davidson walk with Jacquie Proctor

Explore the inspired history of San Francisco's highest hill on this stroll through a 38-acre nature preserve to the amazing view and gigantic monument at its 938 ft high summit. Steep trails which can be windy and muddy Wear a jacket and sturdy shoes. No restrooms available.

October 17: 11:30am

SPCA - SIDO Program

The San Francisco SPCA (Society for the Prevention of Cruelty to Animals) Sido Program offers an innovative way to plan now for your pets' future, so they will be cared for should they outlive their owners. Many people don't have a trusted, willing friend or relative to appoint as guardian for their pet. they worry about what will happen to their pet when they pass away. enrolling your pet in the Sido Program provides peace of mind about the fate of your pet.

The Community Connectors program originated as a result of Participatory Budgeting Grant.

Photos from the Community Connectors Events in July and August: (images on the right, from the top) Bingo; Gardening for Wellness; and the Youth Concert.



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MIRALOMA HOME REPORT

ACTIVE				SOLD			
465 Myra	3/2.5	\$1.975 M		479 Los Pamos	2/2.5	\$1.267 M	
				88 Los Pamos	3/2	\$1.450 M	
PENDING				222 Juanita	2/2	\$1.5 M	
232 Evelyn	3/1	\$1.048 M		128 Juanita	3/2	\$1.525	
79 Los Pamos	5/3	\$1.499 M		234 Molimo	4/2	\$1.6 M	
300 Molimo	4/5.5	\$2.999 M		672 Teresita	2/1.5	\$1.605 M	
				514 Molimo	3/2.5	\$1.725 M	
				107 Marietta	4/3.5	\$2.850 M	



JOB OPENING Miraloma Elementary LUNCH TIME MONITOR

The job is 2-hours/day from 11 am-1 pm
supporting and supervising students during
3 different recess-lunch blocks.

**If you are interested please email
Noah Ingber:
principal@miralomasf.com**

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Announcement of MPIC Election Results

On June 21st, MPIC held its annual Board elections. The following board members were duly elected for two year terms (2019-2021):

- Karen Breslin
- Blake Engel
- Debra Estrin
- Bryan Forman
- Daniel Homsey
- Stephanie Boudreau Ma
- Thomas O'Brien
- Todd Siemers

Stephanie Boudreau Ma was also elected to serve as our new Recording Secretary.

What the PSPS?

Guido van Rijn

Most of us have heard of PG&E's new Public Safety Power Shutdown (PSPS) program. No issue for us, right? WRONG!!! Turns out that the electrical transmission lines that feed the San Francisco power grid run right through the heart of the high heat and powerful



wind zones characteristic of summer and fall in Northern and Central California. It could be balmy in San Francisco at the same time that hazardous temperature and wind conditions exist along the path of transmission lines that feed our city. If PG&E orders a power grid shut down it could very well affect us. All electrical equipment will be shut down including elevators, gas stations, stop lights, refrigeration in stores and, of course, our own homes. We will go VERY dark. Two serious concerns include adequate lighting and refrigeration. Lanterns and flashlights are an absolute necessity. Refrigerator and freezer doors must be kept closed. Even then, the Center for Disease Control (CDC) says that some foods are subject to contamination after only a four-hour duration of an electrical shut down. One other major concern is for those neighbors that rely on medical equipment requiring power.

We will be given, at most, 24 hours' notice prior to an electrical grid shutdown. Hazardous conditions may last a day or two. However, it will take an additional 24 hours for PG&E to confirm that the transmission lines have not been damaged. Various means of communicating to the public are still being worked out by the San Francisco Department of Emergency Management but is likely to include Nextdoor, radio, television and the **SF Alert system. To sign up, TEXT YOUR ZIP CODE TO 888-777.**

Miraloma Park has a large vulnerable population, some of whom are elderly and and/or disabled. This population, as well as others, may not be well connected to electronic media and may be caught, unawares, in an extensive blackout for several days. Our role as a good neighbor could be activated sooner than we think.

The above information was provided in a workshop conducted by the San Francisco Department of Emergency Management.

We are all in this together.



YOUR MPIC PHONE NUMBER HAS CHANGED

Our new phone number is
(415) 322-0211

We will keep our old phone number
until 10.31.2019

Cassandra Mettling-Davis, Architect
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www.gracechurchsf.org

Burglary at the 400 Block of Marietta Drive Arrests Made!

MPIC Safety Committee

On the afternoon of July 7, three people burglarized a house on the 400 block of Marietta Drive. The house has been under renovation and not been lived in for twelve years. From the street, it was easy to see that the house was unoccupied plus the back fence had fallen down, giving easy access to the house from behind.

Fortunately, an alert neighbor spotted three people in the backyard and called the police. Eight officers from Ingleside Station responded. When they arrived, a Mercedes sedan and a Ford van were speeding away. Several officers chased the van which, at one point during the pursuit, attempted to ram the officer's patrol car. The officers, concerned about public safety, called off the chase. The van was eventually found, abandoned, at Teresita and Marietta. The Mercedes was also found unoccupied. Frank and Anthony Fardella and Ashley Crowder were arrested nearby. Inside the Mercedes was a firearm, burglary tools, narcotics and narcotics paraphernalia, along with several items stolen from the burglarized home.

All three were arrested and booked on a variety of felonies. At the time of this writing, Anthony Fardella and Ashley Crowder remain in custody awaiting a preliminary hearing.

The MPIC has been in contact with the Asst. District Attorney prosecuting this case and has submitted a community letter of support to the DA's office expressing our concerns on the seriousness of these crimes and our request for prosecution to the fullest extent of the law. We will continue to follow the case as it makes its way through the court system.

We are deeply grateful to the alert neighbor and the officers of Ingleside Station for their swift response and arrests.

Your MPIC in Action:

Letter to Supervisor Yee re: Supervisor Mandelman's Proposed Accessory Dwelling Unit (ADU) Legislation

MPIC Zoning and Planning Committee

On July 22, 2019, the MPIC sent the following correspondence to Board of Supervisors President Norman Yee:

Dear President Yee,

I am writing regarding Supervisor Mandelman's proposed Accessory Dwelling Unit (ADU) legislation that will eliminate requirements for 311 notification of residential roof height increases to existing stories: "specified alterations to nonconforming structures for the purpose of creating habitable space or an Accessory Dwelling Unit are not subject to Section 311 review requirements if the specified requirements are met..."

Please read the full version of this letter which is available online at: **www.miralomapark.org**

Thanks to community letters and emails, Board of Supervisors President Norman Yee offered the amendment to retain 311 neighborhood notification as is, and Supervisor Mandelman accepted this amendment. MPIC gratefully thanks President Yee and Supervisor Mandelman for their responsiveness to community expressions of concern.

Original measure as proposed: https://sfbos.org/sites/default/files/bag072319_agenda.pdf

Amendment: https://sfbos.org/sites/default/files/bag073019_minutes.pdf



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**SAVE
THE DATE**

MPIC Presents:
FAMILY MOVIE EVENT
**NIGHT AT THE
MUSEUM**

**Don't
miss it!**

When:
Saturday, October 26

Time:
Afternoon TBD

Where:
MPIC Clubhouse

**WEAR YOUR
COSTUMES!**

Want to help plan or have
questions email:
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GOOD TO KNOW: MIRALOMA PARK RESIDENTIAL GUIDELINES



The visual appeal of Miraloma Park has been a valued source of enjoyment to residents and a powerful draw for home buyers to the neighborhood. The Miraloma Park Residential Design Guidelines* aim to preserve this appeal, while also promoting quality design and preserving as much as possible, the neighborhood's architectural character.

Although residential design review is mandated under the Planning Code, Guidelines provisions themselves are advisory. Only the Planning Code regulates specific building dimensions.

Download: www.miralomapark.org/neighborhood/design-guidelines

Note: Guidelines were adopted in 1999 by the San Francisco Planning Commission for design review of Miraloma Park projects.

Important Numbers

EMERGENCY FROM A LAND LINE

911

EMERGENCY FROM A MOBILE PHONE

(415) 553-8090

Suicide Prevention Hotline

(415) 781-0500

Poison Control Center

(800) 222-1222

Non-Emergency Police Dispatch

(415) 553-0123

Ingleside Police Community Room

(415) 404-4000

Anonymous Tip Line - Ingleside Police

(415) 587-8984

Anonymous Narcotics Tip Line

(800) CRACKIT

Domestic Family Violence (24hrs)

(800) 799-SAFE

Animal Cruelty, Distress, Injury

(415) 554-9400

Office of Citizen Complaints Against SFPD

(415) 241-7711

<https://policecomplaints.sfgov.org/>

San Francisco City Services

311

(abandoned vehicles to graffiti clean-up to Muni issues + more)

<https://sf311.org/>

PG+E Call Before You Dig

811

SF Building Dept Code Enforcement Hotline

(415) 575-6863

Planning.CodeEnforcement@sfgov.org

Norman Yee, District 7 Supervisor

(415) 554-6516

President, Board of Supervisors

norman.yee@sfgov.org

Mayor's Office of Neighborhood Services

(415) 554-7111



MPIC Board of Directors

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Darlene Ramlose	Todd Siemers
Stephanie Boudreau Ma	Joanie van Rijn

MPIC Directory

www.miralomapark.org

General Inquires for MPIC	(415) 322-0211
Clubhouse Manager + Rentals	(415) 322-0211
Webmaster: Ron Proctor	(415) 322-0211
Miraloma Elementary School	(415) 469-4734
Miraloma Co-op Nursery School	(415) 585-6789
Miraloma Playground	(415) 337-4704

Miraloma Life Staff

Contact: miralomapark@gmail.com
(415) 322-0211

Editor	Robert Gee
Advertising	Robert Gee
Graphics/Layout	Sarah Mergy

Article Submission Policy:

Email submissions to: miralomapark@gmail.com
with **Miraloma Life** in the subject line.

Articles submitted must be 800 words or less in length and should not be selling or promoting a product or service. Anonymous submissions will not be considered for publication.

Deadline for submissions is Sept 12, 2019

Submitted articles become the property of MPIC.