

MIRALOMA LIFE

November 2019 - Issue 3

Upcoming Events

11 NOVEMBER

MPIC Board Meeting*
7:00 pm - MPIC Clubhouse

5 DECEMBER

MPIC Board Meeting*
7:00 pm - MPIC Clubhouse

8 DECEMBER

MPIC Holiday Party & Bake-Off Competition
5-8:00 pm - MPIC Clubhouse

TUES, WED, THURS

MP Community Connectors Seniors
10:30 am and other events
see page 6 for details.

*Members wishing to address the the Board should call (415) 281-0892 to request placement on the agenda



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Letter to Supervisor Yee

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Get Involved! Participatory Budgeting 2019-2020

Dine & Meet New Friends at 30th Street Senior Center

Neighbors Gather for Dinner

Catherine Homsey

On a beautiful fall evening, Miraloma neighbors came together for a communal dinner. Adults, kids and teens all sat at a long table and shared a meal while getting to know each other better. Most were already acquainted, but for a few, it was a chance to meet new people on their street.

Rolyn Parker relayed the inspiration behind the gathering, "I read an article about neighbors in Mission Terrace having a community dinner in the alley behind their houses and I thought, why couldn't we do this in Miraloma?"

So Rolyn asked a few friends on the block to participate and everyone loved the idea. We created a spreadsheet to allow people to share what they could contribute. Would we have enough tables and chairs? It turned out that once we pooled everyone's supplies, there was plenty.

Some brought tables, chairs or tablecloths; someone brought over little succulent cuttings to decorate the tables. One brought mason jars with plant clippings and another brought mini pumpkins. At 5:00 p.m., people started walking over to the large sidewalk area on Bella Vista Way and sat down to eat.

[continued on page 4]



350 O'Shaughnessy Boulevard • San Francisco, California 94127

Telephone: (415) 281-0892

Miraloma Park Improvement Club

August 31, 2019

Norman Yee, President
Board of Supervisors
City Hall, Room 200
1 Dr. Carlton B. Goodlett Place
San Francisco, CA 94102

Dear President Yee,

On behalf of the Miraloma Park Improvement Club, I am writing to you regarding the current process of City Planning design review of residential expansion projects in Miraloma Park.

The Planning Department's *Residential Design Guidelines* aim to "articulate expectations regarding the character of the built environment and...promote design that will protect neighborhood character, enhancing the attractiveness and quality of life in the City" (*San Francisco Planning Department Residential Design Guidelines*, P.3; <https://sfplanning.org/resource/residential-design-guidelines>). To facilitate the process of design review by focusing on architectural features specific to Miraloma Park, in collaboration with Planning Department staff, the MPIC developed residential design guidelines specific to our neighborhood. The *Miraloma Park Residential Design Guidelines* were adopted by the San Francisco Planning Commission in 1999 (<https://miralomapark.org/neighborhood/design-guidelines>).

It is now our understanding that City Planning Planners no longer consistently apply the *Miraloma Park Residential Design Guidelines* in design review of Miraloma Park home expansion projects. We also receive reports that application of the City-wide *Residential Design Guidelines* is inconsistent.

We see this problem as one of "good government" involving neglect of a legally mandated process. We also understand that Planners are faced with their own challenges, added to which application of residential design guidelines may be burdensome. We have tried without success to resolve this problem through normal channels with Planning. So, I am asking that you meet with me and members of the MPIC Zoning and Planning Committee to discuss ways of remediating this problem. Certainly, identifying and trying to alleviate some of the challenges faced by planners in the design review process should be included on our agenda. I or a Committee member will contact you in the next few days to work on scheduling. Many thanks for your help.

Very best regards,

Joan van Rijn
President



Mayor London Breed speaks at the MPIC

President's Message: More Accomplishments

Joanie van Rijn

November is when we take time to visit families, have a dinner together, and express gratitude for our many blessings. The Miraloma Park Improvement Club is very thankful for all of its Board members who work to keep our club sustainable and bring programs to our residents. Todd Siemers has been repairing and painting our stairs at the clubhouse, Thomas O'Brien and Stephanie Boudreau Ma brought the family movie to the Club, Robert Gee continues to work with the IRS to obtain our 501 (c) (3) status, and Todd Siemers, Thomas O' Brien and Daniel Homsey are planning the 2019 MPIC Holiday Party. I am so happy to welcome our new emergency radio operators: Kevin Caravello, Peter Renteria, Anne Kearney, Greg Gadwood, Mike Naughton, and Peter Young. We live in an amazing neighborhood with many giving residents who want Miraloma Park to be the best place to live in San Francisco.

Mayor's Breed's Visit

In October, Mayor London Breed visited and shared her thoughts and ideas with our residents. It was a wonderful

opportunity to meet her and hear how she plans to keep our city safe and our quality of life improving. Thank you to all the residents who were there to welcome Mayor Breed.

Family Movie

Our first family film night was a success. Our new sound system, screen, and air-popcorn machine were all used, and it was a very fun afternoon. Stay tuned, we may have more family films!

Participatory Budgeting for 2019-2020

I am pleased to announce that Guido van Rijn is the new Miraloma Park representative to the Neighborhood Council for Supervisor Yee's Participatory Budgeting program 2019-2020. This is the final year of this process, with Supervisor Yee due to his term out of office. So please think about what projects would serve our neighborhood.

For more information about how you can get involved with Participatory Budgeting please read Guido van Rijn's article in this issue.



[continued from cover]

Neighbors Gather for Dinner

To keep it simple and low waste, everyone brought their own plates, napkins, utensils, and cups. Also, people brought their own food and drink to share with their families. Everyone packed out their own supplies and food—no compost or recycling bins or clean-up crews needed.

The one shared item was a tasty marinara sauce, which three families volunteered to make. Despite starting with the same recipe, it was interesting to find that each sauce had its own unique flavor depending on who made it. Neighbors were asked to bring one item to put the sauce on. People brought pasta, zoodles, vegetables, or whatever they wanted. “That was the nice thing about not doing this as a potluck. I didn’t feel committed to a specific dish. It was much more relaxed to be able to change the menu based on what I had in the house,” said Natalie Zeponi.

As the sun started to go down, a gorgeous sunset lit up the sky. Friends and neighbors laughed, ate, and drank together in San Francisco’s warm fall weather, appreciative of the wonderful community we live in. By 7:30 p.m. it was getting dark and the sidewalk was empty again. But the neighbors all agreed to make it an annual event and meet again on the same weekend next October to share a community meal.



Neighborhood Dinner - Keeping it Zero Waste

If you’re interested in doing something like this on your street, it’s easy and a fun way to build community. Below are some things we felt worked well.

Keep it simple

As long as you have the basics—a location, tables, chairs, and people—let the rest happen organically. If people have tablecloths, great! If someone wants to decorate the tables, wonderful! But don’t feel like these things must happen to have a successful dinner. To avoid having to coordinate dates in the future, we decided the event will be on the same Sunday every year.

Organize

Recruit a group of neighbors to organize the event. We created a shared spreadsheet to track how many tables, chairs and tablecloths we had, as well as who would make the marinara sauce. The spreadsheet also had space for people to sign up to decorate the tables, but we made it clear this was optional. We wanted to keep the dinner smaller, because it was our first time doing it. Because it was a success, we intend to invite more people from the block next year.

The Sauce

Makes 10-12 servings

We used the same recipe for the sauce as the Mission Terrace neighbors used. As I mentioned, each of us made a unique version, so feel free to make it your own. Here it is:

- 30 oz; fire roasted tomatoes, crushed and/or diced
 - 1 large yellow onion, diced
 - 5 cloves of garlic, minced
 - 1 cup red wine
 - 1 tbsp fennel seeds
 - 1 tbsp dried oregano
 - 2 tbsp fresh oregano
 - 1 tsp red chili flakes
 - 2 tsp fresh ground pepper
 - 1 bunch basil, chopped
 - ¼ cup extra virgin olive oil
 - Salt to taste
1. Sauté the onion and garlic with some olive oil in a heavy bottomed pot over low heat until translucent. Season with salt, pepper, fennel seeds, dried oregano and chili flakes and sauté for a minute more.
 2. When the onions are translucent, add the red wine and reduce (keep cooking) until almost dry. Add the tomatoes simmer, cooking for at least 20 minutes, stirring occasionally.
 3. Taste for seasoning as you go. If you feel the tomatoes are too acidic, add a teaspoon of sugar. Stir in the fresh basil, oregano, and olive oil just before serving.

Most importantly, have fun with your neighbors!



NEED HELP

In the event of an earthquake or other disaster place this NEED HELP sign in a prominent location such as a street facing window. A NERT team will come by as soon as possible to offer you assistance. Store this sign along with two Band-Aids in a location where you can easily find it. Band-Aids are perfect for taping the NEED HELP sign to a window.

Each year residents are asked to put the HELP/OK sign into their window to commemorate the "big quake of 1989". This year Anne Kearney of Encline Court, a Block Champion, took the extra step and distributed the signs to her neighbors. Encline Court had 20 homes with signs posted!

Anne, great job! Thanks for reaching out to your neighbors to make sure they are safe.



OK

In the event of an earthquake or other disaster place this card in a prominent location such as a window. It is important that NERT and other first responder teams will know you and your family are OK so they can assist other residents. Store this sign along with two Band-Aids in a location where you can easily find it. Band-Aids are perfect for taping the OK sign to a window.

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1031 Portola	2/1	\$1.295 M	31 El Sereno	2/1	\$1.525 M
450 Los Palmos	3/2	\$1.295 M	805 Foerester	3/2	\$1.56 M
844 Foerster	3/2	\$1.398 M	958 Teresita	3/2	\$1.65 M
465 Myra	3/2.5	\$1.795 M	79 Los Palmos	5/3	\$1.74 M
PENDING			CANCELLED LISTING		
687 Teresita	2/1	\$1.198 M	465 Myra	3/2.5	\$1.849 M
332 Teresita	2/1	\$1.295 M	459 Marietta	4/3	\$1.9 M

BECOME AN MPIC MEMBER OR RENEW YOUR MEMBERSHIP!

ONLINE AT:

<https://miralomapark.org/join>

OR BY MAIL:

Complete this form and mail with your dues, check payable to:

MIRALOMA PARK IMPROVEMENT CLUB, 350 O'SHAUGHNESSY BLVD, SF, CA 94127. No cash, please.

MPIC does not share membership information with other parties or organizations.

NEW MEMBER RENEWING MEMBER Date: _____

Name: _____

Address: _____

Phone: _____ Email: _____

Enclosed are my dues for the next 12 months (check one):

- \$12 Senior Member
 \$15 Single Member
 \$25 Family Membership
 \$35 Supporting Member
 \$50 Contributing Member
 \$100 Sustaining Member
 \$ _____ Other

PLEASE SEND ME AN EMAIL REMINDER TO RENEW MY MEMBERSHIP!

Miraloma Community Connectors Upcoming Events

Darlene Ramlose

These programs are offered in addition to the Always Active Exercise Classes. All events will be held at Cornerstone Trinity Baptist Church located at 480 Teresita Boulevard. Come join us as these wonderful events!

**November 7: 11:30 am
CPR/AED Certification (\$40 fee)**

**November 14: 11:30 am
Fun Day**

**December 12: 11:30 am
Cookie Exchange and Holiday Party**

The Community Connectors program originated as a result of Participatory Budgeting Grant.



MIRALOMA PARK COMMUNITY CONNECTORS SENIOR PROGRAM

We're changing strangers into neighbors and neighbors into friends. All Miraloma neighbors over 60 are invited to join us for strength, flexibility and balance exercises.

**Always Active Exercise Every Tuesday,
Wednesday and Thursday**

10:30 am to 11:30 am

**Tue & Thur at Cornerstone Church
Wed at MPIC Clubhouse**

For more information contact:
Darlene Ramlose, Miraloma Community Connector
darlene@sfcommunityliving.org or
714-423-8844.

Visit us on our Facebook page:
Miraloma Park Community Connectors.

**WE ARE CHANGING
STRANGERS INTO NEIGHBORS
& NEIGHBORS INTO FRIENDS**

ALL MIRALOMA PARK RESIDENTS ARE INVITED!

Miraloma Park Improvement Club's
Twenty-Seventh Annual

Holiday Party
and
Dessert Bake-off

LIVE MUSIC • BOSWICK THE CLOWN • GINGERBREAD HOUSE STATION
MAIN COURSES PROVIDED BY MPIC • ADULT/CHILD BEVERAGE STATIONS

8 DEC
2019

5:00 PM - 8:00 PM

MPIC CLUBHOUSE

350 O'SHAUGHNESSY BLVD @ DEL VALE

Free admission with a dessert that serves 6. \$10 for guests not bringing a dessert.
Free admission for children 7 and under.

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GET INVOLVED! Participatory Budgeting 2019 – 2020

Guido van Rijn

Look at what has been accomplished over the last cycle of Norman Yee's Participatory Budgeting Program. All have been funded and are in the process of being delivered.



VISION ZERO



PATHWAYS FOR MPIC



SHELTER & CARE



HOP, SKIP & PLAY

These projects represent \$125,000 worth of grants. Projects from previous years have included speed bumps and other traffic calming initiatives, street lighting, and disaster preparedness training and supplies.

Do you and your Miraloma Park community have a project that you have been thinking about? Could a

*Do you and your
Miraloma Park
community have a
project that you have
been thinking about?*

\$25,000 Participatory Budget grant help you attain that goal? The Participatory Budget application will be available soon. Supervisor Yee terms out in 2020: it is likely that the Participatory

Budget Program will come to an end UNLESS we vote for a supervisor candidate that will continue the practice.

For up to the minute information concerning the details of the application process please contact me at guidovanrijn1975@gmail.com.

Applications will be due in early January



YOUR MPIC PHONE NUMBER HAS CHANGED

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(415) 322-0211



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Dine and Meet New Friends at the 30th Street Dining Room

This is a space where seniors meet, socialize, and make new friends – a particularly beneficial aspect of a program for seniors who live alone. Located on the first floor of the 30th Street Senior Center, the dining room offers a nutritious midday meal to seniors in the community.

There is a Nutrition Site Coordinator on staff and many volunteers who help serve the meals, most of whom are seniors from the 30th Street Senior Center.

Seniors from Miraloma Park can get to this Senior Center by taking the local #36 bus towards Monterey Blvd. The bus stops at Chenery and 30th Street. Walk around the corner, and you are there.

Nutrition for Older Adults

The registered dietitian creates meals with the nutrition needs of the older adult in mind. All meals are low in fat and include a variety of fruits and vegetables, in accordance with USDA nutrition guidelines. Meals are made from scratch and reflect a variety of food traditions, including Latin American, Asian, and standard American cuisine.

There are two seatings each day, Monday through Saturday, one at 12:00 noon and another at 1:00 PM. The 30th Street Senior Center dining room is open on all holidays.

This congregate meal program is supported by funds from federal, state, and local government, and by voluntary contributions from participants. Any contribution to the meal program will be much appreciated, but regardless of contribution, services will not be denied.

Meal tickets are available at the 30th Street Senior Center, 3rd floor. To be eligible for this program, seniors must be 60 or older and living independently.

For more information about the Congregate Meals Program call 415-550-2226.

MPIC Safety Committee Report

Selected SFPD Incident Reports August - September 2019

Crime stats extracted from the SFPD database which is more accurate than the Crimemapping.com website.

DATE	TIME	ADDRESS	DESCRIPTION
8.15.2019	1:00	PORTOLA DR\ EVELYN WAY	Stolen Vehicle
8.20.2019	16:00	STANFORD HEIGHTS AVE\ LOS PALMOS DR	Theft from Locked Vehicle \$200-\$950
8.21.2019	1:00	MELROSE AVE\ DETROIT ST	Theft, From Locked Vehicle, >\$950
9.5.2019	14:52	SYDNEY WAY\ FOWLER AVE\ PORTOLA DR	Theft, From Locked Vehicle, >\$950
9.10.2019	11:20	400 BLOCK - MARIETTA DR	Robbery with Force; Burglary, Hot Prowl, Forcible Entry; False Imprisonment. Officers met with a victim who told them the following: the victim was home alone when he heard footsteps inside his house. The victim went to investigate and was confronted by two male suspects. The victim was pushed by one suspect causing him to fall and strike his face on a wooden deck, suffering a laceration to his left eye. Both suspects were kind enough to allow the victim to retrieve a towel to hold pressure to his wound. One suspect held the victim at bay for approximately 15 minutes, as the other suspect looked for goods to steal. The suspects stole cash, electronics and the victim's wallet. Both suspects then fled the home through the front door in an unknown direction. The victim was not seriously injured. The MPIC has contacted Capt. Hart for more information.
9.14.2019	9:50	SYDNEY WAY\ FOWLER AVE\ PORTOLA DR	Theft, From Locked Vehicle, >\$950
9.15.2019	24:00	JUANITA WAY\ DEL SUR AVE	Theft, From Locked Vehicle, >\$950
9.18.2019	17:00	JUANITA WAY\ DEL SUR AVE	Burglary, Flat Under Construction, Forcible Entry
9.19.2019	12:47	TERESITA BLVD\ FOERSTER ST	Theft, From Locked Vehicle, Att.
9.28.2019	12:30	TERESITA BLVD\ BELLA VISTA WAY	Battery, Assault, non-aggravated, attempted stabbing between construction workers



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GOOD TO KNOW: MIRALOMA PARK RESIDENTIAL GUIDELINES



The visual appeal of Miraloma Park has been a valued source of enjoyment to residents and a powerful draw for home buyers to the neighborhood. The Miraloma Park Residential Design Guidelines* aim to preserve this appeal, while also promoting quality design and preserving as much as possible, the neighborhood's architectural character.

Although residential design review is mandated under the Planning Code, Guidelines provisions themselves are advisory. Only the Planning Code regulates specific building dimensions.

Download: www.miralomapark.org/neighborhood/design-guidelines

Note: Guidelines were adopted in 1999 by the San Francisco Planning Commission for design review of Miraloma Park projects.

MPIC Directory

www.miralomapark.org

General Inquires for MPIC	(415) 322-0211
Clubhouse Manager + Rentals	(415) 322-0211
Webmaster: Ron Proctor	(415) 322-0211
Miraloma Elementary School	(415) 469-4734
Miraloma Co-op Nursery School	(415) 585-6789
Miraloma Playground	(415) 337-4704

Important Numbers

EMERGENCY FROM A LAND LINE	911
EMERGENCY FROM A MOBILE PHONE	(415) 553-8090
Suicide Prevention Hotline	(415) 781-0500
Poison Control Center	(800) 222-1222
Non-Emergency Police Dispatch	(415) 553-0123
Ingleside Police Community Room	(415) 404-4000
Anonymous Tip Line - Ingleside Police	(415) 587-8984
Anonymous Narcotics Tip Line	(800) CRACKIT
Domestic Family Violence (24hrs)	(800) 799-SAFE
Animal Cruelty, Distress, Injury	(415) 554-9400
Office of Citizen Complaints Against SFPD	(415) 241-7711 https://policecomplaints.sfgov.org/
San Francisco City Services (abandoned vehicles to graffiti clean-up to Muni issues + more)	311 https://sf311.org/
PG+E Call Before You Dig	811
SF Building Dept Code Enforcement Hotline	(415) 575-6863 Planning.CodeEnforcement@sfgov.org
Norman Yee, District 7 Supervisor President, Board of Supervisors	(415) 554-6516 norman.yee@sfgov.org
Mayor's Office of Neighborhood Services	(415) 554-7111

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Article Submission Policy:

Email submissions to: miralomapark@gmail.com with **Miraloma Life** in the subject line.

Articles submitted must be 800 words or less in length and should not be selling or promoting a product or service. Anonymous submissions will not be considered for publication.

Deadline for submissions is November 12, 2019

Submitted articles become the property of MPIC.