www.miralomapark.org

MIRALOMA LIFE

Upcoming Events

1 APRIL MPIC Board Meeting* 7:00 pm - Virtual

6 MAY MPIC Board Meeting* 7:00 pm - Virtual

*Members wishing to attend the virtual meetings should email: mpicpresident@gmail.com for a Zoom meeting invite.

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Your neighbor Kara Maria

MEET A MIRALOMAN: KARA MARIA

AN OCCASIONAL SERIES - MPIC

It's a special neighborhood. That's what you usually hear people say around Miraloma Park. Whether people move here for the eye-popping views from bay to sea, to live in a single family home, the close access to two of best open spaces in San Francisco, or perhaps a highly rated elementary school, most Miralomans stay for a very long time. I spoke with artist Kara Maria, one such resident. Here's what she had to say:

Q. Are you a San Francisco native? If not, where did you come from and how did you get here?

A. I've lived in Miraloma Park since 2001. I was born and raised in Binghamton, NY, and moved to the Bay Area to finish my undergraduate degree at UC Berkeley.

Q. What was it about Miraloma Park that made you decide to locate here?

A. The tranquility and natural beauty of the area attracted us here.

Q. What do you like best about Miraloma Park? Do you have a favorite season?

A. I love to hike on Mt. Davidson. It feels like such a luxury to have hiking trails in the middle of the city. Usually, my favorite season is the one we are in at the moment.

[continued from cover] Meet A Miraloman ...

Q. What are you working on that you would be excited for other people to know about?

A. I make paintings that are abstract, and colorful, but also include images of endangered animals. I am currently finishing work for an upcoming solo exhibition this spring: Regarding Extinction at the Anglim/Trimble Gallery here in the city.

Q. What are your outside interests?

A. I like to read. My recent artwork was inspired by the 2014 book The Sixth Extinction by Elizabeth Kolbert. I just finished Peter Brannen's 2017 book The Ends of the World. Both examine the issue of mass extinction events of the past, the probability that we are in the midst of a human-induced extinction event now, and the implications of that for the future.

Q. If you see a puddle, would you walk over it, around it, or jump in?

A. That would depend on how large that puddle was, and what I was wearing on my feet.

--Kara Maria is a local artist. One of her recent projects is a large mural featuring an endangered vaquita porpoise at 1330 Polk Street; this mural was sponsored by the San Francisco Arts Commission's StreetSmARTS program. Her work can be seen at: <u>https://karamaria.com/</u>

> Kara Maria at work on a mural, (below) Sea Turtle detail of an acrylic painting on canvas entitled Kaleidoscope Eyes





BECOME	NEW MEMBER RENEWING MEMBER Date:
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MEMBER	Phone: Email:
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PRESIDENT'S MESSAGE

Darlene Ramlose

Hello Miraloma Neighbors...

It's hard to believe it's spring again, and we have made it through this trying time, and the neighborhood is moving forward in many ways.

A Big Thank You, to all who have been contributing and supporting the Miraloma Park Improvement Cub, and our newsletter Miraloma Life. We would not be able to continue to bring you Miraloma Life without the kind, thoughtful donations received from our Miraloma residents.

On behalf of MPIC, I would like to welcome all the new families that have decided to make Miraloma Park their home. We hope you will become members of MPIC, and as a member, you will receive our Newsletter and you will be able to keep up to date with what's happening in

Miraloma Park. I have spoken to several new neighbors and they are excited about getting involved. One new neighbor is interested in helping out in the various gardens around the neighborhood, and we can use the help to keep Miraloma Park gardens in great shape. If you are new to Miraloma Park, please email me at miralomapark@ gmail.com your story of what made you decide to move to the neighborhood. We look forward

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can be seen from the street.

A "big shout out" to all of our Miraloma seniors and others who have participated in the Miraloma Walks group, see the photos and article in this issue. And let's not forget, our Community Connector Friday Night Social Hour at 4:30 PM on Zoom. It has been a real hoot! Most of all, it has given us all a place to meet and better know our neighbors. I hope you will join us for Friday night fun times.

I would love to hear from our fellow seniors with your stories, and with your approval, we could share them in future issues of ML. Please feel free to email me at miralomapark@gmail.com. Please put Miraloma Life -Seniors in the subject line.

Just in case you missed it:

Have you checked out our new Instagram account? @miralomapark. Please "follow" us. We encourage you to submit your photos to miralomapark@gmail.com for

posting or tag us in your photo.

If you are a senior, please take a look at sfcommunityliving. org. The Community Living **Campaign** has much to offer our connectors - Great exercise, Healthy Aging, and Nutrition, Cooking with Lorraine, and many other enrichment programs. We are currently offering updated daily information on where/how/ when to get your COVID-19 vaccine on the website.

to getting to know all of our new neighbors. Please put Miraloma Life in the subject line.

Next, I would like to thank all the neighbors and MPIC board members who worked so hard on the "Second Saturday" clean-up event to keep our clubhouse and grounds in top shape. We couldn't do it without you! We have another "Second Saturday" coming up on April 10th, 2021.

If you would like to volunteer to help, please go to this link: http:www.signupgenius.com/go/10C0D48A9A82DA2FB6mpic If you have difficulties with the link, contact us via email at miralomapark@gmail.com, and we will get back to you.

April is our HELP/OK drill. April is the anniversary month of the 1906 earthquake. This drill helps us be more conscious of remaining safe in a possible major earthquake or other disasters. Please see the article in this issue of Miraloma Life detailing the drill. You can participate in the drill by putting the HELP/OK sign in your front window, so it Community Connectors is working toward bringing outdoor exercise to our seniors at Cornerstone Trinity Baptist Church Parking Lot. We will take all necessary precautions to keep our seniors safe as we proceed to bring back our Community Connector program. Stay tuned. For more information, please contact me at Darlene@ sfcommunityliving.org.

Once again, a big thank you to all who continue to support the club in many ways. We truly appreciate all of the neighbors who make Miraloma Park...the neighborhood we love to live in.

To all residents in Miraloma Park, it has been a pleasure and honor to serve as your MPIC President for March and April 2021. At the end of April, I will be handing the gavel to Patti Moran, our current VP, who will serve as President in May and June 2021.



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THANK YOU FOR YOUR SUPPORT!

The MPIC graciously thanks everyone who responded to our Presidents' messages about our financial ability to support the monthly Miraloma Life newsletter. So many residents have come forward to join the MPIC, renew and upgrade their memberships, and support us with additional donations. The MPIC has over 800 members now - which hasn't happened in decades! The outpouring of support has been tremendous. We are so grateful.

This month, we continue to acknowledge our generous donors and their enthusiastic support for the MPIC and the newsletter. Listed below are just some of our donors. Each month, we will continue to recognize our donors and members - and there are so many.

Special Recognition

A huge thank you again goes out this month to Clif Bar for their contribution of 500 Clif Bar and Luna Bar products for our community's disaster preparedness cache. Miraloma Park continues to have one of the strongest resiliency programs in the City!

Newsletter Donations:

Anonymous \$100: "My wife and I have been getting the newsletter for 40 years. Like you, we can't imagine life without it!...The{MPIC} organization is of great importance in promoting neighborhood feeling and it deserves the support of all of us."

Additional Donations

Daniel and Maryanne Stewart \$100: "In honor of Joanie Van Rijn for all she has done and is still doing to improve the community."

Sustaining Memberships \$100 and Higher:

Loret Love and Family: "Our family has been in Miraloma Park since 1961."

> Anonymous John Sutton Nathan and Corinne Quigley Anonymous

WHEN DISASTER STRIKES, ARE YOU OK?

MPIC



Twice a year, the Miraloma Park Improvement Club sponsors an **OK DRILL** that reminds us that unexpected emergency situations, large and small, can occur at any moment. Last Fall, we all experienced the heavy smoke and red skies that covered much of California. Many of us routinely monitored air quality as we stayed home in lockdown. In San Francisco, however, we were lucky. So many in California, including some of our family or friends, were displaced due to fire.

Throughout all this, and to this day, COVID-19 is raising havoc with our lives through lockdowns, sickness, and the death of someone close to us. 2020 was truly a difficult year! Now, in 2021, there does seem to be some light at the end of the tunnel. More and more of us are getting vaccinated. One day COVID-19 will be in the rearview mirror. There is room for hope.

However, susceptibility to disasters like the devastating earthquake of 1906 or 1989 is, as always, a real concern. At any time, the ground may SERIOUSLY shake. Power, water, and cell service may be down. City Emergency Services will be compromised. Many of us in Miraloma Park and beyond will **NEED HELP**. Already, through Resilient Miraloma and NERT, we are ready to set up a well-supplied Emergency Operations Center (EOC). Work is even underway to provide for a neighborhood feeding station. Block Champions and Emergency Radio Operators are supplied with two-way radios (over 40 in Miraloma Park) for communication with each other and, when necessary, MPIC's EOC. Monthly radio drills that include Block Champions and the Emergency Radio operations team are currently being conducted. What you can do? Ready your household with nonperishable foods and supplies, an extra supply of prescription drugs, and well stocked emergency go-bags for all household members, including pets. Please also join us in our biannual NEED HELP/OK DRILL. April marks the anniversary of the 1906 Earthquake and October marks the anniversary of the 1989 earthquake. So twice a year we place in our street-facing window the **OK** sign. In a disaster, the OK sign tells NERTs, Block Champions, and City Emergency Services that your household is **OK**. That frees them to move on to other households that may have the **NEED HELP** sign on display. You are helping all first responders to reach those who NEED HELP as quickly as possible. This year's OK DRILL will be conducted over the first three weeks of April. Can't find the OK sign? It may be downloaded at: https://miralomapark.org/wpcontent/uploads/Help-OK-Sign-1.pdf

VOTE FOR MIRALOMA PARK'S GARDEN OF THE SEASON

Thank you to those who took the time to nominate some of your favorite gardens here in Miraloma Park for Garden of the Season. Below are the 4 gardens nominated by our community members. Check them out on your walk through the neighborhood and vote for your favorite! The largest vote getter will be featured in the May Miraloma Life.

Vote at **miralomapark@gmail.com** for your favorite garden by April 12, 2021.



225 TERESITA



676 TERESITA



166 MOLIMO



19 MARIETTA

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DON'T DUCK YOUR RESPONSIBILITY -DISPOSE OF YOUR FACE MASK PROPERLY

Jean Perata

Our lives have changed so much in the last year. We've been wearing face masks to protect ourselves and others from COVID-19. Disposable face masks are everywhere – not only on faces, but also in parks, on streets, and in landfills.

Reports have been shared of wildlife tangled in the elastic straps common to most plastic, disposable masks. Before you toss that face mask, remember to cut the ear ties. The SF Department of Public Health recommends that the mask be placed in a paper bag or container. The masks should be placed in the black (trash) bin.



1.5 billion masks may have made their way into the world's oceans in 2020

The uncut ties of face masks can cause damage to wildlife. Decomposing masks threaten the health of the environment,

too. The biggest impact may be in the water, with environmental groups alarmed at the flood of used masks, latex gloves, and other protective gear finding their way into already contaminated seas and rivers. According to environmental group OceansAsia, more than 1.5 billion masks may have made their way into the world's oceans in 2020, accounting for about 4,680 to 6,200 metric tons of marine plastic pollution. <u>https://oceansasia.org/covid-19-facemasks/.</u>

When you dispose of your face mask, cut the ties and put it in a bag and in the black bin. *If you see a face mask where it doesn't belong – on the street, in a park, at the beach, in your front yard – pick it up safely, cut the ear ties and dispose of it properly.*



Miraloma Walkers on a typical Thursday outing

MEET THE MIRALOMA WALKERS

Darlene Ramlose

Miraloma Walkers have been going strong since August 2020 and are led by our Community Connector Barbara Wheeler. Our walking group has enjoyed this time to be out and about around San Francisco while staying safe, wearing masks, and social distancing. The group meets every Thursday at the Cornerstone Church parking lot and departs at 1:00 PM sharp for walks in the neighborhood. The group travels and meets at various locations around the city as well. These locations have included: the SF Botanical Gardens, Golden Gate Park, The Great Highway, The Sundial in Ingleside Terrace, Stern Grove, Pine Lake, Stow Lake, and the St. Francis Woods neighborhood. We invite you to join the group and get your walk on!

Here are some pictures from the walking group. We have our own photographer, Mr. Michael Burton. Michael lives in Miraloma Park and has been taking pictures for our Community Connector group for over 2 years. His photos are remarkable!

For more information contact: Barbara Wheeler at <u>bawheeler46@yahoo.com</u> or Darlene Ramlose at <u>Darlene@</u> <u>sfcommunityliving.org</u>



MIRALOMA PARK COMMUNITY CONNECTORS

Until we can gather back in person, we have fun, interesting educational events, exercise programs and other events for you to enjoy from home. See all your options at http://sfcommunityliving.org

We are continuing the socially distanced with masks neighborhood walks with Barbara:

Miraloma Walk the Neighborhood Thursdays at 1:00pm Meet at Cornerstone Church parking lot

Connectors Zoom Social Hour Fridays at 4:30pm

For more information contact: Darlene Ramlose, Miraloma Community Connector <u>darlene@sfcommunityliving.org</u> or (714) 423-8844.

Visit us on our Facebook page: Miraloma Park Community Connectors



MIRALOMA PARK AND THE MPIC CLUBHOUSE

A LOOK BACK 50 YEARS AGO

The builders of the Miraloma Park homes, the Meyer Brothers, built the current MPIC clubhouse in 1940 for the residents and subsequently gave the clubhouse and property to the MPIC on May 1, 1942. The San Francisco Department of Public Works graded the adjacent parking lot in exchange for permission to store equipment during construction of adjacent O'Shaughnessy Blvd. The MPIC entered into a lease with the City of San Francisco on July 23, 1943 for the adjacent parking lot and green space at \$1 a year. That lease was renewed on March 15, 1990 for the same terms and continues in effect today.

The clubhouse has provided a place for residents to meet and work together to maintain the neighborhood character of Miraloma Park, the vitality of the neighboring commercial areas, and the open space in Mount Davidson Park. The clubhouse continues to play that same role today.

- Since 1942, we have preserved, maintained, and operated the historic MPIC clubhouse and its surrounding grounds for the benefit of the community:
- To provide a center for promoting community spirit and hosting a wide variety of community service events.

We rent the clubhouse and use the funds to maintain the clubhouse, fund MPIC programs, and maintain the leased parking lot, trees, native plant garden and surrounding landscape.

If you would like to learn more about the history of the MPIC clubhouse, we encourage you to read Kathy Rawlins' June 2016 Miraloma Life article "Miraloma Park Improvement Club Origins: The Search for a Meeting Place" at <u>https://miralomapark.org/wp-content/</u> <u>uploads/2016-06-MiralomaLife.pdf</u>.

(top) Miraloma Park was taken in 1968. It's one of the earliest pictures we could find that shows the MPIC clubhouse. Notice there were no trees in the parking lot or surrounding area. (bottom left) MPIC Clubhouse 1995. (bottom right) MPIC Clubhouse today.





PLEASE JOING US FOR MPIC's SECOND SATURDAY CLUBHOUSE CLEAN UP DAY

MPIC

The MPIC Second Saturday event continues to keep the Clubhouse grounds and our 80 year old Clubhouse shipshape. At each event, we continue to clean the outdoor areas and make small improvements at the Clubhouse. Second Saturday events occur the second Saturday of the month, from 10:00am to 12 noon. The next Second Saturday takes place on April 10. MPIC invites all who live in Miraloma Park to join the Second Saturday clean-up. To sign up, go to this link: <u>https://www.signupgenius.com/</u> go/10C0D48A9A82DA2FB6-mpic. If you have difficulty signing up and want to join a Second Saturday, send an email to <u>miralomapark@gmail.com</u>, or leave a message at 415-322-0211.

After you sign up for the date you want to work, you'll receive a reminder email which may contain additional information, such as "bring gardening gloves." You'll also receive an email if the workday is cancelled due to rain or other necessity. During Second Saturday, an MPIC Board member leads a small team of neighbor volunteers to work at the Clubhouse. The tasks include raking leaves, pruning bushes, sweeping up pine needles, trimming vegetation, removing weeds, sweeping the Clubhouse steps. Most of the work is outdoors, but there may be indoor tasks too, such as sweeping floors, cleaning windows. Volunteers should wear a mask; COVID-19 precautions are followed while working.

A big thank you goes out to our March Second Saturday crew: Aidan Baird, Robert Gee and Todd Siemers.



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MPIC SAFETY COMMITTEE MESSAGE

72 Hour Parking

The Miraloma Park Improvement Club has received numerous inquiries from residents about vehicles parked for extended periods of time in our neighborhood. Section 22651 of the California Vehicle Code prohibits a vehicle parking in the same spot on a public street continuously for a maximum of 72 hours. In response to the pandemic, SFMTA temporarily suspended enforcement of that regulation. However, if you notice a car has not moved from one location for many days, you can call the SFPD non-emergency number (415-553-0123), and provide them with the license plate or VIN number. They will check to confirm if the vehicle has been reported stolen, in which case they will make arrangements to have it towed. Please remember that this is only a temporary suspension of enforcement, and that they will resume enforcing it in the future.

Reporting a Crime

Most people believe that if they see a crime in progress or experience an emergency, they need to call 9-1-1. That was the case before cell phones. If you dial 9-1-1 from a cell phone, you will reach the California Highway Patrol, and then be routed to SFPD once they have established your physical location, causing a considerable time delay. This is not an issue if you call 9-1-1 from a landline. To avoid misrouting from a cell phone, you can call the emergency number (415) 553-8090 if you see a crime in progress or experience an emergency. If the matter is not an emergency, such as realizing in the morning that someone attempted to break into your home or vehicle the evening before, continue to use the non-emergency number (415) 553-0123. We strongly recommend that both the emergency and non-emergency numbers be programmed into your cell phones.

When you need to file a police report for a non-emergency incident, you can no longer accomplish this by telephone. All reports can be filed in person at a police station, and with some types of crimes, reports can be filed online.

TYPES OF CRIME REPORTS THAT CAN BE FILED ONLINE:

- Harassing phone call
- Lost property
- Vandalism or graffiti
- Vehicle tampering, including vandalism
- Theft Unless it involves a residential or commercial burglary or the stolen property is a passport, Social Security card, firearm, license plate, car or electric vehicle

TYPES OF CRIME REPORTS THAT CANNOT BE FILED ONLINE:

- Residential burglaries
- Robbery Incidents
- Traffic collisions AND hit and run traffic collisions
- Stolen Vehicles
- Identity Theft/False Impersonation
- Stolen license plates
- Lost/stolen passports
- Stolen electric bicycles WITH serial numbers
- Cases WITH suspect names
- Cases WITH video evidence

MPIC SAFETY COMMITTEE UPDATE

Crime Stats from February 1 - February 28, 2021*

*Partial report, full reports available online

INCIDENT DATE	INCIDENT TIME	INTERSECTION	INCIDENT REPORT
2/02/2021	11:00 PM	Foerster St \ Los Palmos Dr	Theft, From Locked Vehicle, <\$950
2/08/2021	2:48 PM	Sequoia Way \ Omar Way	Malicious Mischief, Vandalism to Vehicle
2/11/2021	2:00 PM	Melrose Ave \ Congo St	License Plate, Stolen
2/12/2021	12:45 PM	Sydney Way \ Fowler Ave \ Portola Dr	Robbery, Bank, w/Force

Bank Robbery Officers Scott and Peralta responded to a report of a bank robbery on the 600 block of Portola Avenue. When speaking with the employees at the scene, the officers determined that a suspect entered the bank and demanded money. The teller complied by handing some money over to the suspect. The suspect took the money, and then ran out of the bank and fled the scene. Numerous officers responded to the area to search for the suspect, with negative results. An informational bulletin was then disseminated department-wide, containing a detailed description of the suspect and other vital details including information that an identification had been made on the wanted suspect. The next day, on 02-13-21, Officers Roman and Pena, from the SFPD Airport Bureau, spotted the suspect and determined he was the same individual wanted in connection for the earlier bank robbery. The suspect was subsequently arrested and booked on charges related to the bank robbery that occurred in the Ingleside District.

INCIDENT DATE	INCIDENT TIME	INTERSECTION	INCIDENT REPORT
2/12/2021	6:00 PM	Portola Way \ Waithman Way	Vehicle, Stolen, Auto
2/14/2021	4:00 AM	Marietta Way \ Cuba Aly	Burglary, Hot Powl, Unlawful Entry
2/16/2021	8:00 PM	Sydney Way \ Fowler Ave \ Portola Dr	Burglary, Other Bldg., Unlawful Entry
2/16/2021	12:00 PM	Teresita Blvd \ Foerster St	Theft, From Other Property, <\$950
2/18/2021	11:59 PM	Bella Vista Way \ Molimo Dr	Theft, From Locked Vehicle, <\$950
2/20/2021	3:30 AM	Teresita Blvd \ Agua Way	Burglary, Hot Prowl, Forcible Entry
Officers Flores and Jensen responded to a report of a residential burglary. The victim stated that they woke up to the sound of glass breaking coming from their garage. The victim went to check, and found their garage window broken, the garage door open, and a bicycle missing from the garage.			
2/20/2021	4:15 AM	Teresita Blvd \ Foerster St	Burglary, Hot Prowl, Forcible Entry
Officers Artiga and Mullins responded to a report of an attempted break-in. The victim informed the officers that he was sleeping when he heard his garage door making noise. The victim went to check his garage and found the door damaged, and a bicycle missing from inside the garage.			
2/23/2021	7:57 AM	Sydney Way \ Fowler Ave \ Portola Dr	Miscellaneous Investigation
2/24/2021	11:50 PM	Stillings Ave \ Martha Ave	Vehicle, Stolen, Motorcycle
2/24/2021	9:30 AM	Foerster St \ Los Palmos Dr	Fraudulent Game or Trick, Obtaining Money or Property
2/26/2021	6:38 AM	El Sereno Ct \ Rio Ct	Burglary, Hot Prowl, Attempted Forcible Entry



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Kara Maria painting: Kaleidoscope Eyes

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We Want Your Photos & Follows! Registered by the MPIC, **@miralomapark**, we welcome you to like, tag, follow and/or share your images. If you don't have or want your own Instagram account, you are welcome to submit photos to <u>miralomapark@gmail.com</u>.



MIRALOMA PARK IMPROVEMENT CLUB

MPIC BOARD OF DIRECTORS

Acting President	Darlene Ramlose
Acting Vice President	Patti Moran
Recording Secretary	Stephanie Boudreau Ma
Corresponding Secretary	Vacant
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Sergeant-at-arms	Vacant
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Bryan Forman	Robert Gee
Jean Perata	Thomas O'Brien
Todd Siemers	Darlene Ramlose
Joanie van Rijn	Stephanie Boudreau Ma
Mary Fitzpatrick	Cary Matthews
Patti Moran	

GOOD TO KNOW: MIRALOMA PARK RESIDENTIAL GUIDELINES

The purpose of the Miraloma Park Residential Design Guidelines is to promote quality design and preserving as much as possible, the neighborhood's architectural character.

www.miralomapark.org/neighborhood/design-guidelines

IMPORTANT NUMBERS

EMERGENCY FROM A LAND LINE	911
EMERGENCY FROM A MOBILE PHONE	(415) 553-8090
Suicide Prevention Hotline	(415) 781-0500
Poison Control Center	(800) 222-1222
Non-Emergency Police Dispatch	(415) 553-0123
Ingleside Police Community Room	(415) 404-4000
Anonymous Tip Line - Ingleside Police	(415) 587-8984
Anonymous Narcotics Tip Line	(800) CRACKIT
Domestic Family Violence (24hrs)	(800) 799-SAFE
Animal Cruelty, Distress, Injury	(415) 554-9400
Office of Citizen Complaints Against SFPD	(415) 241-7711 https://policecomplaints.sfgov.org/
San Francisco City Services (abandoned vehicles to graffiti clean-up to Muni issues + more)	311 https://sf311.org/
PG+E Call Before You Dig	811
SF Building Dept Code Enforcement Hotline	(415) 575-6863 Planning.CodeEnforcement@sfgov.org
Myrna Melgar, District 7 Supervisor	(415) 554-6516 melgarstaff@sfgov.org
Mayor's Office of Neighborhood Services	(415) 554-7111

MPIC DIRECTORY

www.miralomapark.org

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Webmaster: Ron Proctor	(415) 322-0211
Miraloma Elementary School	(415) 469-4734
Miraloma Co-op Nursery School	(415) 585-6789
Miraloma Playground	(415) 337-4704

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Article Submission Policy:

Email submissions to: miralomapark@gmail.com with Miraloma Life in the subject line. Articles submitted must be 800 words or less in length and should not be selling or promoting a product or service. Anonymous submissions will not be considered for publication.

Deadline for submissions is April 12, 2021

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