

# MIRALOMA LIFE

JANUARY 2023 - ISSUE 1

## Upcoming Events

### 5 JANUARY

#### MPIC Board Meeting\*

7:00 pm - In Person

### 2 FEBRUARY

#### MPIC Board Meeting\*

7:00 pm - In Person

### 9 MARCH

#### Neighborhood Safety Meeting

7:00 pm - Miraloma Park Clubhouse

\*Members wishing to address the Board should call (415) 322-0211 to request placement on the agenda. All persons attending must demonstrate proof of vaccination.

## In This Issue

### MPIC PRESIDENT'S MESSAGE

### HAPPY YEAR OF THE RABBIT

### OUR HOUSE

### UPGRADES TO THE MIRALOMA PLAYGROUND

### MPIC HOLIDAY PARTY - A HIT!

### US CENSUS 2021 SURVEY - MIRALOMA PARK NOW VS. 2010

### SFPD'S DRAFT GENERAL ORDER 9.01



*Mt. Davidson's Blue Gum Eucalyptus Trees in the Fog (Image Credit: sfttravel.com)*

## A WRANGLING OF SPECIES ON MT. DAVIDSON

Geoffrey Coffey

The northeast slope of Mount Davidson supports a wonderful population of native wildflowers, grasses, and shrubs that, when planted at home, can enrich San Francisco gardens with a sense of local identity. This is also a botanical battlefield where mankind only recently has joined the fray.

Rocky soil and high winds mean only the toughest plants survive here. Stalwart coyote bush and close-growing huckleberry struggle for primacy in the shrub community, with tassel-blossomed *Ribes sanguineum* and golden-orange *Mimulus aurantiacus* bearing up between them. The massive bunchgrass *Calamagrostis nutkaensis* holds its ground against vigorous *Festuca californica*, while checker blooms, blue dicks, yellow violets and shooting stars patiently endure the siege of summer drought, emerging again after winter rains in kaleidoscopic color.

Of particular note to color-hungry gardeners, *Dodecatheon hendersonii* ssp. *cruciatum* (our local variety of shooting star) emerges in early spring, with spectacular primrose flowers of purple and yellow held aloft on foot-long reddish stems. Shooting stars remain largely unknown to mainstream retail nurseries like Sloat and the garden section of Home Depot, but specialty native

[ continued on page 4 ]



## SAVE THE DATE

### NEIGHBORHOOD SAFETY MEETING

### MARCH 9, 2023

**Are you concerned about crime  
in Miraloma Park?**

Join us for a Neighborhood Safety Meeting on March 9, 2023 at 7:00 PM at the MPIC Clubhouse. You will have an opportunity to ask questions of Captain Derrick Lew of the Ingleside Station, SFSAFE and more.

## OUR HOUSE

Susan Sidel

There are so many ways that I have loved and appreciated our house in Miraloma Park. When I first toured it in 1999, for me, it was love at first sight. During these competitive home buying times I thought to myself, "there is no way that we could ever get this house." But our bid, submitted with 18 others, was pushed to the top thanks to our wonderful realtor, Mary Lace.

I have always loved this house. I love my neighbors and the cul-de-sac we live in together. I am happy when I return to it after even the best of vacations. But what I really want to write about here is how I came to appreciate it even more during the time of Covid restrictions. I had not realized the many keen views from each angle of the house. From my kitchenette I could sit and see the Glen Park Canyon views and city views. When I sat in the living room I looked to the back of the house towards views of our stair skylight then out to the cul-de-sac, great light everywhere. I could sit in my living room and see the beacon of Tower Market at all hours of the day and night. I could sit in front of my fireplace with my two dogs knowing that just over my shoulder were the magnificent views that Miraloma Park on the hill has to offer. I could be both restless and at peace during the entire year of confinement thanks to the sanctity and the comfort of my beautiful home that I have come to now appreciate even more.

I just wanted to share this with friends and neighbors to remind us all to take notice of all of the beauty and detail; whether confined to the inside of our homes or pondering the fog and canyon views. Miraloma Park is still one of San Francisco's beautiful and best hidden secrets.

## BECOME AN MPIC MEMBER

### OR RENEW YOUR MEMBERSHIP!

ONLINE AT:

<https://miralomapark.org/join>

OR BY MAIL:

Complete this form and mail with your dues, check payable to:

**MIRALOMA PARK IMPROVEMENT CLUB, 350 O'SHAUGHNESSY BLVD, SF, CA 94127.** No cash, please.

The MPIC is a qualified tax exempt 501(c)(3) organization – tax ID 94-6092576. Your membership donation is tax deductible to the extent allowed by law. MPIC does not share membership information with other parties or organizations.

☐ NEW MEMBER ☐ RENEWING MEMBER Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

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| <input type="checkbox"/> \$ _____ Other         |   |  |

☐ PLEASE SEND ME AN EMAIL REMINDER TO RENEW MY MEMBERSHIP!

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## PRESIDENT'S MESSAGE

Robert Gee - Acting President



Happy New Year to all Miralomans! I hope you had a wonderful and safe holiday season and were able to enjoy the time with family and friends both near and far.

I have volunteered again to be the Acting MPIC President for January and February. I previously served as President

for 4 years and always look forward to the challenges and opportunities to work on new community issues, meet more neighbors and engage with new volunteers and residents who recently moved into Miraloma Park. I welcome our newest board member, Tina McGovern, as the Acting MPIC Vice President. I'll be working closely with Tina to teach her everything about MPIC as Tina will assume the Acting President role in March and April.

We continue to rotate Acting Presidents until we identify someone who is willing and has the time to serve the full 2-year term. It's not easy to serve as President when you are still working or have children or other responsibilities. But having a rotating assignment does give our Acting Presidents an in-depth opportunity to gain knowledge of all aspects of MPIC that they may not necessarily experience working on some committees.

I'm ready for 2023. One of my personal goals is running around more often wearing down the pavement on your street. Just give me a holler if I run by you but I'll apologize now if I don't hear you as I'm listening to my 1980s music playlist, trying not to fall and thinking about surviving my next race....

As we begin 2023, the dark cloud of Covid is still very much with us. But it won't deter us. Miraloma Park is a resilient community and we will get through this together.



***We begin the year with our annual campaign: Please become a member of MPIC and/or renew your annual membership!***

I want to thank all of you who have supported the MPIC by becoming members last year as well as the generous support of our residents who made special donations.

In 2022 the MPIC adopted the following Mission Statement: Celebrating, Informing and Strengthening the Miraloma Park Community

Please join our over 800 members and support our mission, our volunteers and board members who work tirelessly to ensure that we have a great community to live in and be safe. We have included an envelope in this newsletter for you to use to send in your membership. The MPIC is a qualified 501(c)(3) tax exempt organization. Your membership donation is tax deductible to the extent provided by law.

During the last 3 years, the MPIC principally focused our efforts on responding to Covid. We've also advocated with the City on many issues including safety, resiliency, disaster preparedness, representation by our city supervisor, block champions, community building, housing, transportation, and traffic issues as well as seeking grants for different projects.

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## HAPPY YEAR OF THE RABBIT

新年快乐

MPIC

This lunar new year begins on January 22nd and ends on February 9, 2024. Those born in Rabbit years are believed to be vigilant, witty, quick-minded and ingenious. The year of the Water Rabbit symbolizes longevity, peace, and prosperity.

San Francisco's iconic Grand Parade will be held on Saturday, February 4, 2023. San Francisco's annual parade is one of the largest in the world. It is said that close to three million people watch the parade every year, either in person or over the airways. Floats, the largest and most popular of which is the 28-foot-long Golden Dragon, will be in attendance. Many civic groups will be marching and performing as well.

The parade is scheduled to start at 5:15 pm at the corner of 2nd and Market Streets, weaving its way through Chinatown and ending at Jackson and Kearny Streets.





join us!

## MIRALOMA PARK SENIORS COMMUNITY CONNECTORS

### upcoming events:

#### **Perry Sings Sinatra: Sinatra Music with Spaghetti Dinner**

Sunday, January 15, 2023  
3:00pm - 5:30pm at MPIC Clubhouse  
Reservation ONLY Event - Limited Seating

**Tai Chi Exercise** on Tuesdays  
**Dance Exercise** on Thursdays  
10:30am at Cornerstone Church

If you are interested in attending, please contact Darlene Ramlose at [Darlene@sfcommunityliving.org](mailto:Darlene@sfcommunityliving.org) or by phone at 714-423-8844. You must sign up in advance as we will not accept walk-ins as space is limited due to COVID restrictions.

#### **Miraloma Walk the Neighborhood**

Thursdays at 1:00pm We mask & social distance

#### **Ukulele Class**

Tuesdays at 2:00 PM  
Contact Barbara Wheeler for details at  
[bawheeler46@yahoo.com](mailto:bawheeler46@yahoo.com)

#### **Connectors Zoom Social Hour**

Fridays at 4:30pm  
See all current activities at  
<http://sfcommunityliving.org>

• • •

Also visit us on our Facebook page:  
**Miraloma Park Community Connectors**

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### **A Wrangling of Species on Mt. Davidson...**

plant nurseries often carry them -- try Bay Natives in San Francisco and Yerba Buena in Half Moon Bay.

Western huckleberry (*Vaccinium ovatum*) bears a wealth of white urn-shaped flowers throughout the summer, maturing into edible dark-blue fruit (the most delicious of all our native berries) beautifully set off against the reddish-green luster of its evergreen leaves; it grows 2-6 feet tall and prefers well-drained, acidic soil. This is an easy, beautiful, and low-maintenance shrub that will thrive in both sun and shade, a no-brainer for the native plant garden.

Today, only 20% of Mt. Davidson remains native -- the rest is a forest of blue gum eucalyptus, the result of massive plantings by S.F. mayor Adolph Sutro in the 1880s. An import from Australia, the blue gum quickly grows to 100 feet or more, swift to establish itself and often spreading into adjacent territory. Aficionados say the towering aromatic trees remind them of cathedrals; critics call the blue gum "California's tallest weed."

Either way, the eucalyptus forest effectively crushes its competition, eliminating native plants from its domain like an occupying army. In the 120 years since eucalyptus was first introduced to Mt. Davidson, many generations of trees have grown to full maturity; today the tall alien forest obscures the enormous cross almost completely from view. Many citizens of San Francisco have no idea it is even there.

But on the fringe between the Australian forest and the Californian grassland grows our native coast red elderberry, the hardy *Sambucus racemosa*. This is a large bush or a small tree, depending on conditions, with egg-shaped clusters of tiny cream-white flowers maturing into scarlet berries much prized by the local birds; these proven survivors make a proud statement in any Bay Area garden.

The path to Mt. Davidson's native grassland and shrub community begins at the southern end of the park, at the intersection of Dalewood, Myra, Lansdale, and Sherwood Streets. A number of paths branch off into the forest, leading around the mountain, through the eucalyptus, and up to the peak.

Geoffrey Coffey is a neighbor, President of Madroño Landscape Design Studio, Inc., and a freelance writer for the San Francisco Chronicle. This article is an excerpt from *A Wrangling of Species on Mount Davidson*, one of several articles published by Geoffrey at his website, [www.madrono.org](http://www.madrono.org)





# UPGRADES HAPPENING AT MIRALOMA PLAYGROUND!

Kate Clements

In early November, SF Recreation and Park began a two-day planting project at the site of Miraloma Playground. Plants, soil and many shovels appeared, and the area next to the Dragon Tale sidewalk play space was replanted, along with the addition of new trees and shrubs in the field area. The areas remain roped off in an effort to let the plants establish themselves. We have been fortunate with the rains this year, as they have arrived just when most needed. Please remember to keep your pets off these areas, especially in this vulnerable time. Our thanks to SF Rec & Park for getting this project accomplished!



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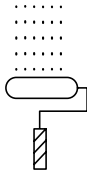
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## MPIC HOLIDAY PARTY A HIT!

### MPIC

The MPIC Holiday Party returned on December 11, celebrating the holidays and our community. The rain and drizzle didn't prevent over 60 neighbors from attending. Miraloma Park residents who have lived in the neighborhood for less than one year to over 50 years enjoyed the great entertainment and good food and cheer.

Music by the Merry Miralomans rocked the Clubhouse. The band was led by saxophonist MPIC Board Member Todd Siemers and included neighbor Paul Clanon on bass. They were joined by Jim Mar on drums and Ken Chou on piano.

Magician and Balloon Artist Mr. SHAP entertained adults and children with his amazing and mystifying magic tricks. He also made intricate balloon creations for anyone who asked – even some adults requested one of his artistic treats.

The food was impressive and delicious. Miraloma Park's Chuck Frye created a wonderful, tasty jambalaya. It was accompanied by mac 'n cheese, salad and fruit. Desserts were numerous and delectable. All desserts were provided by those who attended.

As in the past, Miraloma residents showed their amazing holiday spirit and baking abilities. Those who brought desserts were entered into a raffle drawing. Lucky contestants won gift certificates to Papenhausen Hardware (\$50), Canyon Market (\$50), Creighton's Bakery (\$30), Tower Burger (\$25), Bookshop West Portal (\$25), Bello Coffee and Tea (\$15) and Noe Valley Bakery (\$15). MPIC is especially grateful to Creighton's Bakery who donated their gift certificate to MPIC.

### ***The party was MPIC's gift to the community.***

Board Members and Miraloma residents helped organize the event; decorate the Clubhouse; serve food and beverages at the event, and clean up afterwards. MPIC thanks those who made the event possible. The event organizers were MPIC Treasurer Mary Fitzpatrick; MPIC Recording Secretary Stephanie Boudreau Ma and MPIC Board Members Jean Perata and Todd Siemers. Others who worked on or during the event were Board Members Robert Gee, Cary Matthews, Tina McGovern and Darlene Ramlose; Clubhouse Manager Mia Waller and residents Paul Clanon, Kate Clements, Dennis Davison, Roxanne Frye, Chuck Frye and Sarah Mergy.

*Party Imagers on top right: The Merry Miralomans keeping everyone in the holiday mood; Acting MPIC President, Patti Moran welcoming all and expressing gratitude for MPIC Board, Volunteers & Community; Magician Mr. Shap entertaining children of all ages.*

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## MIRALOMA LIFE NEEDS YOUR HELP!

The Publicity Committee is looking for local talent to produce and deliver our hyper local newsletter. Your contributions will help our community remain informed and entertained. We are currently looking for **writers** of local news, **editors**, and a person to **oversee the delivery of the newsletter to our carriers**.

Join our fun group of neighbors celebrating our community! Please send a message to: [miralomapark@gmail.com](mailto:miralomapark@gmail.com).

We look forward to hearing from you.

## THE U.S. CENSUS BUREAU'S 2021 AMERICAN COMMUNITY SURVEY - HOW HAS MIRALOMA PARK CONTINUED TO CHANGE SINCE 2010

Robert Gee

In the January 2022 newsletter, I wrote about the initial release of 2020 Census data for Miraloma Park and how our race and ethnicity demographics have continued to change since 2010.

This article shares some of the latest social, housing and economic characteristics for Miraloma Park from data compiled through the latest U.S. Census Bureau's American Community Survey for 2017-2021. Most of Miraloma Park is part of Census Tract 307, San Francisco County, California.

The American Community Survey (ACS) is an ongoing survey that provides data every year – giving communities the current information they need to plan investments and services. Information from the survey generates data that help determines how billions in federal funding each year is spent on infrastructure and services.

As the table below shows, the total population in Miraloma Park has increased from 2010 to 2021. But the most noticeable change in population demographics is in our population of 65 years and older. There was a noticeable change in households with one or more people under 18 as well as households with one or more people over 65. Our neighborhood has also seen an increase in racial diversity. The number of owner-occupied homes has slightly increased and renter occupied houses have seen a slight decrease.

SUBJECT	2010 CENSUS	2021 ACS SURVEY
<b>TOTAL POPULATION</b>	6,343	6,959
<b>SEX AND AGE</b>		
Male	3,268	3,739
Female	3,075	3,220
Under 5 years	423	466
5 to 9 years	321	381
55 to 59 years	549	575
60 to 64 years	518	399
65 to 74 years	573	<b>1,058</b>
75 to 84 years	173	<b>425</b>





SUBJECT	2010 CENSUS	2021 ACS SURVEY
85 years and older	61	<b>238</b>
65 years and older	512	<b>1,721</b>
Median Age (years)	45.7	45.8
<b>RACE</b>		
White	3,985	3,539
Black & African American	194	245
American Indian	9	24
Asian	1,601	2,175
Hispanic or Latino	606	617
<b>HOUSEHOLDS BY TYPE</b>		
Total Households	2,651	2,681
Married-Couple Household		1,652
Cohabiting Couple Household		127
Male Householder, no spouse/partner present		401
Female Householder, no spouse/partner present		501
Households with One or more people under 18 years	706	<b>856</b>
Households with One or more people 65 yrs & over	833	<b>1,158</b>
Average Household Size	2.39	2.60
Average Family Size	2.88	2.96
<b>HOUSING TENURE</b>		
Occupied Housing Units	2,651	2,681
Owner-Occupied Housing Units	2,243	2,300
Renter-Occupied Housing Units	408	381
<b>INCOME AND BENEFITS</b>		
Median Household Income (dollars)	\$128,203	\$172,417
<b>DISABILITY STATUS</b>		
With a Disability	571	712
65 years and over with a disability	347	535
<b>COMPUTERS AND INTERNET USE</b>		
Total Households		2,681
With a Computer		<b>2,592</b>
With a Broadband Internet Subscription		<b>2,451</b>



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# SAN FRANCISCO POLICE DEPARTMENT'S DRAFT GENERAL ORDER 9.01 TRAFFIC ENFORCEMENT AND CURTAILING THE USE OF PRETEXT STOPS

Robert Gee, MPIC

I'm sure you have read in the news recently about the SF Police Commission considering policy changes where SFPD would be prohibited from enforcing many types of traffic regulations. At the time I write this article, the Police Commission was scheduled to vote on December 14, 2022 to finalize a revised Draft of General Order 9.01 listing specific types of traffic violations that would no longer be enforced. [NB: San Francisco's Police Commission tabled the controversial proposal to limit some types of traffic stops on 12/14/2022 until next year.]

In October 2022, the MPIC submitted a letter to the Police Commission opposing the original Draft of General Order 9.01 as written. We stated in our letter that as a neighborhood association, we condemn biased policing. We acknowledged that the rationale behind the proposal is "to reduce racial bias in the enforcement of our traffic laws." We stated that many of the Vehicle Code violations listed in this Draft were enacted to protect public safety and welfare and that eliminating the enforcement of many of these violations would be a detriment to public health and safety and that all laws, including traffic laws, should be enforced.

We also stated that there are currently many checks and balances in place to prevent racial bias or pretextual stops and gave the following examples. General Order 5.17, revised by Chief Scott on 8/12/2020 sets the City's standard for biased-free policing standards. The Fourth Amendment of the U.S. Constitution and statutory authority requires reasonable suspicion for investigative detention and traffic stops. California Penal Code Section 13519.4 (4)(f) prohibits racial profiling by a law enforcement officer. Police cadets receive many academy hours dedicated to educating them against racial bias and pretextual stops. This is reinforced when the Cadet is with his/her Field Training Officer. Police Officers receive continuous education regarding this serious issue on an on-going basis. Additionally, the District Attorney has a legal responsibility not to file charges when the stop appears to be pretextual or one of racial profiling.

Furthermore, we stated that many routine traffic stops have resulted in the confiscation of illegal guns and narcotics. Given the increase of gun violence in the City,

these routine traffic stops save lives. Over the years, Miraloma Park has seen an increase in property crimes involving cars with no license plates or stolen license plates as well as cars that have blacked out windows.

Lastly, we stated that at a time when the City is down over 500 officers and is having difficulty retaining and recruiting officers, this Draft will only serve to discourage officers from protecting public safety and welfare and decrease the already problematic morale of SF police officers.

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## President's Message ...

Your membership dues and other generous donations also support publishing this newsletter, maintaining our clubhouse built in 1943 where we host activities as well as the programs, initiatives and engagement opportunities which significantly affects our ability to serve the Miraloma Park community.

Since 1954, the MPIC has published this free 12-page newsletter delivered monthly, 10 months per year, to 2,200 homes and businesses in Miraloma Park. We are one of the few neighborhoods in the City that still distributes a neighborhood newsletter. We also post our color version of the newsletter on our website and share it on social media. Our newsletter's purpose is to promote neighborhood identity, strengthen community and raise community awareness of relevant issues and activities such as disaster preparedness; to make available articles about the City's governmental and political processes and plans and promote individual participation in the development and implementation of these plans; to disseminate information about crime and safety and programs being offered such as our senior community connectors; to provide community preservation and public resources; to provide information about local events, provide articles on the history of Miraloma Park and Mt. Davidson, articles on lifestyle, conservation of resources, residential waste reduction, environmental protection, local nature and wildlife.

I close with expressing my appreciation to our Membership Chair, Thomas O'Brien, for his efforts in growing our membership. I also thank my fellow Publicity Committee members led by Kate Clements for their work on the newsletter, our website and social media presence: Sarah Mergy, Jean Perata, Cary Matthews, Karen D'Souza; Ron Proctor our webmaster; our 4 newsletter carriers you see in blue vests and lastly, all of our contributors who write the articles. It does take time to research and write those articles.

# MPIC SAFETY COMMITTEE UPDATE

Crime Stats from November 1, 2022 - November 30, 2022

Incident Date	Incident Time	Intersection	Incident Description	Resolution	Incident Number
11/7/2022	3:20 PM	PORTOLA DR \ EVELYN WAY	Malicious Mischief, Graffiti, Real or Personal Property	Open or Active	220766806
11/7/2022	5:00 PM	TERESITA BLVD \ SEQUOIA WAY	Vehicle, Stolen, Auto	Open or Active	220768028
11/9/2022	2:00 AM	EVELYN WAY \ JUANITA WAY	Battery	Cite or Arrest Adult	220770114
11/17/2022	6:08 AM	STILLINGS AVE \ MALTA DR	Theft, Vehicle Strip, >\$950	Open or Active	220790877
11/16/2022	2:00 PM	TERESITA BLVD \ FOWLER AVE	Burglary, Residence, Att. Forcible Entry	Open or Active	220791449
11/16/2022	4:00 PM	EMIL LN \ BURLWOOD DR \ LOS PALMOS DR	Malicious Mischief, Vandalism to Vehicle	Open or Active	220791455
11/18/2022	6:00 PM	TERESITA BLVD \ SEQUOIA WAY	Vehicle, Stolen, Auto	Open or Active	220796433
11/18/2022	9:00 AM	TERESITA BLVD \ REPOSA WAY	License Plate, Stolen	Open or Active	220796665
11/12/2022	10:00 AM	MELROSE AVE \ STANFORD HEIGHTS AVE	License Plate, Stolen	Open or Active	220797055
11/17/2022	4:00 PM	TERESITA BLVD \ FOERSTER ST	Vehicle, Stolen, Truck	Open or Active	220798984
11/20/2022	7:39 PM	PORTOLA DR \ EVELYN WAY	Driving While Under The Influence Of Alcohol, w/Injury	Cite or Arrest Adult	220800012
11/22/2022	3:00 PM	TERESITA BLVD \ EVELYN WAY	License Plate, Stolen	Open or Active	220806521
11/26/2022	7:00 PM	EVELYN WAY \ JUANITA WAY	Assault, Aggravated, Vandalism to Property	Cite or Arrest Adult	220814308
11/28/2022	1:30 AM	LOS PALMOS DR \ LULU ALY	Theft, From Unlocked Vehicle, \$200-\$950	Open or Active	220820424
11/29/2022	9:00 PM	BELLA VISTA WAY \ BURLWOOD DR	Burglary, Residence Under Constr, Unlawful Entry	Open or Active	220822301
11/11/2022	8:00 AM	JUANITA WAY \ MARNE AVE	Malicious Mischief, Tire Slashing	Open or Active	220856087
11/1/2022	1:30 AM	PORTOLA DR \ EVELYN WAY	Malicious Mischief, Vandalism to Property	Open or Active	226210827
11/7/2022	1:40 AM	STILLINGS AVE \ NORDHOFF ST	Theft, From Locked Vehicle, >\$950	Open or Active	226216411
11/14/2022	11:00 PM	EMIL LN \ BURLWOOD DR \ LOS PALMOS DR	Theft, From Locked Vehicle, >\$950	Open or Active	226225575
11/28/2022	12:00 AM	BELLA VISTA WAY \ MOLIMO DR	Theft, From Unlocked Vehicle, >\$950	Open or Active	226237906



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## GOOD TO KNOW: MIRALOMA PARK RESIDENTIAL GUIDELINES

The purpose of the Miraloma Park Residential Design Guidelines is to promote quality design and preserving as much as possible, the neighborhood's architectural character.

[www.miralomapark.org/neighborhood/design-guidelines](http://www.miralomapark.org/neighborhood/design-guidelines)

## PROGRAMS AT THE MPIC CLUBHOUSE

### JAZZERCISE

9:00am Wednesday and Saturday  
5:00pm Monday  
650-888-6129  
[sbjazzercise@comcast.net](mailto:sbjazzercise@comcast.net)

### CHANGS INTERNATIONAL FOLK DANCING

7:00pm – 10:00pm Friday  
One hour lessons on the first and  
second Fridays month  
[changsdancers@aol.com](mailto:changsdancers@aol.com)

### FORT MASON ARTISTS

Learn to sculpt, paint and draw  
6:15pm – 10:15 pm Monday  
10:00am – 2:00pm,  
2:30pm – 5:30pm Friday  
Konrad Dunton; 650-868-6336  
[Fortmasonartists.org](http://Fortmasonartists.org)

### UKULELE CLASS

Tuesdays 2:00pm – 3:00pm  
[Bawheeler46@yahoo.com](mailto:Bawheeler46@yahoo.com)

### MARY L. HARDEN BOTANICAL DRAWING

10:00am – 1:30pm Monday  
[maryharden@me.com](mailto:maryharden@me.com)

### LINDA HOPE - FIGURE DRAWING

11am – 2:30pm Saturday  
(415)334-3603  
[Lindahope.art@gmail.com](mailto:Lindahope.art@gmail.com)

### GRACE COMMUNITY CHURCH

10:00am (coffee/tea) – 2:00pm  
11:00am Service, followed by  
community lunch  
(415) 753-9931

### GUIDE DOGS FOR THE BLIND

7:00 – 8:30pm  
2nd and 4th Wednesdays  
[info@gdbsanfranciscopuppyraisers.com](mailto:info@gdbsanfranciscopuppyraisers.com)  
More info at: [guidedogs.com/puppy](http://guidedogs.com/puppy)

## MPIC DIRECTORY

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### Article Submission Policy:

Email submissions to: [miralomapark@gmail.com](mailto:miralomapark@gmail.com)  
with **Miraloma Life** in the subject line.

Articles submitted must be 800 words or less in length and should not be selling or promoting a product or service. Anonymous submissions will not be considered for publication.

**Deadline for submissions are the 12th day of the month prior to publication.**

Submitted articles become the property of MPIC.