

MIRALOMA LIFE

Issue No. 9

Celebrating, Informing, and Strengthening the Miraloma Park Community

miralomapark.org

November 3

Neighborhood Clean-up

First Tuesday of the month
Meet in front of Tower Market
10am-11:30am

November 5

MPIC Board Meeting

Call 415-322-0211 to request
placement on the agenda
7pm

November 14

Clubhouse Clean-Up

Second Saturday of the month
at the MPIC Clubhouse.
10am-noon

November 1

Parents Meetup

First Sunday of the month at
the Miraloma playground. *No
meetups in December or January*
10am-noon

FEATURE

Neighbors Help Improve the Safety of the Mt. Davidson Trail Entrance



On the last Saturday morning in September, a group of neighbor volunteers got together with the City Rec and Parks team to improve the safety of the Mt. Davidson entrance at the bus turnaround. As many of you know, due to the ever present fog in our neighborhood, the entrance gets muddy and slippery almost year round. Together we spread mulch along the entrance path to help with traction. To additionally aid with the irrigation, Rec and Parks has promised to provide gravel hopefully sometime in the near future. It was a very productive and enjoyable event.



If you'd like to join us at a future workday, Rec and Parks has a volunteering event on the mountain every 4th Saturday of the month, starting at 9:30 am. The following is from the Rec and Parks' website. Look for the signup sheet on the Rec and Parks website at: <https://sfrpd.my.salesforce-sites.com/SFRPDCalendar>

continued on page 3



President's Message

by Robert Gee, President

Greetings Miraloma Park,

Our first ever MPIC Congressional Candidates Forum held on October 8 was a success. Thank you to State Senator Scott Wiener and SF Supervisor Connie Chan for coming to Miraloma Park and everyone who attended. We packed the clubhouse and let the candidates know that we are voters that are very engaged!

I want to thank Butler Looney who has volunteered since March 2023 to format our monthly Miraloma Life newsletter through June 2026, a total of 34 issues! It's been a great run taking care of laying out the monthly newsletter while also juggling work, family, a young child, and travel. Thank you Butler for your service to the MPIC and to the Miraloma community. I want to introduce Miraloma resident Suzie McMurtry who has assumed the role of the monthly newsletter layout. Welcome aboard, Suzie.

Our clubhouse ADA project is moving forward. Our architect, the Zack deVito firm, has prepared design plans to be submitted for a permit. The plans include installation of a new vertical lift, accessible parking and an ADA gender-neutral bathroom.

The MPIC has been using the miralomapark@gmail.com as our official email address for years. We are beginning the process of upgrading our email address that has our domain name: miralomapark.org. MPIC officers and committees will also have email addresses with the same domain name so that personal email addresses are no longer used.

On October 14, the SF Police Commission voted 5-1 to approve a policy for police drone use after heated debate. Use of drones by the SFPD was approved by voters when they passed Proposition E in March 2024. Drones have helped SFPD in more than 1,500 cases and have been a key factor in the City's dramatic reduction in crime. Approval of a drone policy by the Police Commission is just the first step. The Board of Supervisors also needs to weigh in. We will keep you informed of future updates

on the City's drone policy and other issues the Police Commission are considering that impact public safety in Miraloma Park.

I want to thank Kashka Czerw for following up with SF Rec and Park on the slippery trail issue at the entrance to Mt. Davidson park at the 36 Teresita bus turnaround and for rounding up volunteers to help with trail work. On Saturday, Sept 26 under the supervision of Rec and Park, a volunteer work party installed wood chips in the problem area identified by Kashka. Thanks to Kashka's observations, Rec and Park has examined the trail from the entry steps up to the first fork and have prepared a plan for tread maintenance to help shed water off trail in strategic locations as well as cutting back encroaching vegetation that is occupying the original trail corridor.

The MPIC depends on volunteers to support our mission of **Celebrating, Informing, and Strengthening the Miraloma Park Community**. I've listed below our most immediate volunteer needs. If you would like to volunteer for an activity or would like to learn more, contact me at miralomapark@gmail.com or 415-322-0211. I would be happy to meet with you and explain the roles in more detail.

MPIC Board Member

Volunteers are needed to serve on the MPIC Board for a 2-year term.

MPIC Holiday Party on December 6

Volunteers are needed to help set up, serve food and refreshments, and cleanup.

Safety Committee

A volunteer is needed to work with residents, SFPD, SFMTA, Sup. Melgar's office, and other city agencies on public safety, traffic, and pedestrian safety issues.

Publicity Committee

A volunteer is needed to supervise the publication of our monthly Miraloma Life newsletter, update the MPIC website, and other communications strategies.

A volunteer is needed to coordinate the monthly delivery of the Miraloma Life newsletter by our carriers.

Volunteers are needed to submit content for the monthly newsletter.

Clubhouse Committee

A volunteer is needed to manage our clubhouse gardening maintenance needs.

A volunteer is also needed to supervise clubhouse maintenance, capital improvements and rental operations.

Resiliency

Volunteers are needed to be part of our leadership team managing our resiliency program that includes our Neighborhood Emergency Operations Center and disaster response, Block Champions, Emergency Radio Operators, Care and Shelter, NERT, Senior Community Connectors and disaster preparedness education.

"Mt. Davidson trail work," continued from page 1

Explore Mount Davidson Park! Join the Natural Resource Division enhancing the most diverse native scrub community in the City. This recurring monthly volunteer project is on the 4th Saturday of each month from 9:30 am -12 noon. Mount Davidson is the highest peak in San Francisco offering spectacular views of San Francisco's skyline, bay, and the surrounding coastal mountains. This park offers

habitat for numerous resident and migratory birds, butterflies, and insects - awe inspiring all year. Please wear closed-toed shoes and dress in appropriate clothing for physical work. Everyone 14 years old and older is invited; anyone under 14 yo must be accompanied by a guardian. Tools and gloves will be provided. Please be punctual.



MPIC Holds Its First Ever Congressional Candidates Forum

by Robert Gee, MPIC President

On October 8, before a packed clubhouse, the MPIC held its first ever Congressional Candidates Forum with State Senator Scott Wiener and SF Supervisor Connie Chan. Both are running to succeed retiring U.S. Representative Nancy Pelosi in California's 11th Congressional District which includes most of San Francisco and Miraloma Park.



Our moderator for the event was Miraloma resident and former MPIC board member Pratibha Tekkey. Both candidates made opening remarks, then over the next 45 minutes received the same 8 questions below with equal time to respond followed by closing remarks:

1. Housing: building homes people can afford

"What should the federal government do to increase the supply of housing affordable to low- and middle-income households? How would you balance federal incentives or requirements with local decisions about where and how to build? What result should San Francisco residents expect to see during your first term?"

2. Affordability: reducing everyday costs

"Beyond housing, which household expense would you make your first priority in Congress: healthcare, childcare, food, energy, or something else? What specific federal action would you pursue, and how would you pay for it?"

3. Artificial intelligence: opportunity, safety, and work

"What federal rules would you support for artificial intelligence to protect public safety and workers while supporting innovation? Where would you draw the line between decisions companies can make themselves and decisions that require government oversight?"

4. Transit: dependable service and responsible funding

"Should the federal government provide a larger, ongoing share of the cost of operating public transit systems such as Muni and BART? What requirements for reliability, safety, and financial accountability should accompany that funding?"

5. Immigration: a workable system and due process

"What would a workable federal immigration system look like under your approach, including legal immigration, asylum decisions, and enforcement? Would you retain, restructure, or replace ICE, and how would you protect due process?"

6. Foreign policy: Congress's responsibility for war and military aid

"What standards would guide your votes to authorize military force or provide military assistance to another country? Please apply those standards to U.S. policy toward Iran or Israel and Gaza, including how you would protect civilians and hold the executive branch accountable."

7. Fair distribution of housing growth

"How should federal housing and transportation funding encourage communities across a metropolitan region, including affluent suburbs and major employment centers, to accommodate housing growth? What approach would distribute that responsibility fairly while addressing infrastructure capacity and neighborhood impacts?"

8. Transit funding and the burden on residents

"When a transit system serves an entire region, how should its costs be divided among the federal government, local taxpayers, employers, and riders? What funding approach would you support that protects lower-income households and fairly shares costs among the communities that benefit?"

The MPIC is a non-partisan, nonprofit organization. We sponsored this event because we are always striving to put Miraloma Park and its residents in front of politicians, our elected leaders, and government officials instead of having them just drive through Miraloma Park. We want to hold activities that increase civic engagement with our residents by bringing the candidates and voters together to become well informed.

We did not record the event but we are working with both of the candidate's campaigns to secure a link to the videos that each of them took.

Thank you to both candidates for coming to Miraloma Park to give our residents the opportunity to meet them in person. I also thank my fellow board member Matt Boschetto for working with both candidates to find the one date and time that worked out for them to come to Miraloma Park. Lastly, thank you to my fellow MPIC board members and volunteers who helped out to make this a successful event. I truly appreciate the positive feedback that we received from so many of those who attended.

If you enjoy events like this and want to support the MPIC's mission of Celebrating, Informing and Strengthening the Miraloma Park Community, please become a MPIC member. Your donation especially helps to support maintaining our clubhouse where we are so fortunate to hold such events.

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COMMUNITY CONNECTORS



Are you 55 or older? We invite you to join us at Community Connectors, our senior program in Miraloma Park. We have weekly programs, exciting gatherings and guest speakers and connections to many senior and disability services and activities in San Francisco.

Strength and Balance Exercise Classes

Tuesdays and Thursdays at 10:30 am at Cornerstone Church at 480 Teresita Blvd.

Ukulele Class – Hang Out With the Miraloma Strummers

Tuesdays at 2 pm at the MPIC Clubhouse, 350 O'Shaughnessy Blvd.

Join the Weekly Walking Group

Thursdays at 1 pm. Stay connected with your neighbors and join fellow Miraloma Park residents for an outdoor group walk at different locations in the City. Our walks are led by Barbara Wheeler. Contact Joyce Watson below for more info.

Questions?

Please contact Joyce Watson at joyce@sfcommunityliving.org or by phone at 415-821-1003 ext 137.



COMMUNITY CONNECTOR NETWORKS ARE PROGRAMS OF

Community Living Campaign, 1663 Mission St., Suite 525, San Francisco, CA 94103
415-821-1003 • ccnetworks@sfcommunityliving.org • www.sfcommunityliving.org
www.facebook.com/CommunityLivingCampaign

This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services. We also rely on private grants and donations to fund about 30% of our Community Connector Networks.



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IMPROVEMENT CLUB'S

Holiday Party

Sunday, December 6, 2026
5:00 PM to 8:00 PM

MPIC Clubhouse
350 O'Shaughnessy Blvd at Del Vale

Live entertainment * Food * Fun for all ages

WE ARE SEEKING VOLUNTEERS!

Help serve food and beverages, set up, and with cleanup.

If you are interested, please contact MPIC at
miralomapark@gmail.com or [415-322-0211](tel:415-322-0211).

Details to follow in the December issue of Miraloma Life.

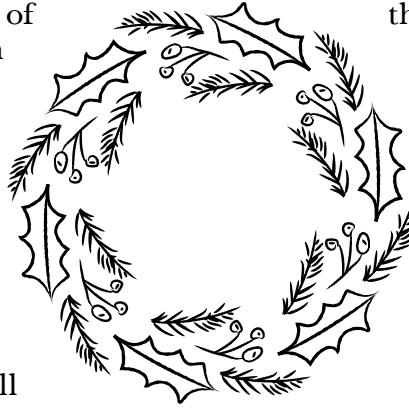
NEW MPIC Senior Program - Senior “Play Time”

by Joanie van Rijn

I want to thank Robert Gee for appointing me the Senior Program Coordinator for Miraloma Park. I have been a member of the Community Connector Program since it started in 2019.

It is a given fact that social engagement is a source of healing energy. As the Senior Program Coordinator, we will be hosting “Senior Play Time.”

“Senior Play Time” will commence on Thursday, November 12, at 1:30 pm at the MPIC Clubhouse. We will be making a small wreath with rosemary. MPIC will provide the herbs, wreath metal



frames, and wire supplies. Seniors can bring a tea-mug, gloves, needle nose pliers (if they have them), and a good joke. We will serve hot tea and cookies.

Senior Programs are a vibrant part of the Resiliency Program. This project is just one of the many opportunities that Seniors can enjoy each other's company and make something good for their homes. This class is open to any senior, even junior-seniors (50-60)

Please RSVP/sign up for the class at Tuesday or Thursdays Community Connector classes or send a message to miralomapark@gmail.com.

Los Palmos and Foerster welcomes new Block Champions

by Guido van Rijn

Miraloma Park has a vibrant Resiliency Program that includes the NERT program, the Care and Shelter program, the Block Champions (BC's), and the Senior Community Connector program. Each program engages residents to get to know their neighbors, be a responder if and when it is needed, and help those who need it.

Block Champions are local responders. Los Palmos and Foerster Drives welcomed three new Block Champions: Michael Rosenfeld (200 block of Los Palmos), Wayne Eng (800 block of Foerster), and Nelson Mitchel (00-100 block of Los Palmos). A participatory budgeting grant purchased emergency supplies for each BC. Michael Rosenfeld tried on his hard hat and it fit him perfectly! We are so grateful for these new BC's in our neighborhood. Resilience is measured in whether a block knows itself well enough to act together. They are working toward that goal.



Storm Preparation

San Francisco Public Works

<https://sfpublicworks.org/services/storm-preparation>

HOW TO PREPARE FOR THE NEXT STORM

- Be aware of low-elevation spots that could flood.
- Store emergency items such as first aid kits, flashlights and portable radios in a safe, high place.
- Store drinking water in closed, clean containers in case water service is interrupted. Allow one gallon of water per person per day for at least three days.
- Consider installing a back-flow prevention device if any of your inside drains or fixtures are lower than the side sewer vent on the sidewalk.
- Prepare written instructions on how to turn off electricity, gas and water if authorities advise you to do so. (Remember, you'll need a professional to turn them back on.)

DURING THE STORM

- If water has entered a garage or basement, do not walk through it.
- If you are asked to leave your property, disconnect all electrical appliances.
- Tune to KCBS 740 or local TV channels for emergency advisories and instructions.
- Avoid downed power lines and broken gas lines.

AFTER THE STORM

- **DO NOT TURN GAS BACK ON YOURSELF.** Call PG&E (800) 743-5000.
- Avoid direct contact with floodwater. Wear protective clothing, including heavy gloves, to remove wet materials that may be contaminated.
- Follow local instructions regarding the safety of drinking water.
- Do not use fresh foods or canned goods that have come in contact with floodwaters.
- Flooded buildings should be pumped out, disinfected and dried as quickly as possible to prevent mold.
- Do not handle live electrical equipment in wet areas. Have them checked before use.

HOW TO GET SANDBAGS:

<https://sfpublicworks.org/services/sandbags>

Public Works will provide San Francisco residents and businesses up to 10 free sandbags leading up to and during severe rainstorms. They are intended for properties prone to flooding. Sandbags can be retrieved Monday-Saturday, 8 a.m. to 2 p.m., at the Public Works operations yard, Marin Street/Kansas Street gate. Bring proof of address.

Please note that members of the public will need to load the sandbags into their vehicles on their own, with limited exceptions. Sandbags also are sold at many local hardware and home improvement stores.

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Rapid Removal is the Best Way to Fight Graffiti in San Francisco

by Kevin O’Conner

While graffiti is fortunately not a major problem in Miraloma Park, San Francisco’s Department of Public Works believes rapid removal is the City’s best defense against graffiti vandalism.

The Miraloma Park Improvement Club has teamed up with Public Works to report and address graffiti on public property in our neighborhood, and notify other agencies and private property owners so they can quickly remove it.

Miraloma resident Kevin O’Connor recently completed graffiti abatement training with Public Works and is available to work with Miraloma neighbors to facilitate graffiti removal.

Public Works reminds San Franciscans that there are several ways to report graffiti:

- Online at <https://sf.gov/report-graffiti-issues>
- Call 311
- Use the mobile SF311 app, available to download at <https://sf311.org/mobile>

It’s always helpful to share a photo or two when reporting graffiti.

Feel free to also report graffiti in Miraloma Park to Kevin at kevin@there.net, and reach out to Kevin if you’re interested in helping remove graffiti in our neighborhood.

Learn more about the City’s Graffiti Abatement programs at <https://sfpublicworks.org/services/graffiti>

Community Connectors Celebrate 4 years of Tai Chi with Sally

Each Tuesday, 10:30 am, at the Cornerstone Trinity Baptist Church, seniors gather to practice Tai Chi with Sally Sexton. Sally has had many years of practicing and teaching Tai Chi. Her method includes a short Qigong session that focuses on joint loosening exercises, focused breathing and improving balance. We celebrated Sally’s fourth year with a glass of bubbly apple cider and yummy treats. We appreciate this opportunity to share exercise, gather qi (energy) and help keep seniors healthy. The class is free, come drop by and enjoy being with other seniors.



INCIDENTS

MPIC Safety Committee Update

Crime Stats from September 1-30, 2026
prepared by Mathew Wong, MPIC Safety Committee

Date	Time	Incident #	Description	Resolution	Intersection
9/4/2026	6:02 AM	260512631	Burglarv, Residence, Att. Forcible Entry	Open or Active	FOWLER AVE \ TERESITA BLVD
9/4/2026	10:28 AM	260513190	Burglary, Residence, Forcible Entry	Open or Active	FOWLER AVE \ TERESITA BLVD
9/4/2026	11:00 AM	260544656	False Personation	Open or Active	FOERSTER ST \ TERESITA BLVD
9/5/2026	8:33 PM	260516774	Investigative Detention	Open or Active	FOWLER AVE \ TERESITA BLVD
9/21/2026	2:30 AM	260552295	Burglary, Other Bldg., Forcible Entry	Open or Active	FOWLER AVE \ JUANITA WAY
9/29/2026	12:30 PM	260575231	Theft, Other Property, \$200-\$950	Open or Active	COVENTRY CT \ CRESTA VISTA DR

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Programs at the MPIC Clubhouse

Jazzercise

Wednesday and Saturday 9:00am
Monday 5pm
650 888 6129
sbjazzercise@comcast.net

Changs International Folk Dancing

7:00–10:00pm Friday
One hour lessons on the first and second
Fridays of each month.
changsdancers@aol.com

Fort Mason Artists

Learn to sculpt, paint and draw
Monday 6:15–10:15pm
Friday 10:00am–2:00pm,
2:30–5:30pm
Konrad Dunton; 650 868 6336
Fortmasonartists.org

Modern Dance Across Generations (formerly Creative Dance for Adults)

Wednesdays, 1pm–2:30pm
Jeanne-Marie Hughes (instructor)
jmhughes5678@gmail.com

Mary L. Harden Botanical Drawing

Monday 10:00am–1:30pm
maryharden@me.com

Grace and Truth Baptist Church

10am–2pm Sundays Pre service coffee
7pm–9pm Tuesdays (2nd, 4th)
7pm–9pm Wednesdays (1st, 3rd, 5th)
SFBaptist.church / Faithsaves.net

Guide Dogs For The Blind

2nd/4th Wednesdays 7:00 – 8:30pm
info@gdbsanfranciscopuppyraisers.com
or guidedogs.com/puppy

Ukulele Class

Tuesdays 2:00pm–3:00pm
abbymmargolis@yahoo.com

MPIC Directory

www.miralomapark.org

General Inquires for MPIC	(415) 322-0211
Clubhouse Manager + Rentals	(415) 322-0211
Webmaster: Ron Proctor	(415) 322-0211

Miraloma Life Staff

Contact: miralomapark@gmail.com
(415) 322-0211

Editor	Cary Matthews
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Graphics/ Layout	Suzie McMurtry

Article Submission Policy:

Email submissions to: miralomapark@gmail.com
with **Miraloma Life** in the subject line.

Articles submitted must be 800 words or less in length and should not be selling or promoting a product or service. Anonymous submissions will not be considered for publication.

Deadline for submissions are the 12th day of the month prior to publication.

Submitted articles become the property of MPIC.

The inclusion of advertising, logos, or links does not constitute or imply endorsement, sponsorship, or recommendation by the MPIC.



Become an MPIC Member
or renew your membership!

Miraloma Park Improvement Club

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