



COMMUNITY YOUTH CENTER



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# DURING DISASTER: RESPONSE

SEISMIC SAFETY OUTREACH PROGRAM



Some Resource Pictures from Google.com

# SF DEPARTMENT OF EMERGENCY



## SF72 制定一个计划

我们的会合点

发生紧急情况时我们在哪里会合?

地点: \_\_\_\_\_

地址: \_\_\_\_\_

地区以外的联络人

我们会向地区以外什么联络人  
查询?

地点: \_\_\_\_\_

地址: \_\_\_\_\_

## The Three Actions for Disaster Preparedness:

- Get Connected
- Gather Supplies
- Make A Plan

# Basic Safety Tips: When Disaster Strikes

Because we live in an area where earthquake are expected, and we cannot predict when an earthquake hits, it is important to conduct response drills regularly.

# EARTHQUAKE SAFETY

## ► 1. Drop, Cover, and hold on

► During earthquake & aftershocks



# In case of EARTHQUAKE

**Nothing Sturdy to get under?**

- Sit against an interior wall.
- COVER HEAD & NECK!

**Unable to Get to floor?**

- REMAIN SEATED
- COVER HEAD AND NECK

# In case of EARTHQUAKE

- If you are in a wheelchair
  - Lock the brake & cover your head
- If you are in bed
  - Remain in bed
  - Pull covers up
  - Use pillow to cover head
  - Be aware of breaking glasses

# In case of EARTHQUAKE

- If you are OUTSIDE
  - Get inside if close to a building
  - If not, get to an open area

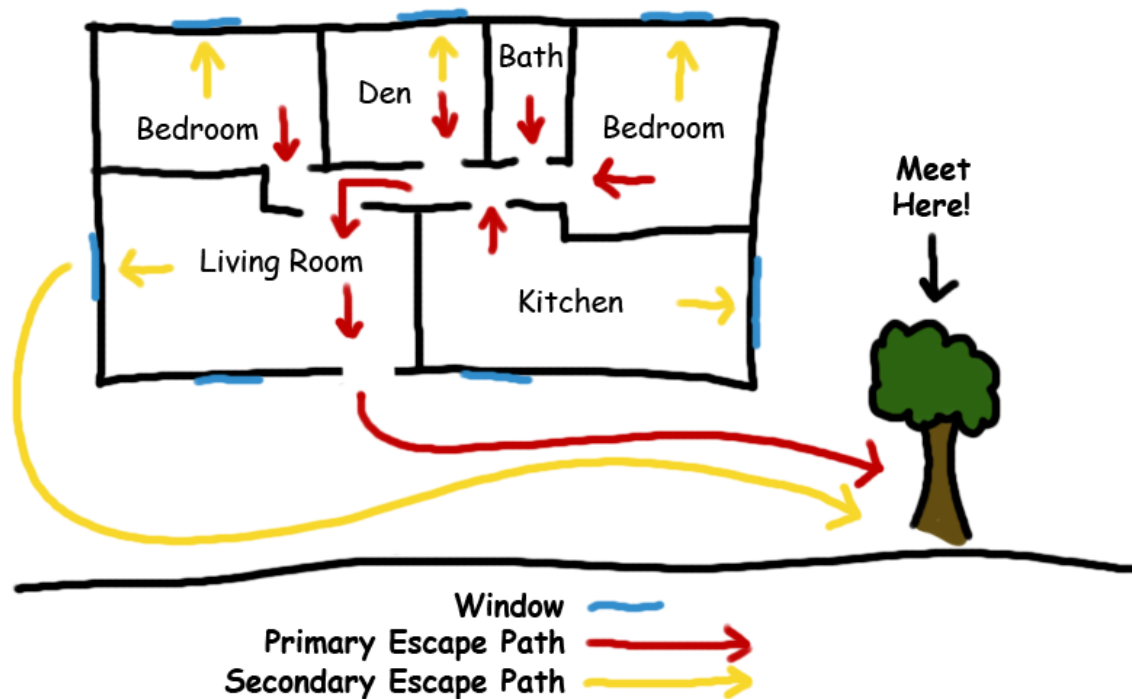


# In case of EARTHQUAKE

- Do not get up against buildings because most people are injured by falling debris off building
- Protect yourself during aftershocks

# In case of FIRE

- TWO WAYS TO ESCAPE & DESIGNATED MEETING PLACE



# PRACTICE FIRE DRILL

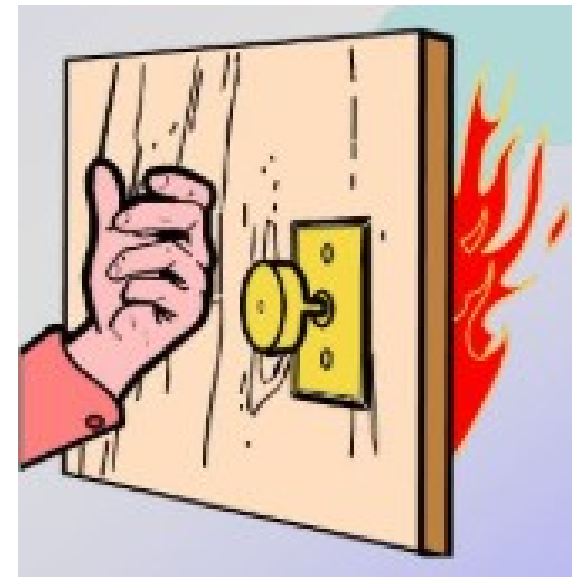
**RUN A DRILL**



**The number one goal of a fire drill is to see that everyone can get to the safe spot in under two minutes.**

# In case of FIRE

- GET OUT , STAY OUT & CALL 911
- CHECK WARMTH OF DOOR BEFORE OPENING
  - USE BACK OF YOUR HAND TO FEEL THE DOOR KNOB
  - IF ITS WARM – DO NOT OPEN



# In case of FIRE

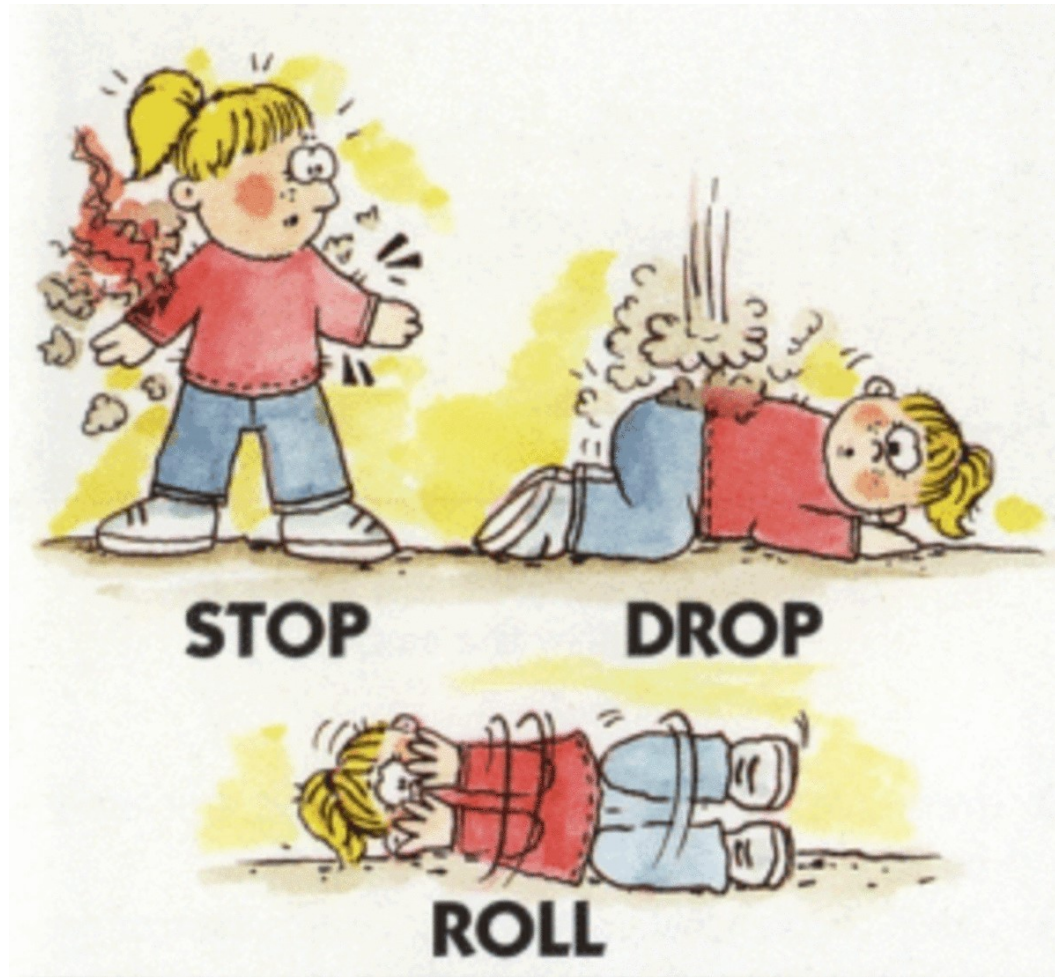
- If you must EXIT through smoke, CRAWL LOW



***Get Down Low and Go, Go, Go!***

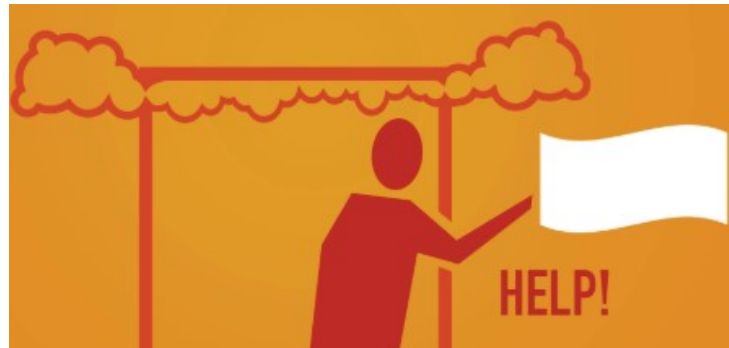
# In case YOUR CLOTHES CATCH ON FIRE

- STOP, DROP & ROLL



# In case of FIRE EXIT BLOCKED

- Stay indoor with DOOR CLOSED
- Place WET TOWEL under the door
- CALL 911
- Open window & Wave a brightly colored cloth or flashlight for help



# FIRE EXTINGUISHERS





# FIRE EXTINGUISHERS



6 TO 8 FEET AWAY FROM FIRE



# Seismic Safety Outreach Program

## SHELTER IN PLACE



# SHELTER IN PLACE

Whether you are at home, work or elsewhere, there may be situations when it is simply best to stay where you are and avoid any uncertainty outside.

# Situations that require Sheltering in Place?

Post Disaster  
Civil unrest  
Active Threat  
Biological/Radiological  
incident  
Accidental chemical  
exposure  
Pandemic  
Any Others?



## SF72 Make a Plan

### Our meeting spot

Where will we meet in an emergency?

Location:	
Address:	

### Out of area contact

Who will we check in with, outside the area?

Location:	
Address:	

### My people

Identify a group of friends and family with whom you'll coordinate.

Name:	
Mobile phone:	
Home phone:	
Address:	

Name:	
Mobile phone:	
Home phone:	
Address:	

### Important contacts

What other numbers would be handy in an emergency?

Doctor:	
Pediatrician:	
Pharmacist:	
Veterinarian:	



- Discuss your family's emergency communication plan
  - Identify reunification point
  - Select out of area contact
- Plan Evacuation Route
- Gather Supplies

# You get **ONE FLUSH!**

- The water stored in your toilet tank will provide only ONE flush before you need to find alternatives for sanitation.
- \*One gallon water per person per day does not include water for refilling the toilet.
- Keep a supply of heavy duty trash bags



- Large container for sanitary items:
  - Toilet Paper





# RESOURCES

## • NEIGHBORHOOD SHELTERS

- Make A Plan with neighbors at block level (NEXTDOOR)
- Gather general camping supplies
  - Tents, tarps, sleeping bags, portable stoves, camping vehicle

## • PUBLIC SHELTERS

- Pay attention to information sources to see what shelter/food distribution will be available.
- Your GO-BAG provides temporary support needed to move from home to shelter
- Will provide general assistance

# INFORMATION SOURCES

- SFDEM: [SF72.org](http://SF72.org)
- Red Cross: [redcross.org](http://redcross.org)
- SF NERT: [sfgov.org/sffdnert](http://sfgov.org/sffdnert)
- FEMA: [fema.gov](http://fema.gov)
- ALERT SF - Sign up via text 888-777
- Official Radio Stations
- TV stations
- NEXTDOOR

# For severe weather & civil unrest that pose a physical threat:

- Stay inside & move away from windows to the inner corridors
- Be sure to close all doors connecting exterior offices to the corridor
- For extreme weather, relocate to lower levels in the building

# QUESTIONS?



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THANK YOU!