Community Youth Center
DURING DISASTER: RESPONSE
SEISMIC SAFETY OUTREACH PROGRAM

Some Resource Pictures from Google.com
The There Actions for Disaster Preparedness:

• Get Connected

• Gather Supplies

• Make A Plan
Basic Safety Tips: When Disaster Strikes

Because we live in an area where earthquakes are expected, and we cannot predict when an earthquake hits, it is important to conduct response drills regularly.
1. Drop, Cover, and hold on

During earthquake & aftershocks
In case of EARTHQUAKE

Nothing Sturdy to get under?

• Sit against an interior wall.
• COVER HEAD & NECK!

Unable to Get to floor?

• REMAIN SEATED
• COVER HEAD AND NECK
In case of EARTHQUAKE

• If you are in a wheelchair
  • Lock the brake & cover your head

• If you are in bed
  • Remain in bed
  • Pull covers up
  • Use pillow to cover head
  • Be aware of breaking glasses
In case of EARTHQUAKE

• If you are OUTSIDE
  • Get inside if close to a building
  • If not, get to an open area
In case of EARTHQUAKE

- Do not get up against buildings because most people are injured by falling debris off building
- Protect yourself during aftershocks
In case of FIRE

• TWO WAYS TO ESCAPE & DESIGNATED MEETING PLACE
PRACTICE FIRE DRILL

RUN A DRILL

The number one goal of a fire drill is to see that everyone can get to the safe spot in under two minutes.
In case of FIRE

• GET OUT, STAY OUT & CALL 911

• CHECK WARMTH OF DOOR BEFORE OPENING
  • USE BACK OF YOUR HAND TO FEEL THE DOOR KNOB
  • IF ITS WARM – DO NOT OPEN
In case of FIRE

• If you must EXIT through smoke, CRAWL LOW

Get Down Low and Go, Go, Go!
In case YOUR CLOTHES CATCH ON FIRE

- STOP, DROP & ROLL
In case of FIRE EXIT BLOCKED

- Stay indoor with DOOR CLOSED
- Place WET TOWEL under the door
- CALL 911
- Open window & Wave a brightly colored cloth or flashlight for help
FIRE EXTINGUISHERS
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HOW TO USE A FIRE EXTINGUISHER

PASS

Pull the pin in the handle
Aim the nozzle at the base of the fire
Squeeze the lever slowly
Sweep from side to side

6 TO 8 FEET AWAY FROM FIRE
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SHELTER IN PLACE
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Whether you are at home, work or elsewhere, there may be situations when it is simply best to stay where you are and avoid any uncertainty outside.
Situations that require Sheltering in Place?
Post Disaster
Civil unrest
Active Threat
Biological/Radiological incident
Accidental chemical exposure
Pandemic
Any Others?
• Discuss your family’s emergency communication plan
  • Identify reunification point
  • Select out of area contact

• Plan Evacuation Route
• Gather Supplies
You get ONE FLUSH!

• The water stored in your toilet tank will provide only ONE flush before you need to find alternatives for sanitation.

• *One gallon water per person per day does not include water for refilling the toilet.

• Keep a supply of heavy duty trash bags
• Large container for sanitary items:
  • Toilet Paper
RESOURCES

• NEIGHBORHOOD SHELTERS
  • Make A Plan with neighbors at block level (NEXTDOOR)
  • Gather general camping supplies
    • Tents, tarps, sleeping bags, portable stoves, camping vehicle

• PUBLIC SHELTERS
  • Pay attention to information sources to see what shelter/food distribution will be available.
  • Your GO-BAG provides temporary support needed to move from home to shelter
  • Will provide general assistance
INFORMATION SOURCES

- SFDEM: SF72.org
- Red Cross: redcross.org
- SF NERT: sfgov.org/sffdnert
- FEMA: fema.gov
- ALERT SF - Sign up via text 888-777
- Official Radio Stations
- TV stations
- NEXTDOOR
For severe weather & civil unrest that pose a physical threat:

- Stay inside & move away from windows to the inner corridors
- Be sure to close all doors connecting exterior offices to the corridor
- For extreme weather, relocate to lower levels in the building
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THANK YOU!