



COMMUNITY YOUTH CENTER



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POST DISASTER: RECOVERY

SEISMIC SAFETY OUTREACH PROGRAM



Some Resource Pictures from Google.com

SF DEPARTMENT OF EMERGENCY



SF72 制定一个计划

我们的会合点

发生紧急情况时我们在哪里会合?

地点:

地址:

地区以外的联络人

我们会向地区以外什么联络人
查询?

地点:

地址:

The Three Actions for Disaster Preparedness:

- Get Connected
- Gather Supplies
- Make A Plan

DISASTER RICKS & IMPACTS

Whether traditional disasters, like house fires, earthquake, act of terrorism, the Seismic Safety Outreach Program can help you **PREPARE, RESPOND & RECOVER**

RECONNECT & RECOVER



AFTER the next big earthquake,

your recovery and that of the community may take weeks to months or even longer. While earthquakes can be a traumatic experience, it's important not to let important things slip that will help you, your family, and your community get back on your feet. While this phase only has one step, the time involved will most likely be the longest, especially if your home or workplace has been damaged.

AFTER A QUAKE

- Once you have dealt with urgent and immediate needs after an earthquake, continue to follow the plan you prepared in advance.
- Aftershocks will continue to happen for several weeks after major earthquakes. Some may be large enough to cause additional damage.
- Always be ready to drop, cover, and hold on.



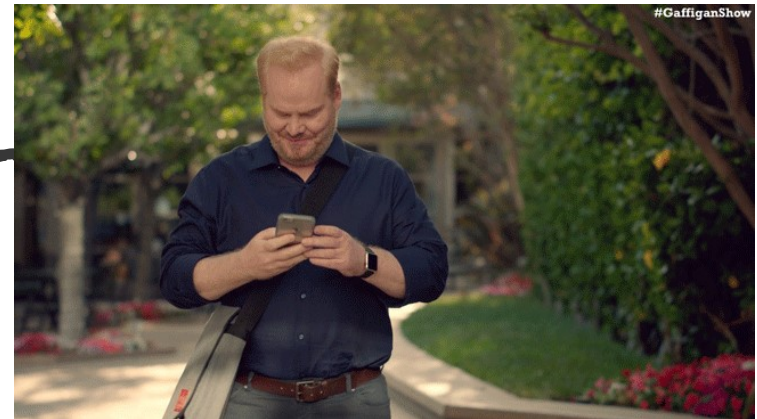
AFTER A QUAKE

1. LEAVE A TRAIL



2. STAY TUNED

3. CHECK SF72.ORG



LET PEOPLE KNOW YOU ARE OK!

- USING SOCIAL MEDIA TO LET YOUR LOVED ONES TO KNOW YOU ARE OKAY
- **PHONE SERVICE MAY BE OUT.**
- WHEN POSSIBLE, TEXT OR CALL YOUR OUT-OF AREA CONTACT & TELL THEM WHERE YOU ARE, THEN STAY OFF THE PHONE.
- This will allow calls to be made for emergencies.

Make A Plan – Post Disaster



- Assess the Risk
 - Inspect exterior, determine physical damage of home and confirm structure of building is safe
 - Re-check in case of after shock

CONTINUITY PLAN

- If your gas was turned off, you will need to arrange for the gas company to turn in back on.
- If your water lines broke, look for water damage.
- Locate and/or replace critical documents that may have been misplaced, damaged, or destroyed.

STEP 1: Getting started with your recovery

- Contact your landlord & insurance companies
- Arrange for protection of your possessions and property
- Contact your employer to let them know about your situation & that you are working on a recovery plan
- Contact Family members so they know where you are and how to contact you
- Find temporary housing for your pet

STEP 2: Develop your Recovery Plan

- Make a list of what you need for recovery
- Make a list of your support systems
- Make a list of financial resources
- Identify other community resources to help with your recovery
- Replace legal documents
- Report change of address

If you cannot stay in your home -

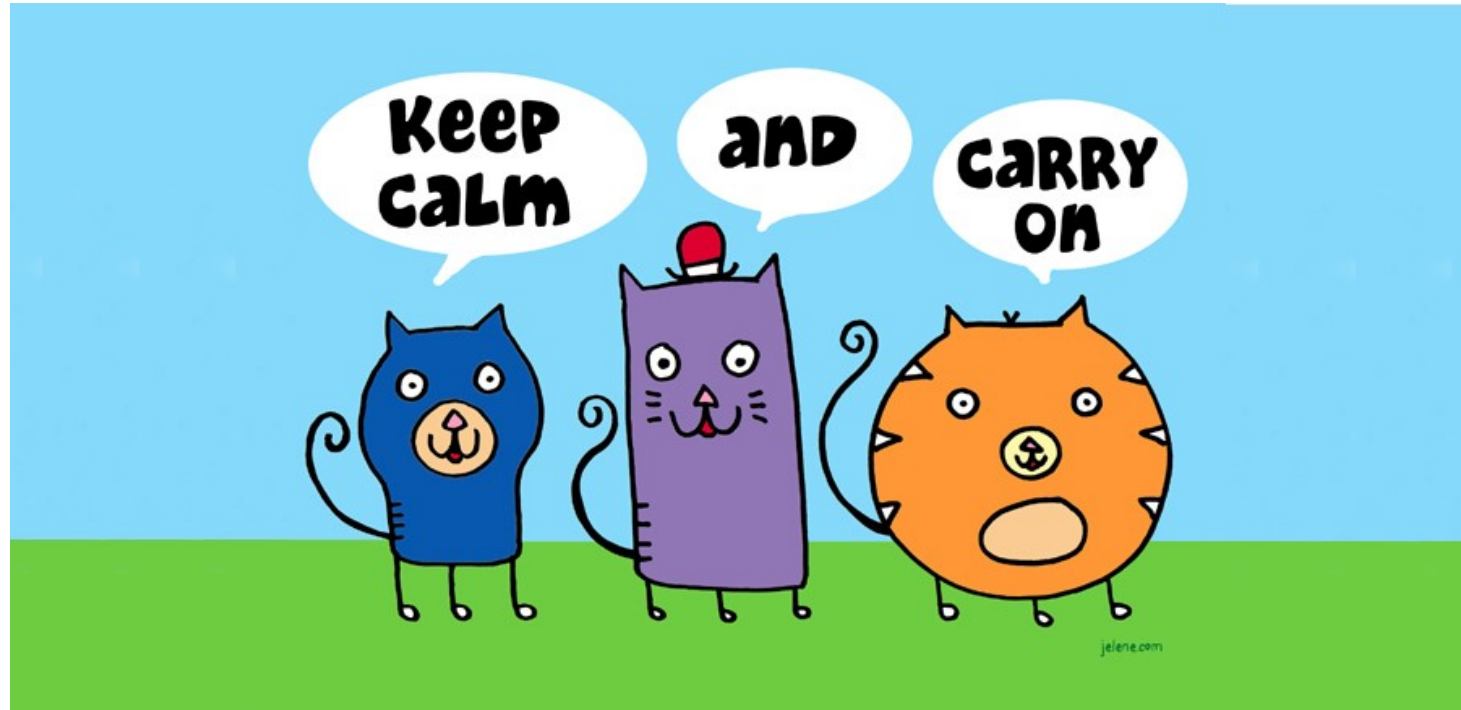
- If your home is structurally unsafe or threatened by a fire or other hazard, you need to evacuate.
- Do not leave home just because utilities are out of service or your home and its contents have suffered moderate damage.
- If you do evacuate, tell a neighbor and your out-of-area contact where you are going.
- As soon as possible, set up an alternative mailing address with the post office in person or online with the USPS.

WHEN YOU EVACUATE

TAKE THE FOLLOWINGS –

- Personal disaster supplies kits
- Medications and eyewear
- Supply of water, food, and snacks
- Blanket/pillow/air mattress or sleeping pad
- Change of clothing and a jacket
- Towel and washcloth
- Diapers, food, and other supplies for infants
- A few family pictures or other comfort items
- Personal identification and copies of household and health insurance information

STAY CALM – keep calm & carry on



AFTER AN EARTHQUAKE - RECOVERY

There are a number of community-based agencies that would provide free recovery services after a catastrophic event such as

- the Salvation Army,
- Tzu Chi Foundation,
- American Red Cross
- some faith-based organizations.

Taking care of your Emotional Health

There is a natural grieving process following any loss, and a disaster of any size will cause unusual and unwanted stress as you attempt to reconstruct your life.

Taking care of your Emotional Health

The emotional effects of a disaster may show up immediately or may appear many months later.

- **Pay Attention to:**
 - **Symptoms of Stress**
 - **Take ACTION**

DO NOT TAKE TO A SHELTER:

- YOUR PETS
- LARGE QUANTITIES OF UNNECESSARY CLOTHING
- VALUABLES THAT MIGHT BE LOST, STOLEN, OR TAKEN

ONCE YOU HAVE RECOVERED FROM A DISASTER

LEARN FROM WHAT HAPPENED
DURING THE DISASTER SO YOU WILL
BE SAFER & RECOVER MORE
QUICKLY NEXT TIME.

Once a Presidential Declaration has been issued, FEMA may activate the Individuals and Households Program www.fema.gov/about/process.

This program includes:

- Home-repair cash grants; the maximum Federal grant available (as of 2005) is \$26,200
- Housing Assistance in the form of reimbursement for short-term lodging at a hotel
- Rental assistance for as long as 18 months in the form of cash payment
- If no other housing available, FEMA may provide mobile homes or other temporary housing

Sources: earthquakecountry.org



Seismic Safety Outreach Program

THANK YOU!